

Watch Operation Guide 3592

CASIO®

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About This Watch

This section provides an overview of the watch and introduces convenient ways it can be used.

● Watch Features

● Time Flash

The light flashes for about 20 seconds when the specified time is reached.

The light also flashes at the top of every hour on the hour.

● Dual Time

Dual Time lets you keep track of the current time in another time zone in addition to your current location's time.

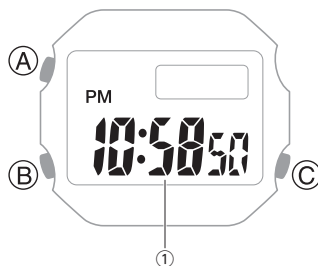
● Stopwatch

Measure up to 60 minutes of elapsed time in units of 1/100 of a second.

Note

- The illustrations included in this operation guide have been created to facilitate explanation. An illustration may differ somewhat from the item it represents.

General Guide



- ① Hour, minute, second

A button

Holding down this button for at least two seconds in any mode displays the setting screen.

B button

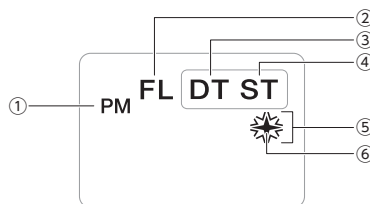
Each press cycles from one mode to the next.

Pressing this button while any setting screen is displayed will change the setting.

C button

Press to turn on illumination.

Indicators



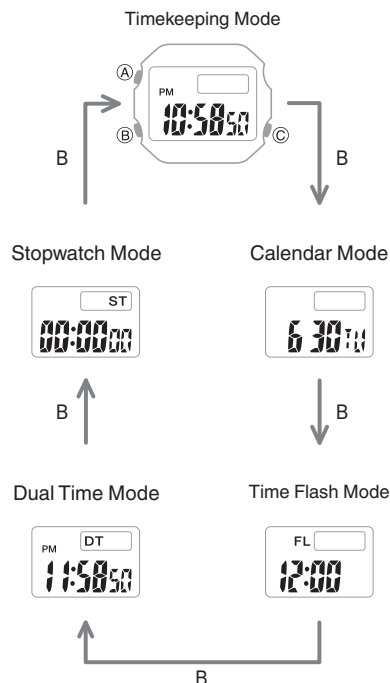
- ① Displayed during p.m. times while 12-hour timekeeping is being used.
- ② Displayed while in the Time Flash Mode.
- ③ Displayed while in the Dual Time Mode.
- ④ Displayed while in the Stopwatch Mode.
- ⑤ Displayed when Time Flash is turned on.
- ⑥ Displayed when Hourly Time Flash is turned on.

Navigating Between Modes

Each press of (B) cycles between watch modes.

- Changing modes causes the light to turn on momentarily.

The light may not be visible when ambient lighting is bright.

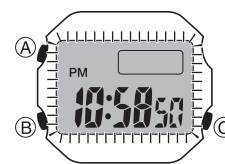


Viewing the Face in the Dark

The watch has a light that illuminates the face for viewing in the dark.

● Turning On Display Illumination

Press (C) to turn on illumination.

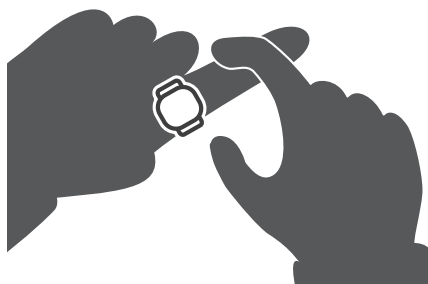


Important!

- Frequent use of illumination will run down the battery.

Time Adjustment

Use the procedures in this section to adjust the date and time settings.

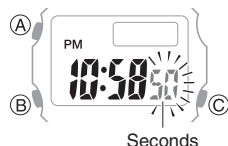


Adjusting the Current Time Setting

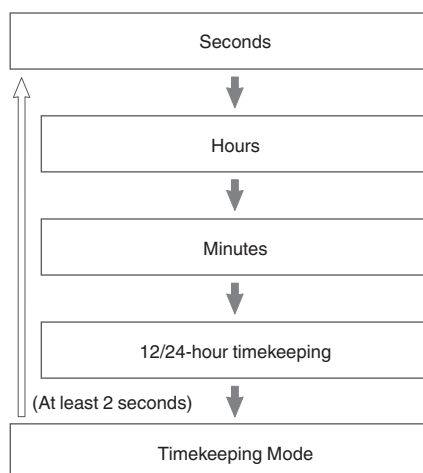
Use the procedure below to change the time and date settings.

