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## Before using this watch

### Connection with the smartphone

Use the dedicated app to connect the watch with your smartphone. Download an app compatible with your smartphone from an app store.



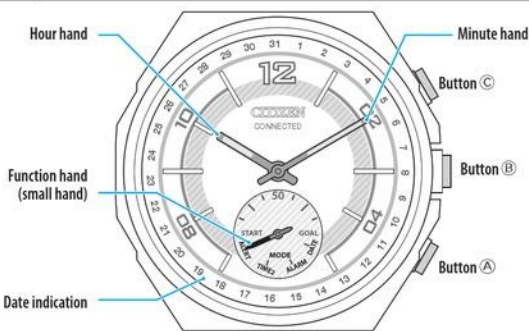
### Band adjustment

We recommend seeking the assistance of an experienced watch technician for sizing of your watch. If adjustment is not done correctly, the bracelet may unexpectedly become detached leading to loss of your watch or injury. Consult an authorized service center.

### Protective stickers

Be sure to remove any protective stickers that may be on your watch (case back, band, clasp, etc.). Otherwise, perspiration or moisture may enter the gaps between the protective stickers and the parts, which may result in a skin rash and/or corrosion of the metal parts.

## Component identification



The illustrations in this instruction manual may differ from the actual appearance of your watch.

## Before connecting with a smartphone

This watch communicates with smartphones through Bluetooth Low Energy power-saving communication technology.

You must install the dedicated app "CITIZEN CONNECTED" on your smartphone. After installing it, start it, make an account and execute pairing between the phone and the watch to connect them.

The flow of connection is as follows.

- An e-mail address which can be used for e-mail reception is required for making an account.

- You do not have to execute sign-in and/or pairing every time you connect the watch and the smartphone.

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\* Android is a registered trade mark of Google Inc.

\* iOS is a name of an operating system of Apple Inc. IOS is a trademark or registered trademark of Cisco in the U.S. and other countries and is used under license.

### Requirements for connection

Android	Android OS 5.0 or later
iPhone	iOS 10.0 or later (iPhone 5 or later)
Bluetooth	Bluetooth smart/4.2 Low Energy

You can see information about compatible smartphones at the link below.

<https://citizenwatch-global.com/support/yf05/index.html>

Actual screens and/or indication of the dedicated app may differ from those on this manual depending on your usage conditions and/or changes of specifications at update of the app.

In that case, follow instructions on the actual screen of the app.

## Execute pairing with the smartphone

Execute pairing at first when connecting the watch and your smartphone.

- Unique pairing information is saved on the watch and smartphone as pairing is executed.
- Make an account at the startup of the dedicated app. An e-mail address which can be used for e-mail reception is required for making an account.
- Keep the mail address and password for the account in case they are required.

### Executing pairing

- For pairing, you have to operate both the watch and the smartphone.
- Turn on Bluetooth and function(s) related with location information on your smartphone.

#### 1 Download the dedicated app "CITIZEN CONNECTED" at an app site and install it.

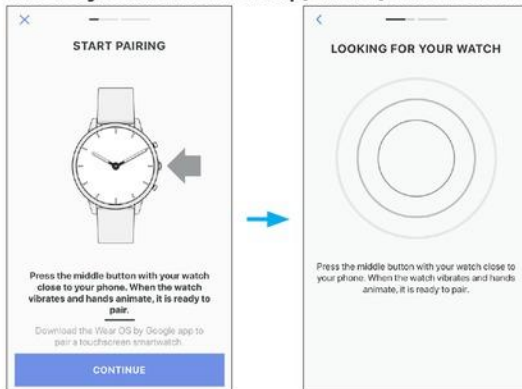
#### 2 Start the dedicated app.

- Keep the app screen displayed until pairing is finished.

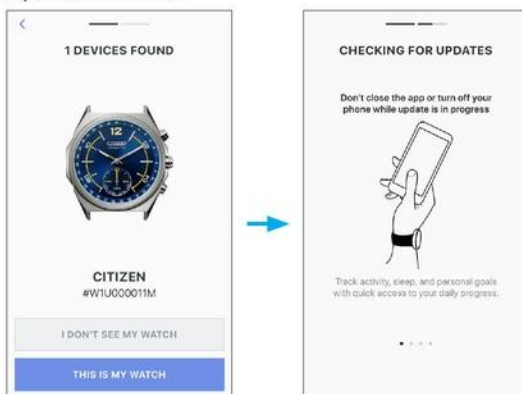
#### 3 Make an account.

