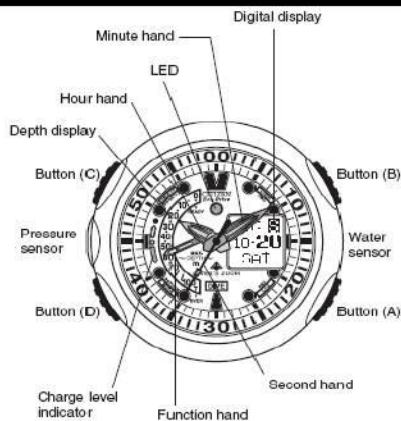




ManualsLib.com

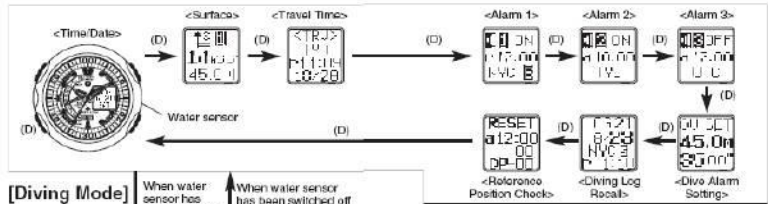


The illustrations shown in this manual may differ from the actual watch you have purchased.

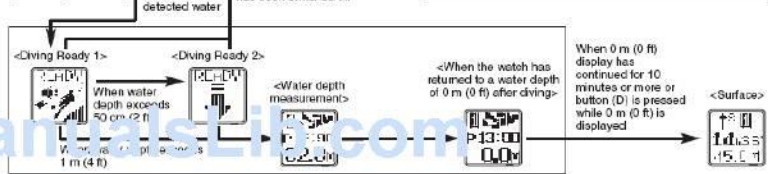


Illuminance (lx)	Environment	Charging time		
		Approx. charging time required for 1 day of operation	Charging time until hour hand begins to move from stopped state	Charging time to fully charged from stopped state
500	Inside an ordinary office	Approx. 3.5 hours	Approx. 30 hours	---
1,000	60-70 cm (24-28 in) under a fluorescent lamp (30 W)	Approx. 2 hours	Approx. 15 hours	---
3,000	20 cm (8 in) under a fluorescent lamp (30 W)	Approx. 35 minutes	Approx. 6 hours	Approx. 150 hours
10,000	Outdoors, cloudy weather	Approx. 10 minutes	Approx. 2 hours	Approx. 45 hours
100,000	Outdoors, summer, under direct sunlight	Approx. 2 minutes	Approx. 45 minutes	Approx. 9.5 hours

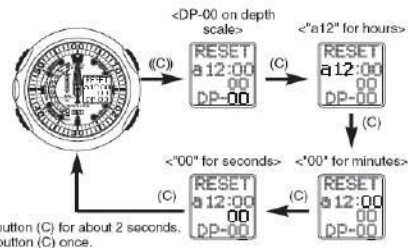
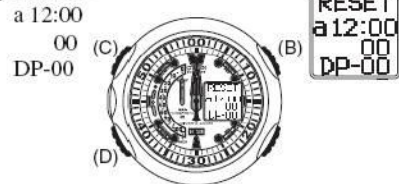
[Standard Mode]

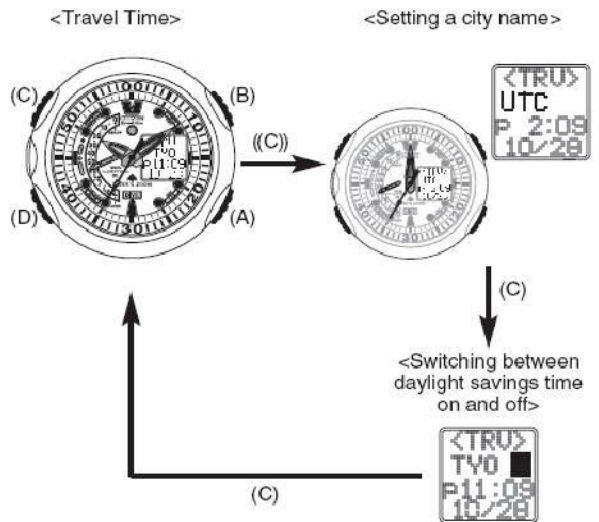
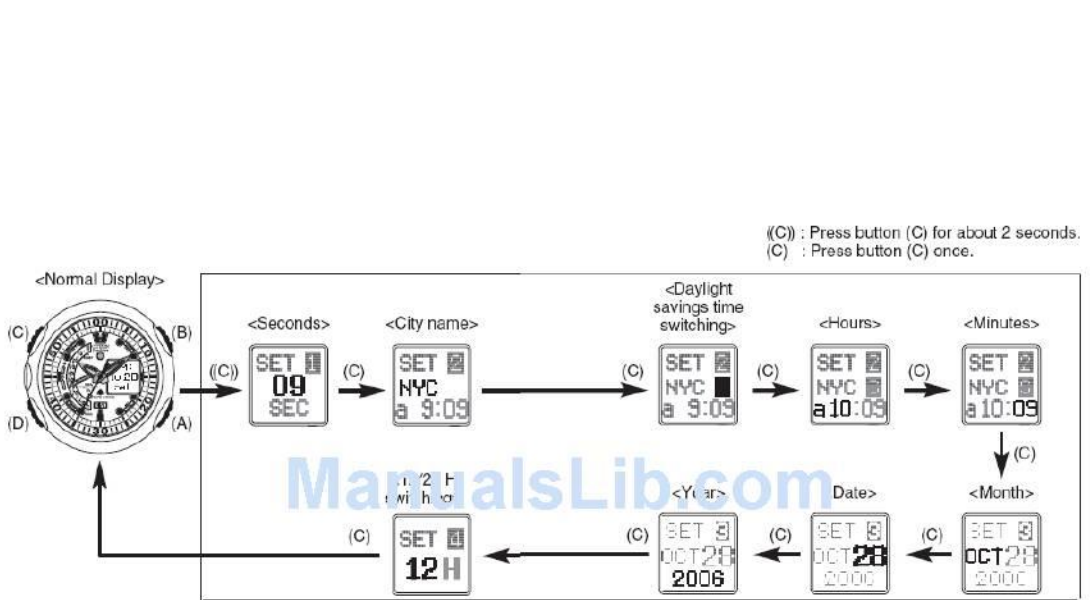


