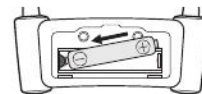
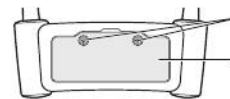
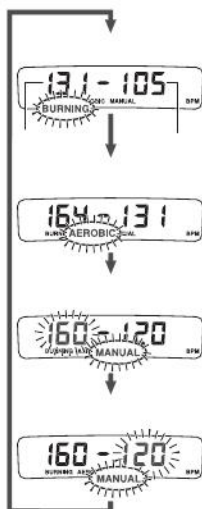


19



131 - 105
BURNING FAT MANUAL
SPM

30 AGE



MALE

100
100

SE ?

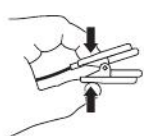
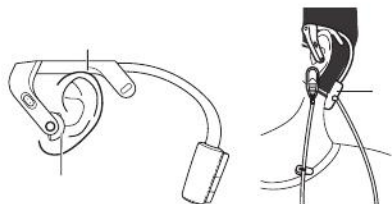
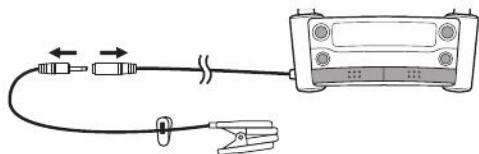
60 REST
SPM

9

1b

19

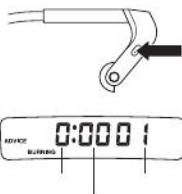
60 9



--

--



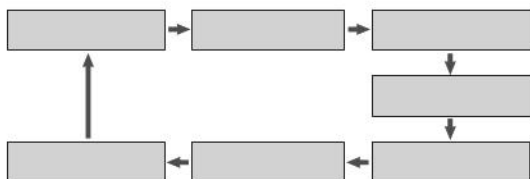


--

260 (kcal)

TARGET 0:31	
125 (AVG) (BPM)	
135 (MAX) (BPM)	
SET	

kg oz
lb



260 (kcal)	
BURNING 13 (g)	
TOTAL 0:43	