- Sign in if you had logged out without executing pairing after making an account before.
- Once signed in, the status is kept regardless whether the app is activated or deactivated.

#### 4 Press the right middle button **B** and tap [CONTINUE] on the screen of the app.



#### 5 Tap [THIS IS MY WATCH].



- The watch displayed on the screen may look different from the actual one you use.
- Tap [I DON'T SEE MY WATCH] when not only its color but whole appearance looks different from yours.
- When update of the watch has started, wait until it is finished.

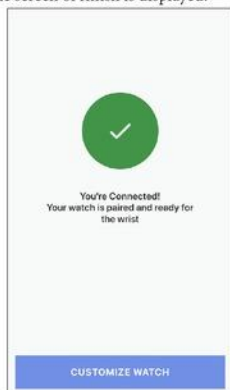
- 6 Within the time limit, press and hold the right middle button **B** on the watch.



Pairing starts.

- When pairing finished successfully

The screen of finish is displayed.



- To start pairing on the screen of the app

When pairing was canceled, tap the [PAIR YOUR WATCH] button or [+ ADD] button on the [Profile] screen of the app.

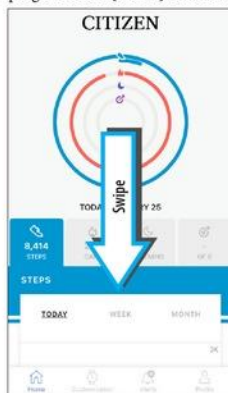


## About synchronization

Once paired, the watch and the smartphone are connected and synchronize their data automatically start as the dedicated app is started or displayed.

- All the hands of the watch turn fully around when synchronization starts.
- It may take a certain period of time for data synchronization.
- Some operations of the app such as change of settings are accompanied with data synchronization.

Swiping down the [Home] screen also starts data synchronization.



## Time reception

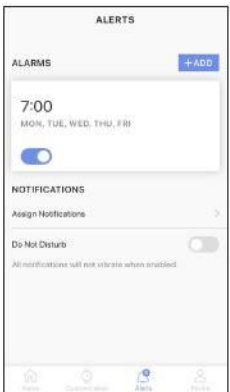
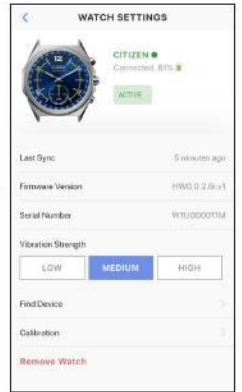
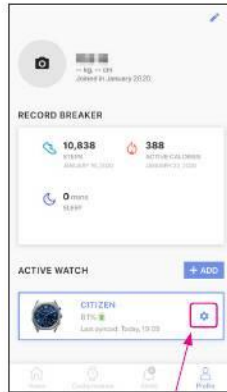
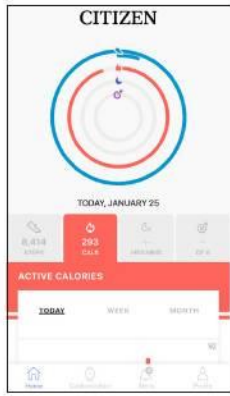
This watch receives time information from your smartphone at every connection and adjusts the time and calendar automatically.

## The activity monitor

This watch is equipped with the activity monitor for measuring and recording your activity. When you achieve the activity goal you set on the app, the watch vibrates to notify achievement. In addition, you can check the history of your activity on the dedicated app.

- Activity data recorded in the watch is transferred to the dedicated app when the watch and the smartphone are connected to synchronize data and it is stored in the app.
- The watch keeps up to about 2-week data of activity. It is recommended to make frequent connection between the watch and the smartphone to synchronize data.