● To set the time

1. Enter the Timekeeping Mode.
[🔍 Navigating Between Modes](#)
2. Hold down (A) for at least two seconds.
 This causes the light to turn on momentarily and the seconds to flash.
 - The light may not be visible when ambient lighting is bright.



3. Use (A) to display the setting you want to change.
 - Each press of (A) cycles through settings in the sequence shown below.



4. Configure the current time setting.
 - While the seconds are flashing, pressing (B) resets them to 00. 1 is added to the minutes when the current count is between 30 and 59 seconds.
 - For all the other values, use (B) to change the flashing setting. Holding down (B) scrolls through settings at high speed.
5. Repeat steps 3 and 4 to set the time.
6. Press (A) to return to the Timekeeping Mode.

Note

- While a setting is being configured, the setting operation will be exited automatically after about one or two minutes of non-operation.

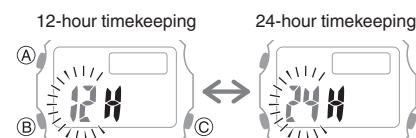
● Switching between 12-hour and 24-hour Timekeeping

You can specify either 12-hour format or 24-hour format for the time display.

1. Enter the Timekeeping Mode.
[🔍 Navigating Between Modes](#)
2. Hold down (A) for at least two seconds.
 This causes the light to turn on momentarily and the seconds to flash.
 - The light may not be visible when ambient lighting is bright.



3. Press (A) three times.
 Either [12H] or [24H] will flash on the display.
4. Press (B) to select 12-hour or 24-hour timekeeping.
 Each press of (B) toggles between 12-hour and 24-hour timekeeping.
 - [PM] is displayed during p.m. times while 12-hour timekeeping is being used.



5. Press (A) to return to the Timekeeping Mode.

Note

- While a setting is being configured, the setting operation will be exited automatically after about one or two minutes of non-operation.

● To set the day

1. Enter the Calendar Mode.
[🔍 Navigating Between Modes](#)

2. Hold down (A) for at least two seconds.

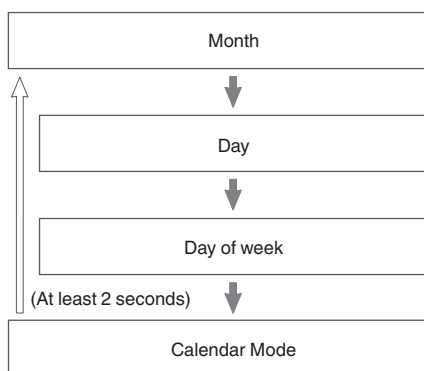
This causes the light to turn on momentarily and the month to flash.

- The light may not be visible when ambient lighting is bright.



3. Use (A) to display the setting you want to change.

- Each press of (A) cycles through settings in the sequence shown below.



4. Configure the day setting.

- Use (B) to change the value.
Holding down (B) scrolls through settings at high speed.

5. Press (A) to return to the Calendar Mode.

Note

- The Auto Calendar automatically distinguishes between months of different lengths. You do not need to change the current time setting except for leap years or after replacing the battery.

Dual Time

Dual Time lets you look up the current time in various time zones around the globe.



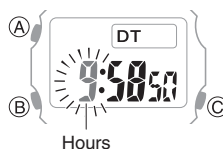
Configuring Dual Time Settings

Dual Time lets you set the current time in another time zone in addition to your current location time.

1. Enter the Dual Time Mode.
[🔍 Navigating Between Modes](#)
2. Hold down (A) for at least two seconds.

This causes the light to turn on momentarily and the hour to flash.

- The light may not be visible when ambient lighting is bright.



3. Use (B) to change the hour setting.

4. Press (A).

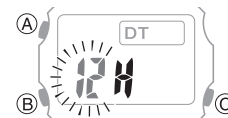
This causes the minutes digits to flash.



5. Use (B) to change the minute setting.

6. Press (A).

Either [12H] or [24H] will flash on the display.



7. Press (B) to select 12-hour or 24-hour timekeeping.

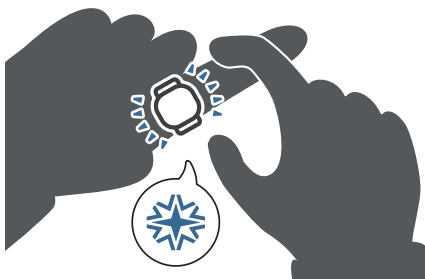
Each press of (B) toggles between 12-hour and 24-hour timekeeping.

