



Riiver

Integrate. Inspire. Innovate.

Before using this watch

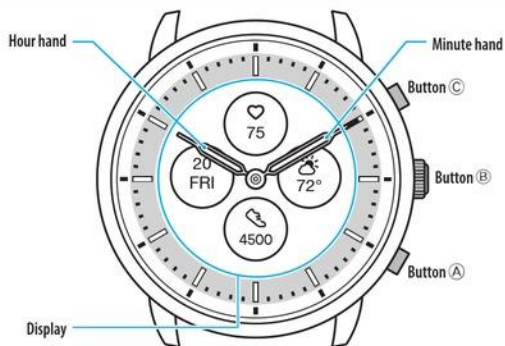
Protective stickers

Be sure to remove any protective stickers that may be on your watch (case back, band, clasp, etc.). Otherwise, perspiration or moisture may enter the gaps between the protective stickers and the parts, which may result in a skin rash and/or corrosion of the metal parts.

Charging your watch

Charge the built-in secondary battery using the special battery charger to use this watch.
For details, see "Quick start guide" and "Charging cord" provided with the product.

Component identification



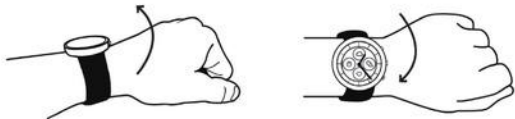
- The illustrations in this instruction manual may differ from the actual appearance of your watch.

About the display of the watch

This watch is equipped with an electronic paper display. Owing to the display, the watch can always indicate various information with little consumption of power reserve. On the other hand, unlike an ordinary LCD, indication is not always renewed.

To see current total steps or other real-time data, you need to renew indication intentionally.

Renewing indication on the display



Twist your wrist quickly, and the hands on the watch move and the indication on the display is refreshed.

- Try the twist again if the hands do not move.

Turning on the light



Tap the center of the display twice to turn on the light.

- The light is turned off in a few seconds automatically without any operation.
- You can change the setting not to turn on the light on the watch. For details, see "Settings on the watch body" (-> page 5).

Indicating notifications



Press and hold the lower button (A) of the watch to indicate notifications on the display of the watch.

- For details of Notifications, see "Setting notification" (-> page 16).

Hiding information on the display



Press and hold the upper button (C) of the watch to hide information on the display of the watch.

- You can also hide the information through the setting of the watch. For details, see "About the menu on the watch" (-> page 19).

Before connecting with a smartphone

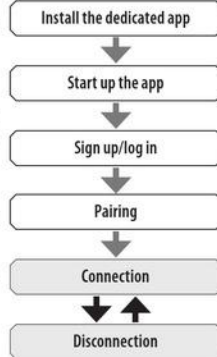
You must install the dedicated app "CITIZEN CONNECTED" on your smartphone and start it to make pairing between the phone and the watch to connect them.

The flow of connection is as follows.

- This watch communicates with smartphones through Bluetooth® Low Energy power-saving communication technology.

- The Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc.
- Google, Wear OS by Google, Google Play and Google Play logo, Google Fit, Google Assistant, Google Calendar, Gmail, Android and Android Go Edition, Android One, Google Pixel, Google Nest Thermostat are trademarks of Google LLC.

- IOS is a trademark or registered trademark of Cisco Systems, Inc. or its affiliates in the United States and other countries, and is used under license.



Requirements for connection

Android	Android OS 7.0 -
iPhone	iOS 15.0 -
Bluetooth®	Bluetooth smart compatible/ 4.2 Low Energy

- You cannot install the dedicated app when your smartphone is not compatible with it.
- Fulfillment of the requirements of your smartphone does not warrant normal operation of the app.
- Update of the dedicated app may be stopped after manufacturing of the watch is ended.

Actual screens and/or indication of the dedicated app may differ from those on this manual depending on your usage conditions and/or changes of specifications at update of the app.

In that case, follow instructions on the actual screen of the app.

Execute pairing with the smartphone

Execute pairing at first when connecting the watch and your smartphone.