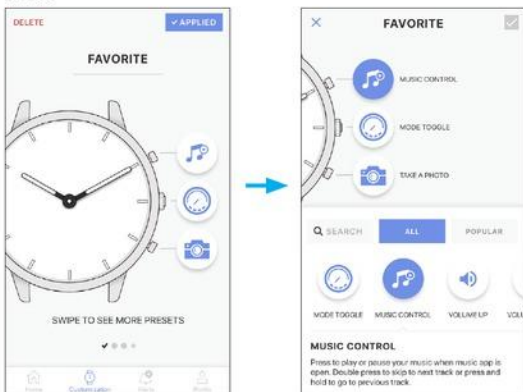

## Assigning functions to the buttons of the watch

### 1 Start the dedicated app.

The watch and the smartphone are connected.

- If you have not signed in, sign in.
- If synchronization of the watch and the smartphone starts, wait until it is finished.

### 2 Tap the button which you want to assign a function on the [Customization] screen.



The list of buttons is indicated.

- The example above shows when button is tapped.

### 3 Tap the function you want to assign on the bottom of the screen.

You can choose one from the functions below.

MODE TOGGLE		Each time you press the button, the indication of the watch switches in the following order: notification (ALERT), second timezone (TIME 2), alarm time (ALARM), date indication (DATE). Indication of the function hand (small hand) changes corresponding to the switch of the indication above.
MUSIC CONTROL		You can control music playback through the watch while using the music app: can command play/pause/go previous/go next. Play/pause: Press and release the button once. Go back to the previous tune: Press and hold the button during playback. Go forward to the next tune: Press and release the button twice during playback.
VOLUME UP		Pressing the button turns up the volume.
VOLUME DOWN		Pressing the button turns down the volume.
RING PHONE		Pressing the button makes the smartphone emitting sound. You can set the sound you like.
TAKE A PHOTO		Pressing the button while using the photo app takes a picture.
DATE		Pressing the button indicates the current date with the hour and minutes hands. The function hand (small hand) points DATE.
GOAL TRACKING		The watch records when you pressed the button and number of times you pressed it.
SECOND TIMEZONE		Pressing the button indicates the second timezone on the watch. Set an area you want to indicate when assigning the function. The function hand (small hand) points TIME 2.
NOTIFICATIONS		Pressing the button indicates the last indication received with the hour and minutes hands. The function hand (small hand) points ALERT.
COMMUTE TIME		Pressing the button indicates the estimated time of arrival/travel.

- You can look for functions you want or make the list shorter by using [SEARCH], [ALL], [POPULAR], [ACTIVITY] and [SCHEDULE].

### 4 Tap the check box on the upper right of the screen to finish the procedure.



The selected function is assigned to the button.

- Tap [X] on the left to cancel setting.

### Using the buttons as a set

It is convenient to make function sets for the buttons for various purposes and switch the sets to fit to scenes.

- The dedicated app has the three sets below in advance: [FAVORITE], [TRAVEL] and [FITNESS].
- You can remove sets as well as make new ones.

#### Switching the set

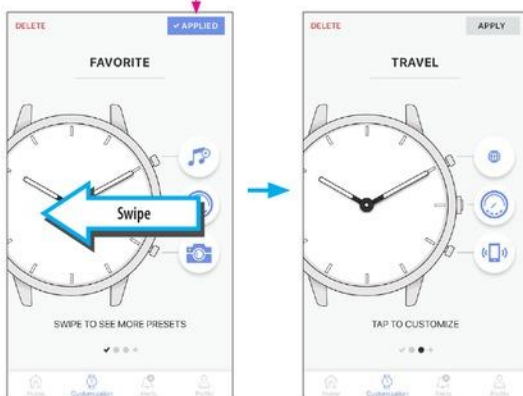
### 1 Start the dedicated app.

The watch and the smartphone are connected.

- If you have not signed in, sign in.
- If synchronization of the watch and the smartphone starts, wait until it is finished.

### 2 Swipe the screen aside on the [Customization] screen.

[APPLIED] is indicated when the currently selected set is displayed.



- The example above is when switching the set from [FAVORITE] to [TRAVEL].

### 3 Tap the [APPLY] button on the upper right of the screen to finish the procedure.

#### Removing the set

Tap [DELETE] on the upper left of the screen to remove the set displayed on the screen.

#### Making a new set

Swipe the screen to the right end and tap the [+ CREATE] button.