- [PM] is displayed during p.m. times while 12-hour timekeeping is being used.

8. Press (A) to complete the setting operation.

Time Flash

The light flashes for about 20 seconds when the specified time is reached.
The light also flashes at the top of every hour on the hour.



Note

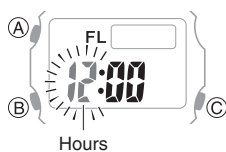
- The Time Flash light may not be visible when ambient lighting is bright.
- Time Flash is intended for entertainment purposes.

Turning On Time Flash

1. Enter the Time Flash Mode.
[Navigating Between Modes](#)
2. Hold down (A) for at least two seconds.

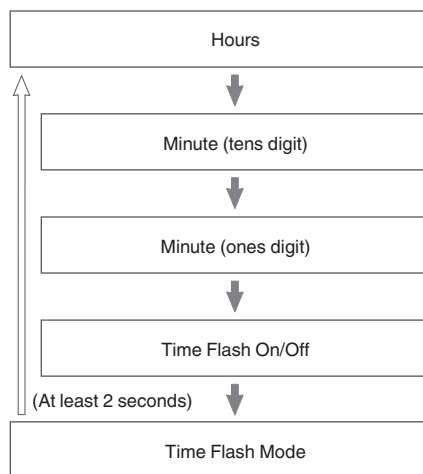
This causes the light to turn on momentarily and the hour to flash.

- The light may not be visible when ambient lighting is bright.



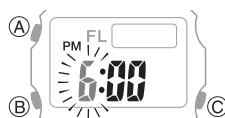
3. Use (A) to display the setting you want to change.

- Each press of (A) cycles through settings in the sequence shown below.

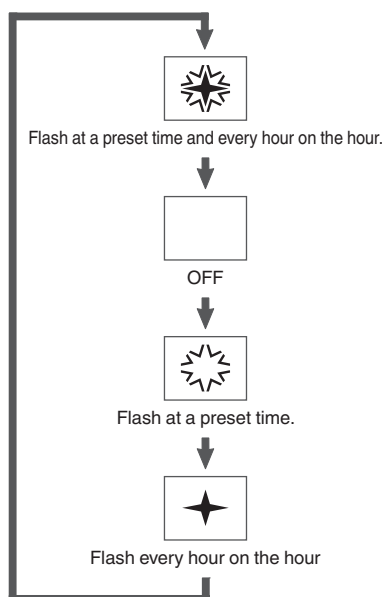


4. Use (B) to change the value.

- Holding down (B) scrolls through settings at high speed.
- When setting the hour: If you are using 12-hour timekeeping, [PM] indicates a p.m. time.



- Press (B) to cycle the Time Flash setting in the sequence shown below.



5. Repeat steps 3 and 4 to set the Time Flash time.

6. Press (A) to complete the setting operation.

Note

- While a setting is being configured, the setting operation will be exited automatically after about one or two minutes of non-operation.

● To check Time Flash operation

In any mode, hold down (B) to view Time Flash operation.

● To stop Time Flash operation

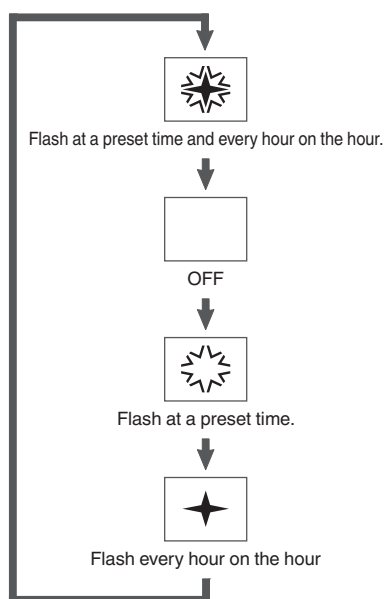
After a Time Flash operation starts at a preset time, press (A) or (B) to stop it.

Turning Off Time Flash

You can use the procedure below to turn off Time Flash.

- To turn Time Flash back on, perform the procedure below again to select the desired Time Flash setting.

- Enter the Time Flash Mode.
[Navigating Between Modes](#)
- Hold down (A) for at least two seconds.
- Press (A) three times.
- Press (B) to turn off Time Flash.
 - Press (B) to cycle the Time Flash setting in the sequence shown below.