- Unique pairing information is saved on the watch and smartphone as pairing is executed.
- Make an account at the startup of the dedicated app. An e-mail address which can be used for e-mail reception is required for making an account.
- Keep the mail address and password for the account in case they are required.

Executing pairing

- For pairing, you have to operate both the watch and the smartphone.
- Charge the watch and the smartphone sufficiently beforehand.
- Turn on functions related with Bluetooth* and location information on your smartphone.

- 1 Download the dedicated app "CITIZEN CONNECTED" at an app site and install it.



- 2 Start the dedicated app.

- Keep the app screen displayed until pairing is finished.

- 3 Tap [HYBRID].

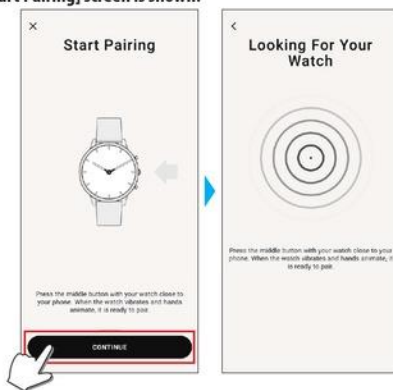


- 4 Make an account.



- Proceed to authentication process when you made an account. An authentication number will be sent to the mail address you registered here.
- Tap [LOG IN] if you had logged out without executing pairing after making an account before.
- Once signed up, the status (login status) is kept regardless whether the app is activated or deactivated.

- 5 Press the middle button **B** and tap [CONTINUE] on the screen of the app as the [Start Pairing] screen is shown.



- 6 Tap [THIS IS MY WATCH].

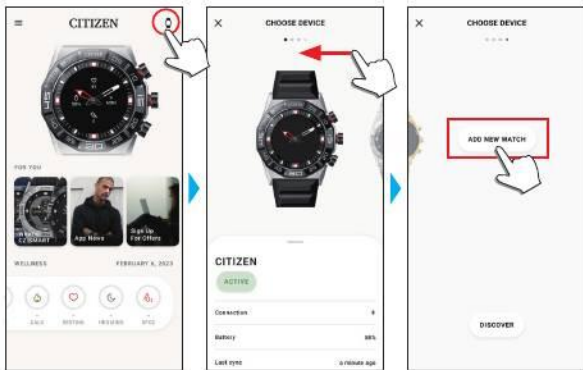
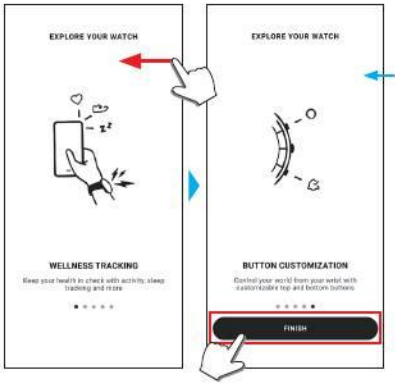


- The watch displayed on the screen may look different from the actual one you use.
- Tap [I DON'T SEE MY WATCH] when not only its color but whole appearance looks different from yours.
- When update of the watch has started, wait until it is finished.

- 7 Press the middle button **B** of the watch within time limit.



Pairing starts.



Adjustment of the time and calendar

This watch receives time information from your smartphone at every connection and adjusts the time and calendar automatically.

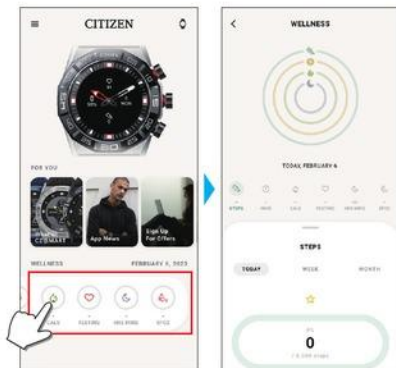
- You cannot adjust time and calendar on the watch only by itself.

Acceleration sensor and optical sensor

This watch is equipped with a built-in acceleration sensor and an optical sensor. They always execute measurement while you wear the watch.

