

INSTRUCTIONS FOR CITIZEN DIVER'S WATCH AUTOMATIC DAY/DATE

MODEL No. NYO XXX Cal. No. 8203 CTZ-6748

■ CITIZEN DIVER'S WATCH (200m) features

• Register-ring with malfunctioning preventive locking mechanism.

This is a diver's watch designed to be useful under 200 metres deep. It has features as follows.

• Screw lock type crown with double O-ring

The watch has a double O-ring type screw lock crown with waterproof packings, to improve airtightness and water resistance.

• The "No decompression limits table" imprinted on the wrist band.

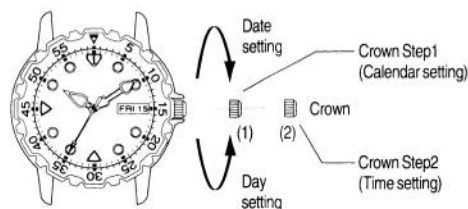
The "No decompression limits table" is printed on the wrist band to enable divers to dive safely. (Their are some models without this table.)

■ Specifications

- | | |
|---------------------|--|
| 1. Type | Automatic-mechanical watch
(with a centre second) |
| 2. Caliber No. | 8203 |
| 3. Calendar | Date (with quick setting device) |
| 4. Water resistance | 200m water resistant watch |

■ Setting the watch

According to the model, the crown may be positioned differently from the illustrations shown, however the operation is the same.



1. STARTING THE WATCH

*This watch has an excellent self-winding mechanism that winds the mainspring with a light motion of your wrist. However, to obtain best performance, it is recommended that the crown be wound manually 5 to 10 times further or give a shock slightly to the watch.

2. SETTING THE WATCH

The crown of this watch is screwlock type and must first be turned counterclockwise to loosen it.

*Do not operate the crown in water or while the watch is wet

<Setting the time>

1. Pull out the crown to the position (2) and then advance the hands.
The date will change at about 12 o'clock.
This 12 o'clock indicates "midnight"
2. Adjust hour/minute hand by turning the crown in consideration of a.m. and p.m.

<Setting the calendar>

- a. Pull out the crown to position (1)
- b. Turn the crown clockwise until the desired day of the week appears.
Turn the crown counter clockwise until the desired date appears.
*Do not set the date and day between 9.00PM and 4.00AM otherwise the date and day may not change properly.

After the time and calendar have been set, be sure to push the crown to the position (0) and lock it by screwing.

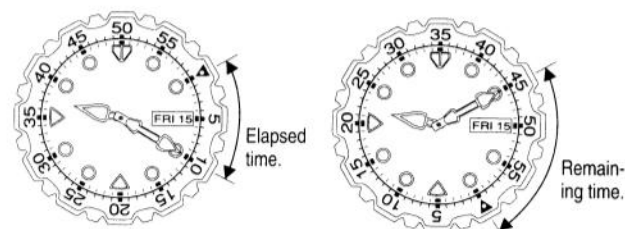
■ How to use Register Ring

The register ring is a convenient way to keep track of diving time, permitting the indication of the elapsed and remaining times.

*Turn the register ring counter clockwise while pushing it. It is locked under normal conditions to prevent free rotation, and cannot be turned in the reverse direction for safety reasons.

*Determination of elapsed time: Preset the mark on the register ring to the minute hand, and the elapsed time can be shown by the register ring scale.

*Determination of remaining time: Preset the mark on the register ring to a certain required time, and the remaining time can be read with the ring scale.



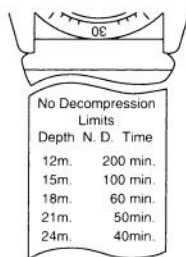
Elapsed time: shows that 10 minutes have passed since 9:10

Remaining time: shows that 15 minutes remain until 9:25, the settled time.

■ No Decompression limits table

If you have purchased a watch with the "No decompression limits table" on the band please follow the next instructions.

- The no decompression limits table which is based on the U.S. Navy Diving Manual is imprinted on the wrist band of some models.
- The table indicates the permitted time limit without decompression according to the depth.