Stopwatch

The stopwatch lets you measure times up to 59 minutes, 59.99 seconds (60 minutes) long.

- To prevent damage or injury, remove the watch before engaging in sports.



Measuring Elapsed Time

- Enter the Stopwatch Mode.
[Navigating Between Modes](#)
- Use the operations below to measure elapsed time.

- (A) Start
- ↓
- (A) Stop
- ↓
- (A) Resume
- ↓
- (A) Stop

- Elapsed time is displayed in 1/100-second units.



Minutes, seconds, 1/100 seconds

- To reset the elapsed time to all zeros, hold down (A) for at least two seconds.

Specifications

Accuracy at normal temperature :
 ±30 seconds per month

Timekeeping :

Hour, minute, second, month, day, day of the week
 a.m./p.m. (PM)/24-hour timekeeping
 Auto Calendar (28 days for February)

Time Flash :

Flashing light at a preset time
 Setting units: Hours, minutes
 Flashing duration: 20 seconds
 Flashing every hour on the hour

Dual Time :

Hours, minutes
 12-/24-hour Time Switching

Stopwatch :

Measuring unit: 1/100 seconds
 Measuring range: 59 minutes, 59.99 seconds (60 minutes)

Other :

Auto-return, LED light

Power Supply :

SR621SW x 1
 Battery nominal voltage: 1.55V
 Battery life: Approximately 2 years
 Conditions:
 Time Flash: 20 seconds/day
 Illumination: 5 seconds/day

Specifications are subject to change without notice.

Troubleshooting

Time Flash

Q1 Time Flash does not work (no flashing).

Reconfigure Time Flash settings.

 [Turning On Time Flash](#)

Other

Q1 I can't find the information I need here.

Visit the website below.

<https://world.casio.com/support/>

Precautions

Operating Precautions

● Water Resistance

- The information below applies to watches with WATER RESIST or WATER RESISTANT marked on the back cover.

Water Resistance Under Daily Use

Marking on watch front or on back cover	No BAR mark
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Example of Daily Use

Hand washing, rain	Yes
Water-related work, swimming	No
Windsurfing	No
Skin diving	No

Enhanced Water Resistance Under Daily Use

5 Atmospheres

Marking on watch front or on back cover	5BAR
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Example of Daily Use

Hand washing, rain	Yes
Water-related work, swimming	Yes
Windsurfing	No
Skin diving	No

10 Atmospheres

Marking on watch front or on back cover	10BAR
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Example of Daily Use

Hand washing, rain	Yes
Water-related work, swimming	Yes
Windsurfing	Yes
Skin diving	Yes

20 Atmospheres

Marking on watch front or on back cover	20BAR
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Example of Daily Use

Hand washing, rain	Yes
Water-related work, swimming	Yes
Windsurfing	Yes
Skin diving	Yes

- Do not use your watch for scuba diving or other types of diving that requires air tanks.

- Watches that do not have WATER RESIST or WATER RESISTANT marked on the back cover are not protected against the effects of sweat. Avoid using such a watch under conditions where it will be exposed to large amounts of sweat or moisture, or to direct splashing with water.

- Even if a watch is water resistant, note the usage precautions described below. Such types of use reduce water resistance performance and can cause fogging of the glass.
 - Do not operate the crown or buttons while your watch is submersed in water or wet.
 - Avoid wearing your watch while in the bath.
 - Do not wear your watch while in a heated swimming pool, sauna, or any other high temperature/high humidity environment.
 - Avoid using soap or detergent when washing your hands or face, or doing housework while wearing the watch.

- After submersion in seawater, use plain water to rinse all salt and dirt from your watch.
- To maintain water resistance, have the gaskets of your watch replaced periodically (about once every two or three years).
- A trained technician will inspect your watch for proper water resistance whenever you have its battery replaced. Battery replacement requires the use of special tools. Always request battery replacement from your original retailer or from an authorized CASIO service center.

- Some water-resistant watches come with fashionable leather bands. Avoid swimming, washing, or any other activity that causes direct exposure of a leather band to water.
- The inside surface of the watch glass may fog when the watch is exposed to a sudden drop in temperature. No problem is indicated if the fogging clears up relatively quickly. Sudden and extreme temperature changes (such as coming into an air conditioned room in the summer and standing close to an air conditioner outlet, or leaving a heated room in the winter and allowing your watch to come into contact with snow) can cause it to take longer for glass fogging to clear up. If glass fogging does not clear up or if you notice moisture inside of the glass, immediately stop using your watch and take it to your original retailer or to an authorized CASIO service center.

