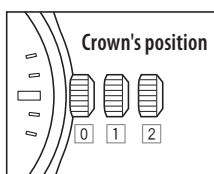


- To see details of specifications and operations, refer to the instruction manual:  670* instruction manual

Component identification



- Actual appearance may differ from the illustration.
- The crown has two positions when pulling it out.



Setting the time

- Do not adjust the time while the watch shows 9:00 PM - 1:00 AM. Otherwise, the calendar may move incorrectly thereafter.
- Pull the crown out to position 2 when the second hand points 0 second.**
The second hand stops.
 - Rotate the crown to set the time.**
 - Check whether the time set is AM or PM with the 24-hour hand.
 - The time and calendar do not move synchronously while setting the time.
 - Move the hands 4 or 5 minutes forward and move them back to the right time to set the time more precisely.
 - Push the crown in to position 0 in accordance with a reliable time source.**
The second hand starts moving.

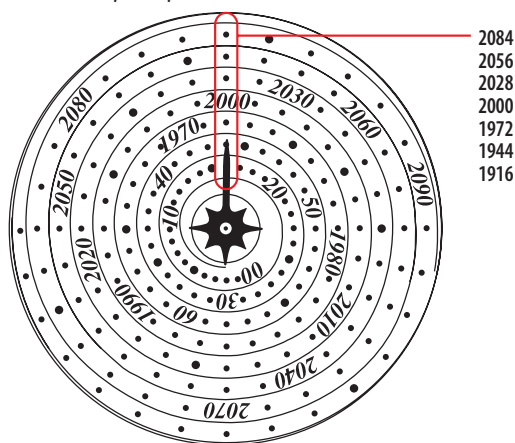
Using the calendar of the past and future

You can see the calendar from March 1 of 1900 to February 28 of 2100.

- Push the crown in to position 0.**
- Press and release the lower right button (A) or the upper right button (B) to move the calendar indication.**
 - Each time you press button (B), the indication moves forward by 1 day; each time you press the button (A), it moves back by 1 day.
 - It moves continuously while you are pressing and holding the button.
 - The second hand moves every 2 seconds while the indication is moving.
- Press and release the lower left button (C).**
The calendar indication returns to the current date.
 - The indication automatically returns to the current date in 30 seconds without executing any operation.

How to read the year hand

Years from 1900 to 2100 are placed from the center (00: 1900) to the rim in spiral form in 28-year cycle.



Setting the calendar

The calendar of this watch does not have to be adjusted manually until February 28, 2100 including leap years. (perpetual calendar)

- Check and adjust the reference position of the hands when the calendar indication looks incorrect.
- Do not adjust the calendar while the watch shows 9:00 PM - 1:00 AM. Otherwise, it may move incorrectly thereafter.

1. Pull the crown out to position **1**.

The second hand stops.

2. Press and release the upper right button **(B)** to adjust the year hand.

- Each time you press the button, the hand moves by 1 year.
- It moves continuously while you are pressing and holding the button.

3. Press and release the lower right button **(A)** to adjust the month and date hands.

- Each time you press the button, the hands move synchronously.
- They move continuously while you are pressing and holding the button.
- They move forward to the first day of the next month after finishing operation if you set them to a non-existent day.

4. Push the crown in to position **0** to finish the procedure.

- The day-of-week hand is set automatically.

Checking the reference position

1. Push the crown in to position **0**.

2. Press and hold the lower left button **(C)** for 2 seconds or more.

The hands move to their current reference position.

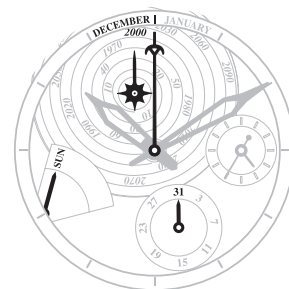
• Correct reference positions:

Year hand: 2000

Month hand: DECEMBER (December)

Date hand: 31

Day-of-week hand: SUN (Sunday)



When the current reference position is different from the correct one, adjust the position following the steps of "Correcting the reference position".

3. Press and release the lower left button **(C)**.

The hands return to indicate the calendar.

- The indication automatically returns to the current date in 30 seconds without executing any operation.

Correcting the reference position

1. Pull the crown out to position **2**.

The second hand stops.

2. Press and release buttons **(A)**, **(B)** and **(C)** at the same time.

The year hand, month hand, date hand and day-of-week hand move one by one and they become adjustable.

3. Press and release the upper right button **(B)** repeatedly to set the year hand to "2000".

- Each time you press the button, the hand moves by 1 year.
- It moves continuously while you are pressing and holding the button.

4. Press and release the lower right button **(A)** repeatedly to set the month hand to "DECEMBER" and the date hand to "31".

- Each time you press the button, the hands move synchronously.
- They move continuously while you are pressing and holding the button.

5. Press and release the lower left button **(C)** repeatedly to set the day-of-week hand to "SUN".

6. Push the crown in to position **0** to finish the procedure.

The second hand starts moving.

- Set the time and calendar after adjustment.

When the year hand is rotating counterclockwise

The year hand rotates counterclockwise when the crown is pushed into position **0** after step 2 without adjusting the reference position.

Try to correct the reference position again from step 1.