CAUTION

The No decompression limits table attached to the watch is for supplementary information purposes only and should not be relied upon in any situation in which the health or safety of the diving is at risk. The No decompression limits table of the watch does not contain all information necessary to ensure proper decompression.

For example:

Decompression is not needed when diving depth is 21 metres and the elapsed time is less than 50 minutes.

■ Use Precautions

1. Water resistant

The crown must be pushed in at all times. Also on screwlock-type crowns, screw should be tightened completely.

		Indication		Water-related use					
		Dial	Case back						
				Against occasional water drops to which it may be temporarily subjected.	Using it for Kitchen work, swimming, washing a car, boating or water skiing.	Using it skin diving	Using it scuba diving	Using in a saturated diving (helium gas) environment such as used for professional diving.	Pulling out the crown when the watch is wet.
WATER RESISTANT 200m	Water resistant for diving	WATER RESISTANT 200m	WATER RESISTANT	OK	OK	OK	OK	NO	NO

- Do not operate the crown in the water or while the watch is wet.

- Clouding of glass

Since there is some moisture in a watch, if the outside temperature is lower than inside the watch, the glass may get fogged. If the fog clears soon, it is not a problem. If it does not clear soon, however, have it checked immediately.

2. Protective Packings

- Packings incorporated in this watch (for its caseback, crown and glass) prevent entering of water, dust and other foreign matters into the watch to protect its functions. Periodical replacement of these packings (every 2 years approximately) is recommended since they may become subject to brittleness and/or their elasticity may decrease after a long-time use.

3. Use for diving

Be sure to check the following points when you use this watch for diving.

a. Before diving

- The time has been properly set.
- The crown is properly in lock position.
- The register ring properly rotates counter-clockwise. It does not rotate clockwise (never force to rotate it at this time).
- There are no scratches in the wrist band and no cracks nor chipped portions in glass of the watch. Also, the band should be fastened tightly to the watch case.

- For any irregularity found immediately contact the store where you purchased the watch or an authorized Citizen Dealer.

b. During Diving

- Be sure not to operate the crown in water or when the watch is wet.
- Be careful not to drop or hit the watch against a rock or other hard items.

c. After Diving

- Wash the watch with fresh water to prevent rust formation due to sea water.
- Wipe off water droplets adhering to the watch after washing.

4. Avoid strong shock

This watch will withstand the bumps and jars normally incurred while playing and during sports activities. Avoid dropping your watch on the ground or otherwise imparting severe shock to it.

5. Avoid strong chemicals, solvents and gases

Avoid wearing your watch in the presence of strong chemicals, solvents and gases. If your watch comes in contact with materials such as gasoline, benzine, paint thinner, alcohol, spray cosmetics, nail polish remover, adhesives or paint, discoloration, deterioration or damage to the case, band and other components may occur.

6. Keep your watch clean

It may become difficult to pull out the crown due to dirt and dust getting caught between the crown and the watch case when the watch is worn for long periods of time. To help prevent this from happening, turn the crown freely back and forth occasionally while it is in the normal set position.

Wipe off any water and moisture that adheres to the case, glass and band with a soft, clean cloth. Any dirt left on the case or band may cause skin rash.

A watchband will easily become soiled with dust and perspiration because it is in direct contact with the skin. Even a stainless or gold-plated band may begin to corrode if it has not been cleaned for a long period of time.

Metal watchbands are usually washed with a brush in mild, soapy water and well wiped with a soft, absorbent cloth to make sure all water is removed.

Pay attention to prevent any water from getting inside your watch when the band is washed.

7. Periodic inspection

Getting your watch checked once every year or two is recommended to ensure long use and trouble-free operation.

8. Luminous Paint

Being a diver's watch, luminous paint is used for this diver's watch (200m).

200m to facilitate time readability in a dark place. This luminous paint contains a trace quantity of radioactive substance pursuant to ISO safety standard. There is no problem for normal use; however, in the event that the watch glass has been damaged or broken, immediately carry it to the store where you purchased or to an authorized Citizen Dealer.