- Your water-resistant watch has been tested in accordance with International Organization for Standardization regulations.
- Remove the watch before performing housework or manual labor. Wearing the watch during housework or manual labor may damage it.
- Also remove the watch before engaging in sports to prevent damage or safety issues.

● Band

- Wearing the ring too tightly may cause perspiration to accumulate and reduce airflow, increasing the risk of skin irritation.
- Deterioration, rust, and other conditions can cause the band to break or come off of your watch, which in turn can cause band pins to fly out of position or to fall out. This creates the risk of your watch falling from your wrist and becoming lost, and also creates the risk of personal injury. Always take good care of your band and keep it clean.
- Immediately stop using a band if you even notice any of the following: loss of band flexibility, band cracks, band discoloration, band looseness, band connecting pin flying or falling out, or any other abnormality. Take your watch to your original retailer or to a CASIO service center for inspection and repair (for which you will be charged) or to have the band replaced (for which you will be charged).

● Temperature

- Never leave your watch on the dashboard of a car, near a heater, or in any other location that is subject to very high temperatures. Do not leave your watch where it will be exposed to very low temperatures. Temperature extremes can cause your watch to lose or gain time, to stop, or otherwise malfunction.
- Leaving your watch in an area hotter than +60 °C (140 °F) for long periods can lead to problems with its LCD. The LCD may become difficult to read at temperatures lower than 0 °C (32 °F) and greater than +40 °C (104 °F).

● Impact

- Your watch is designed to withstand impact incurred during normal daily use and during light activity such as playing catch, tennis, etc. Dropping your watch or otherwise subjecting it to strong impact, however, can lead to malfunction. Note that watches with shock-resistant designs (G-SHOCK, BABY-G, G-MS) can be worn while operating a chain saw or engaging in other activities that generate strong vibration, or while engaging in strenuous sports activities (motocross, etc.)

● Magnetism

- Though a digital watch normally is not affected by magnetism, very strong magnetism (from medical equipment, etc.) should be avoided because it can cause malfunction and damage to electronic components.

● Electrostatic Charge

- Exposure to very strong electrostatic charge can cause your watch to display the wrong time. Very strong electrostatic charge even can damage electronic components.
- Electrostatic charge may cause temporary blotching in blank areas of the LCD.

● Chemicals

- Do not allow your watch to come into contact with thinner, gasoline, solvents, oils, or fats, or with any cleaners, adhesives, paints, medicines, or cosmetics that contain such ingredients. Doing so can cause discoloration of or damage to the resin case, resin band, leather, and other parts.

● Storage

- If you do not plan to use your watch for a long time, thoroughly wipe it free of all dirt, sweat, and moisture, and store it in a cool, dry place.

● Resin Components

- Allowing your watch to remain in contact with other items or storing it together with other items for long periods while it is wet can cause color on resin components to transfer to the other items, or the color of the other items to transfer to the resin components of your watch. Be sure to dry off your watch thoroughly before storing it and make sure it is not in contact with other items.
- Leaving your watch where it is exposed to direct sunlight (ultraviolet rays) for long periods or failure to clean dirt from your watch for long periods can cause it to become discolored.
- Friction caused by certain conditions (strong external force, sustained rubbing, impact, etc.) can cause discoloration of painted components.
- If there are printed figures on the band, strong rubbing of the printed area can cause discoloration.
- Leaving your watch wet for long periods can cause fluorescent color to fade. Wipe the watch dry as soon as possible after it becomes wet.
- Semi-transparent resin parts can become discolored due to sweat and dirt, and if exposed to high temperatures and humidity for long periods.
- Daily use and long-term storage of your watch can lead to deterioration, breaking, or bending of resin components. The extent of such damage depends on usage conditions and storage conditions.

● Leather Band

- Allowing your watch to remain in contact with other items or storing it together with other items for long periods while it is wet can cause the color of the leather band to transfer to the other items or the color of the other items to transfer to the leather band. Be sure to dry off your watch thoroughly with a soft cloth before storing it and make sure it is not in contact with other items.
- Leaving a leather band where it is exposed to direct sunlight (ultraviolet rays) for long periods or failure to clean dirt from a leather band for long periods can cause it to become discolored.

CAUTION:

Exposing a leather band to rubbing or dirt can cause color transfer and discoloration.

