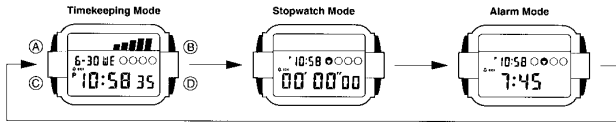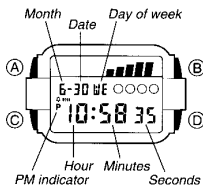# OPERATION CHART: MODULE QW-1063

GENERAL GUIDE

• Press Ⓒ to change from mode to mode.

TIMEKEEPING MODE

• In the Timekeeping Mode, the Graphic Display indicates the counting of seconds.
• In the Timekeeping Mode, press Ⓓ to switch between the 12-hour and 24-hour formats.


To set the time and date

1.Hold down Ⓐ while in the Timekeeping Mode until the seconds digits start to flash on the display. The seconds flash because they are *selected*.

2.Press Ⓒ to change the selection in the following sequence.

Seconds → Hour → Minutes → Month → Date → Day of Week
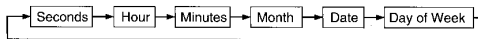
3.While the seconds digits are selected (flashing), press Ⓑ to reset the seconds to "00". If you press Ⓑ while the seconds count is in the range of 30 to 59, the seconds are reset to "00" and 1 is added to the minutes. If the seconds count is in the range of 00 to 29, the minutes count is unchanged.
4.While any other digits (besides seconds) are selected (flashing), press Ⓑ to increase the number or Ⓓ to decrease it. While the day of the week is selected, pressing Ⓑ advances to the next day and Ⓓ goes to the previous day.
• Holding down either button changes the current selection at high speed.
5.After you set the time and date, press Ⓐ to return to the Timekeeping Mode.
• The watch does not make any allowance for leap years. Be sure to manually set February 29 (when one occurs) for the appropriate date.
• If you do not operate any button for a few minutes while a selection is flashing, the flashing stops and the watch goes back to the Timekeeping Mode automatically.
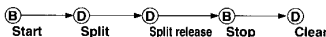
STOPWATCH MODE
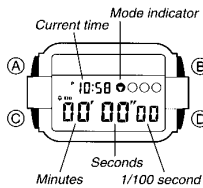
The Stopwatch Mode lets you measure elapsed time, split times, and two finishes. The range of the stopwatch is 59 minutes 59.99 seconds.
In addition to normal stopwatch operation, you can also use an Auto Start countdown, which counts down for five seconds before starting the stopwatch operation. A beeper sounds for each of the last three seconds in the countdown to let you know that stopwatch operation is about to begin.
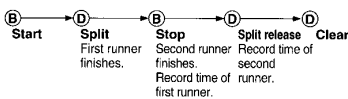The Stopwatch Mode also includes a Best Time Memory, which stores your best finish.
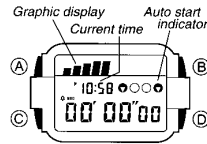
(a) Elapsed time measurement

Ⓑ → Ⓑ → Ⓑ → Ⓑ → Ⓓ
Start   Stop   Re-start   Stop   Clear

(b) Split time measurement

Ⓑ → Ⓓ → Ⓓ → Ⓑ → Ⓓ
Start   Split   Split release   Stop   Clear

(c) Split time and 1st-2nd place times

Ⓑ → Ⓓ → Ⓑ → Ⓓ → Ⓓ
Start   Split   Stop   Split release   Clear
        First runner   Second runner   Record time of
        finishes.   finishes.   second
   Record time of   runner.
                first runner.

To use the Auto Start Countdown

1.In the Stopwatch Mode, press Ⓓ so that the Auto Start indicator appears on the display.
• The Auto Start function is on when the indicator is shown on the display. Each time you press Ⓓ at this time, the Auto Start function switches on and off.
2.Press Ⓑ to start the countdown.
• A beeper sounds for each of the final three seconds of the countdown.
• When the countdown reaches zero, the stopwatch begins operation.

• When you start a countdown operation, the current time display is replaced by the starting value of the Auto Start countdown (05). This value is counted down until it reaches zero. At that time, the countdown value is again replaced by the current time.
• To stop an ongoing Auto Start countdown, press Ⓓ .
• Pressing Ⓑ while the Auto Start countdown is in progress immediately starts stopwatch operation.

About the best time memory
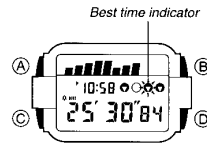
Whenever you press Ⓑ to start the stopwatch operation and then press Ⓑ again to stop it, the watch automatically compares the stopwatch times on the display with the time currently stored in Best Time Memory. If the time on the display is better (faster) than the time in memory, it is stored in Best Time Memory, and the old time is deleted.
• The Best Time indicator flashes on the display whenever the time you just measured with the stopwatch is a new best time.

To recall Best Time Memory contents

1.In the Stopwatch Mode, press Ⓐ to recall the Best Time Memory contents.
• The Best Time indicator appears on the display at this time.
2.To return to the Stopwatch Mode, press Ⓐ .

To delete Best Time Memory contents

While in the Stopwatch Mode (without the current Best Time Memory contents on the display), hold down Ⓐ . At this time the current Best Time Memory contents will appear flashing on the display. Keep Ⓐ depressed until the Best Time Memory display changes to: – –' – –" – –.

ALARM MODE

When the Daily Alarm is switched on, the alarm sounds for 20 seconds at the preset time each day. Press any button to stop the alarm after it starts to sound. When the Hourly Time Signal is switched on, the watch beeps every hour on the hour.

To set the alarm time
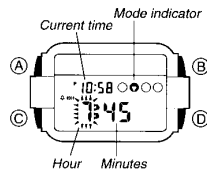
1.Hold down Ⓐ while in the Alarm Mode until the hour digits start to flash on the display. The hour digits flash because they are *selected*.
• This operation will the Daily Alarm switch on automatically.
2.Press Ⓒ to change the selection in the following sequence.

Hour ← → Minutes

3.Press Ⓑ to increase the selected digits and Ⓓ to decrease them. Holding down either button changes the selection at high speed.

• The format (12-hour and 24-hour) of the alarm time matches the format you select for normal timekeeping.
• When setting the alarm time using the 12-hour format, take care to set the time correctly as morning or afternoon (P).
4.After you set the alarm time, press Ⓐ to return to the Alarm Mode.

To switch the Daily Alarm and Hourly Time Signal on and off

Press Ⓓ while in the Alarm Mode to change the status of the Daily Alarm and Hourly Time Signal in the following sequence.

[Alarm on indicator/Hourly Time Signal on indicator]

Both ON → Both OFF → Daily Alarm only → Hourly Time Signal only
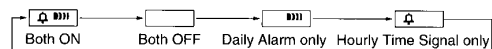
To test the alarm

Hold down Ⓓ while in the Alarm Mode to sound the alarm.