


- To see details of specifications and operations, refer to the instruction manual:  U010 instruction manual

Component identification



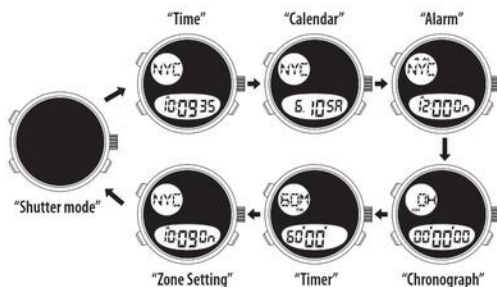
- Actual appearance may differ from the illustration.
- Refer also to our web page for detail of usage of the scale and bezel on the watch. (<http://www.citizenwatch-global.com/support/pdf/enhanced/e.pdf>)

Changing the mode

This watch features seven different modes (functions): "Time", "Calendar", "Alarm", "Chronograph", "Timer", "Zone Setting" and "Shutter mode".

1. Press and release the upper left button (M) repeatedly.

Each time you press the button, the mode changes as below:



Using EL lights

The EL lights are turned on when you press button (A) while the crown is pushed in and the mode is [Time], [Calendar] or [Zone Setting].

- The lights are also turned on when pressing button (A) or (B) during time measurement using the chronograph.

Setting the time

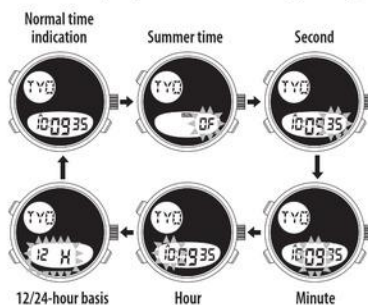
Setting the time of the analog section

- Pull out the crown when the second hand points 0 second.**
The second hand stops.
- Rotate the crown to set the time.**
 - Move the hands 4 or 5 minutes forward and move them back to the right time to set the time more precisely.
- Push in the crown in accordance with a reliable time source to finish the procedure.**
The second hand starts moving.

Setting the time of the digital section

- Press button (M) to cancel setting of the time of the digital section.
- The setting is automatically canceled in about 2 minutes without any operation during the setting.

- Press and release the upper left button (M) repeatedly to change the mode to "Time".**
- Press and release the lower left button (B) repeatedly to indicate an area name you want on the digital display 2.**
 - For area names, refer to the table on "Using the world time".
- Press and hold the lower left button (B) for about 2 seconds.**
[SUM] and [On] or [OF] starts blinking and the time becomes adjustable.
 - The blinking part is the target to adjust.
- Press and release the lower left button (B) repeatedly to change the target to be set.**
 - Each time you press button (B), the target changes as follows:



- Press and release the lower right button (A) to adjust the target.**
 - Press button (A) in accordance with a reliable time source when setting the second.
 - Pressing and holding button (A) changes indication continuously when setting the minute and the hour.
 - "A" or "P" is displayed to indicate AM or PM in 12-hour basis indication.
- Repeat steps 4 and 5 to set other targets.**
- Press and release the upper left button (M) to finish the procedure.**

Setting the calendar

The calendar of this watch does not have to be adjusted manually until Thursday, December 31, 2099 including leap years. (perpetual calendar)

- Press button **M** to cancel setting of the calendar.
- The setting is automatically canceled in about 2 minutes without any operation during the setting.

1. Press and release the upper left button **M repeatedly to change the mode to "Calendar".**

2. Press and release the lower left button **B repeatedly to indicate an area name you want on the digital display 2.**

- For area names, refer to the table on "Using the world time".

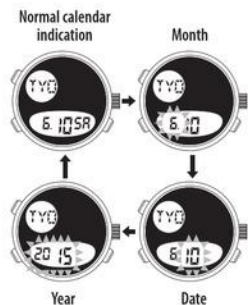
3. Press and hold the lower left button **B for about 2 seconds.**

The month indication starts blinking and the calendar becomes adjustable.

- The blinking part is the target to adjust.

4. Press and release the lower left button **B repeatedly to change the target to be set.**

- Each time you press button **B**, the target changes as follows:



5. Press and release the lower right button **A to adjust the target.**

- Pressing and holding button **A** changes indication continuously.

6. Repeat steps 4 and 5 to set other targets.

7. Press and release the upper left button **M to finish the procedure.**

- The day of week is set automatically.

Using the world time

1. Press and release the upper left button **M repeatedly to change the mode to "Time".**

- Choose "Calendar" to see calendar.

2. Press and release the lower left button **B repeatedly to choose an area name on the digital display 2.**

The time or calendar of the chosen area is indicated on the digital display.

Table of time zones and representative areas

- The time zone in the table is based on UTC (Coordinated Universal Time).
- Countries or regions may change time zones for various reasons.

Time zone	Area name	Representative area	Time zone	Area name	Representative area
0	UTC	Coordinated Universal Time	+9	TYO	Tokyo
	LON	London	+10	SYD	Sydney
+1	PAR	Paris	+11	NOU	Noumea
	ROM	Rome	+12	AKL	Auckland
+2	CAI	Cairo	-10	HNL	Honolulu
	IST	Istanbul	-9	ANC	Anchorage
+3	MOW	Moscow	-8	LAX	Los Angeles
	KWI	Kuwait	-7	DEN	Denver
+4	DXB	Dubai	-6	CHI	Chicago
	KHI	Karachi		MEX	Mexico City
+5	DEL	New Delhi	-5	NYC	New York
	DAC	Dhaka		YUL	Montreal
+6	BKK	Bangkok	-4	CCS	Caracas
	SIN	Singapore		RIO	Rio de Janeiro
+7	HKG	Hong Kong	-3	BUE	Buenos Aires
	BJS	Beijing			



Using the zone-set function

You can hide unnecessary ones in the 30 areas and UTC, which the watch can indicate the time of; you can also activate/deactivate summer time for those areas separately.

- Press button **M** to cancel setting.
- The setting is automatically canceled in about 2 minutes without any operation during the setting.

- 1. Press and release the upper left button **M** repeatedly to change the mode to "Zone Setting".**
- 2. Press and release the lower left button **B** repeatedly to choose an area name on the digital display 2.**
 - Pressing and releasing button **A** while Pressing and holding button **B** also change the area name indication.
- 3. Press and hold the lower left button **B** for about 2 seconds.**
"On" or "OF" (off) and the area name starts blinking and display/hide of the area becomes adjustable.
- 4. Press and release the lower right button **A** to select "On" (display) or "OF" (hide) of the area.**
- 5. Press and release the lower left button **B**.**
"On" or "OF" (off) and "SUM" (summer time) starts blinking and the summer time setting becomes adjustable.
- 6. Press and release the lower right button **A** to set the summer time.**
- 7. Repeat steps 2 to 6 to set other areas.**
- 8. Press and release the upper left button **M** to finish the procedure.**

Resetting the watch — All Reset

- 1. Pull out the crown.**
- 2. Press and release buttons **A**, **B** and **M** at the same time.**
All the digital indication lights up.
- 3. Push in the crown.**
The alarm sounds and the digital indication is turned off.

After All Reset

After All Reset, set the time and calendar and other settings. Set also the alarm.