● Metal Components

- Failure to clean dirt from metal components can lead to formation of rust, even if components are stainless steel or plated. If metal components exposed to sweat or water, wipe thoroughly with a soft, absorbent cloth and then place the watch in a well-ventilated location to dry.
- Use a soft toothbrush or similar tool to scrub the metal with a weak solution of water and a mild neutral detergent, or with soapy water. Next, rinse with water to remove all remaining detergent and then wipe dry with a soft absorbent cloth. When washing metal components, wrap the watch case with kitchen plastic wrap so it does not come into contact with the detergent or soap.

● Bacteria and Odor Resistant Band

- The bacteria and odor resistant band protects against odor generated by the formation of bacteria from sweat, which ensures comfort and hygiene. In order to ensure maximum bacteria and odor resistance, keep the band clean. Use an absorbent soft cloth to thoroughly wipe the band clean of dirt, sweat, and moisture. A bacteria and odor resistant band suppresses the formation of organisms and bacteria. It does not protect against rash due to allergic reaction, etc.

● Liquid Crystal Display

- Display figures may be difficult to read when viewed from an angle.

Note that CASIO Computer Co., Ltd. assumes no responsibility for any damage or loss suffered by you or any third party arising through the use of your watch or its malfunction.

User Maintenance

● Caring for Your Watch

Remember that you wear your watch next to your skin, just like a piece of clothing. To ensure your watch performs at the level for which it is designed, keep it clean by frequently wiping with a soft cloth to keep your watch and band free of dirt, sweat, water and other foreign matter.

- Whenever your watch is exposed to sea water or mud, rinse it off with clean fresh water.
- For a metal band or a resin band with metal parts, use a soft toothbrush or similar tool to scrub the band with a weak solution of water and a mild neutral detergent, or with soapy water. Next, rinse with water to remove all remaining detergent and then wipe dry with a soft absorbent cloth. When washing the band, wrap the watch case with kitchen plastic wrap so it does not come into contact with the detergent or soap.
- For a resin band, wash with water and then wipe dry with a soft cloth. Note that sometimes a smudge like pattern may appear on the surface of a resin band. This will not have any effect on your skin or clothing. Wipe with a cloth to remove the smudge pattern.
- Clean water and sweat from a leather band by wiping with a soft cloth.
- Not operating a watch crown, buttons, or rotary bezel could lead to later problems with their operation. Periodically rotate the crown and rotary bezel, and press buttons to maintain proper operation.

● Dangers of Poor Watch Care

Rust

- Though the metal steel used for your watch is highly rust-resistant, rust can form if your watch is not cleaned after it becomes dirty.
 - Dirt on your watch can make it impossible for oxygen to come into contact with the metal, which can lead to breakdown of the oxidization layer on the metal surface and the formation of rust.
- Rust can cause sharp areas on metal components and can cause band pins to fly out of position or to fall out. If you ever notice any abnormality immediately stop using your watch and take it to your original retailer or to an authorized CASIO service center.
- Even if the surface of the metal appears clean, sweat and rust in crevasses can soil the sleeves of clothing, cause skin irritation, and even interfere with watch performance.

Premature Wear

- Leaving sweat or water on a resin band or bezel, or storing your watch an area subject to high moisture can lead to premature wear, cuts, and breaks.

Skin Irritation

- Individuals with sensitive skin or in poor physical condition may experience skin irritation when wearing a watch. Such individuals should keep their leather band or resin band particularly clean. Should you ever experience a rash or other skin irritation, immediately remove your watch and contact a skin care professional.

Battery Replacement

- Leave battery replacement up to your original retailer or authorized CASIO service center.
- Have the battery replaced only with the type specified in the “Specifications”. Use of a different battery type can cause malfunction.
- When replacing the battery, also request a check for proper water resistance.
- Ornamental resin components may become worn, cracked, or bent over time when subjected to normal daily use. Note that if cracking or any other abnormality indicating possible damage is noticed in a watch submitted for battery replacement, your watch will be returned with an explanation of the abnormality, without the requested servicing being performed.

● Initial Battery

- The battery that comes loaded in your watch when you purchase it is used for function and performance testing at the factory.
- The test battery may go dead quicker than the normally rated battery life noted in the “Specifications”. Note that you will be charged for replacement of this battery, even if replacement is required within your watch’s warranty period.

● Low Battery Power

- Low battery power is indicated by large timekeeping error, by dim display contents, or by a blank display.
- Operation while battery power is low can result in malfunction. Replace the battery as soon as possible.