- The acceleration sensor measures your action such as steps and the optical sensor measures your heart rate and blood oxygen levels (SPO2).
- If you hold something in the hand of watch-wearing side, the sensors may measure wrongly.

You can check measured data in real-time on the watch. On the [WELLNESS] screen of the dedicated app, the data are shown in graphs as daily/weekly/monthly records.



In addition, on the screen of dedicated app, you can check status of activities categorized by types, activity time, calorie consumption derived from your height and weight, sleep time, etc.

- Activity data recorded in the watch is transferred to the dedicated app when the watch and the smartphone are synchronized and it is stored in the app.
- Up to about 40-day data of activity is saved on the watch.
- Data gathered with this product can be sent to other apps and browsed.
- This product interprets actual movement of the watch detected through its acceleration sensor with its special way to figure out your activities such as your steps or sleep.

It is a kind of estimation and its results may differ from actual activities.

- Heart rate and blood oxygen levels got through the optical sensor on this watch are mere estimation calculated and derived from measurement, not for medical or remedial use.
- You cannot edit data. You cannot also display activity data collected through other devices on the dedicated app of this watch.

Settings on the watch body

You can execute settings for the watch and utilize its various functions only by the watch itself.

- Some settings and functions are not available without connection between the watch and the smartphone through the dedicated app.

We introduce settings on the watch body here.

- See "About the menu on the watch" (→ page 19) for other functions.

1 Press the middle button of the watch.

The hands of the watch point one of the function icons on the display.





- [Home] is pointed immediately after indication.
- The indication automatically returns to normal indication in about 3 minutes without executing any operation.

2 Press the lower button .

The hands of the watch point the [Settings] icon.



- In this time, pressing the lower button  of the watch moves the hands clockwise to point each function icon one by one. Pressing the upper button  of the watch moves the hands counterclockwise.

3 Press the middle button of the watch.

The menu of [Settings] appears on the watch.



- [Back] is chosen when the menu appears.

4 Press and release the lower button **(A)** or the upper button **(C)** repeatedly to choose a menu item.

[About]	Use it to see the serial number and the firmware version of the watch. <ul style="list-style-type: none"> This item has no setting values. Press the lower button (A)/the upper button (C) of the watch to scroll indication up/down.
[Watch Mode]	You can set which wrist you wear the watch on. Choose [RIGHTIE] or [LEFTIE]. <ul style="list-style-type: none"> Each time you change the setting, the display indication turns upside down.
[Dial Info]	You can set whether information is indicated on the display of the watch or not. <ul style="list-style-type: none"> Pressing and holding the upper button (C) switches it [ON]/[OFF].
[Heart Rate]	You can activate/deactivate the optical sensor.
[Vibration]	You can set vibration strength of the watch. You can choose one from [OFF], [MILD], [MEDIUM] and [STRONG]. <ul style="list-style-type: none"> Each time you change the setting, the watch actually vibrates in the new setting.
[Notification Size]	You can set text size of notifications on the display of the watch. You can choose one from [SMALL], [MEDIUM] and [BIG].
[Do Not Disturb]	You can activate/deactivate notifications to the watch temporarily. You can choose one from [ON], [MIRROR PHONE] and [OFF]. <ul style="list-style-type: none"> It does not affect alarm settings.
[Back]	The [Settings] menu is closed.
[Front Light]	You can activate/deactivate the light.

5 Press the middle button **(B)** of the watch.

The setting of the menu item you chose is changed.
 • Each time you press button, the setting is changed.

6 Repeat steps 4 and 5 to adjust settings of other items.

7 After finishing setting, press and release the lower button **(A)** or the upper button **(C)** of the watch repeatedly to choose [Back].

8 Press the middle button **(B)** of the watch.

The hands of the watch point the [Settings] icon.



9 Press the upper button **(C)**.

The hands of the watch point the [Home] icon.