[Diving Mode]

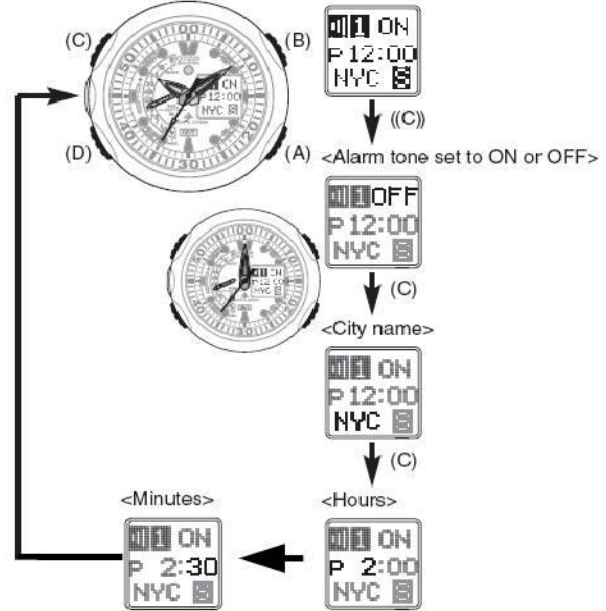


- Second, minute and hour hands: 12:00:00
- Function hand: 0 position on depth scale
- Digital display: RESET





<Normal Alarm Display>



ManualLib.com

When button (B) is pushed
When button (A) is pushed

Watch type	City name	Time difference
IT	London	+1
LOV	London	+0
PAR	Paris	+1
ROM	Rome	+1
BER	Berlin	+1
MAD	Madrid	+1
CAI	Cairo	+2
JNB	Johannesburg	+2
ATH	Athens	+2
MOW	Moscow	+3
RUH	Riyadh	+3
THR	Tehran	+3.5
DXB	Dubai	+4
KBL	Kabul	+4.5
KHI	Karachi	+5
DEL	Delhi	+5.5
DAC	Dacca	+6
RGN	Yangon	+6.5
BKK	Bangkok	+7
SIN	Singapore	+8
HKG	Hong Kong	+8
BJS	Beijing	+8

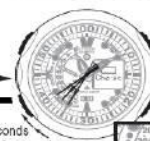
Watch type	City name	Time difference
TYO	Tokyo	+9
SEL	Seoul	+9
ADL	Adelaide	+9.5
SYD	Sydney	+10
NOU	Noumea	+11
AKL	Auckland	+12
SUV	Suva	+12
MDY	Midway	-11
HNL	Honolulu	-10
ANC	Anchorage	-9
LAX	Los Angeles	-8
YVR	Vancouver	-8
DEN	Denver	-7
CHI	Chicago	-6
MEX	Mexico City	-6
NYC	New York	-5
YMQ	Montreal	-5
CCS	Caracas	-4
RIO	Rio de Janeiro	-3
FEN	Fernando de Noronha	-2
PDL	Azores	-1

[Normal Hand Display]



When the watch becomes insufficiently charged as a result of not being exposed to light

[Insufficient Charge Warning Display]



If the watch is continued to be used without charging

[Stopped]



Second hand stops at 0 seconds position

When the watch is charged by exposing to light

2 seconds
2 seconds

Charge the watch by exposing to light until the function hand indicates a charge level 5. Use the watch after first resetting the time and date.



Second hand moves at 2-second intervals