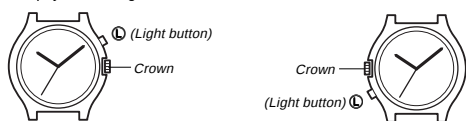


Module No.1789

The physical configuration the watches covered by this User's Guide differs according to model as shown below. Functions and operation procedures are identical, regardless of physical configuration.



To Set Time

- 1) Pull the crown out when the second hand is at 12 o'clock position and the second hand stops.
- 2) Turn the hands clockwise and put the watch four or five minutes forward. Then back them out.
- 3) In accordance with a time signal, push the crown in.

About the backlight

- Pressing **L** illuminates the display for about two seconds.
- The backlight of this watch employs an electroluminescent (EL) light, which loses its illuminating power after very long term use.
- Frequent use of the backlight shortens the battery life.

■ For watch with the elapsed time bezel

Rotate the elapsed time bezel to align the ∇ mark with the minute hand.

After certain amount of time elapsed, read the graduation on the elapsed time bezel which the minute hand points to.

The elapsed time is indicated.



Elapsed time bezel

- Some water resistant models are equipped with a screw lock crown.

- With such models, you must unscrew the crown in the direction noted in the illustration to loosen it before you can pull it out. Do not pull too forcibly on such crowns.

- Also note that such watches are not water resistant while their crowns are loosened. Be sure to screw the crowns back in as far as they will go after making any setting.