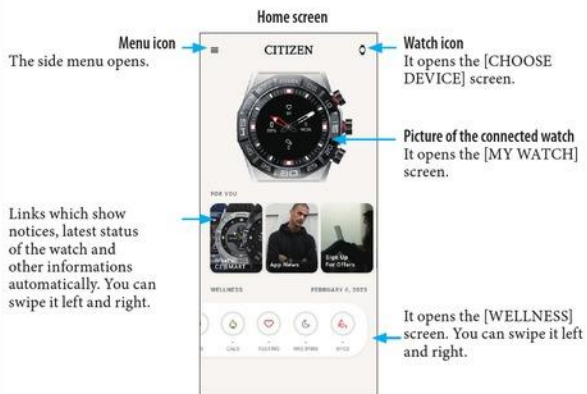
10 Press the middle button **(B)** of the watch to finish the procedure.

The watch returns to normal indication.

- After step 5, press and hold the middle button **(B)** of the watch to skip to step 8.

The screen of the dedicated app

We call the screen just below the home screen, which appears immediately after starting the dedicated app.



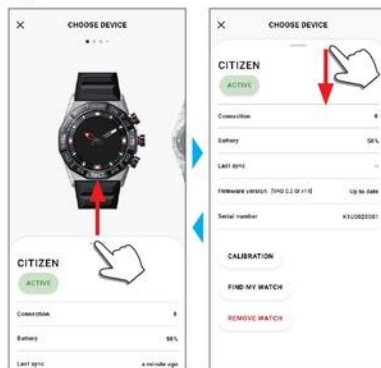
Side menu

You can control your account, settings of activity goals and those for the dedicated app here.



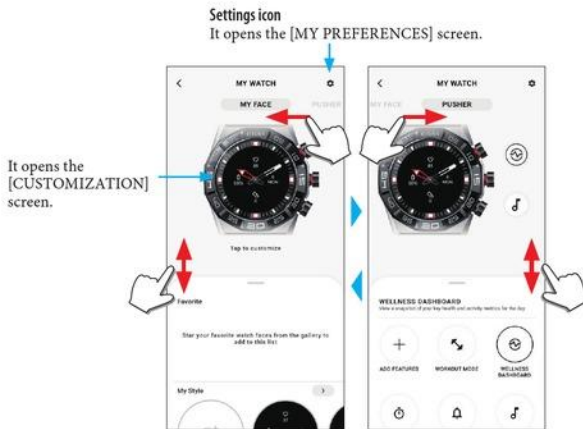
[CHOOSE DEVICE] screen

You can add watches, manage connection and adjust the reference position of the watch hands here.



[MY WATCH] screen

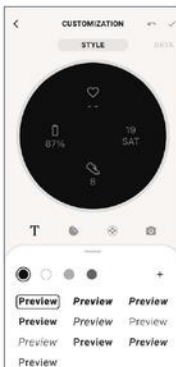
You can customize watch face indication and assign function to buttons of the watch here. You can also control settings of notifications and alarm.

**[MY PREFERENCES] screen**

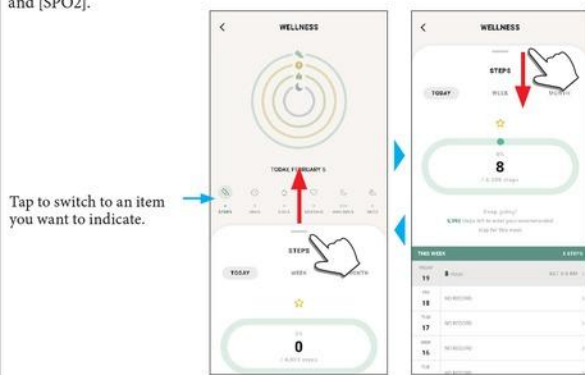
You can control settings of alarm, Alexa, notifications, unit, etc. here.

**[CUSTOMIZATION] screen**

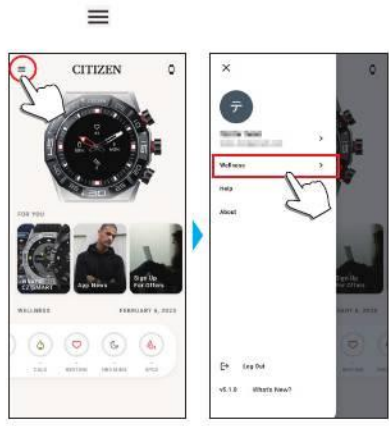
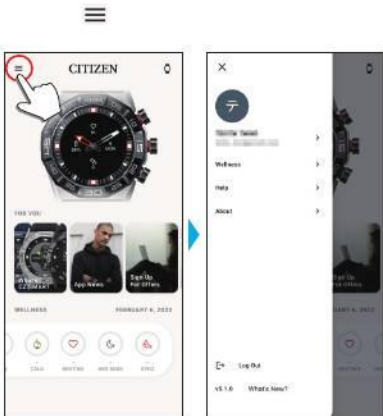
You can control display indication of the watch here.

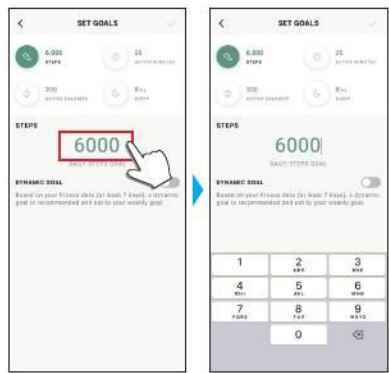
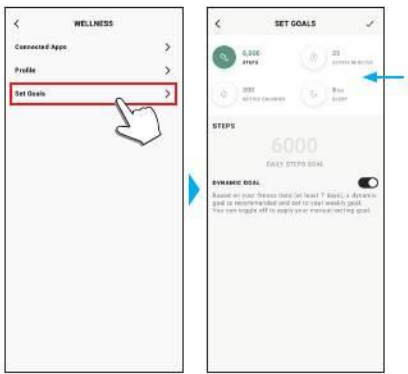
**[WELLNESS] screen**

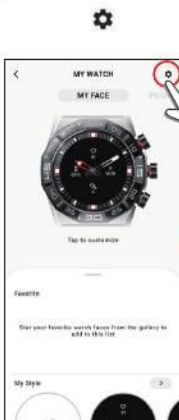
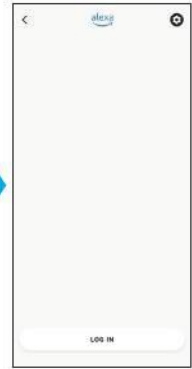
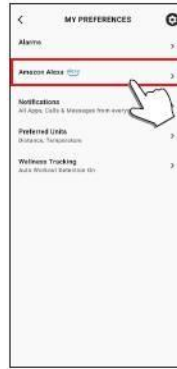
It is the screen for indicating the data of the activity monitor on the watch. The screen has the six following sub menus: [STEPS], [ACTIVE MINUTES (MINS)], [ACTIVE CALORIES (CAL)], [HEART RATE (RESTING)], [SLEEP (HRS MINS)] and [SPO2].



- Activity amount is indicated by percentage where the target value set is supposed 100%. One whole circle means 100% on a circle graph. For bar graphs, the 100% line is indicated in the graph field.
- For details of Target value, see "Changing goal values of activities" (→ page 8).







Using Amazon Alexa

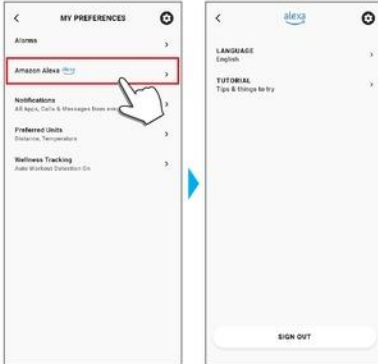
1 Press the upper button **C** of the watch.

The Alexa screen appears and the watch gets into the [Listening] status.



2 Talk to Alexa.

- Talk to Alexa in the language you set for controlling it.
- You can change the language by using [Amazon Alexa] on the [MY PREFERENCES] screen after logging in.



3 Press the upper button **C** of the watch.

The status of Alexa change to [Thinking] and the hands of the watch start rotating.



- The status automatically changes without pressing the button.
- Each time you press the upper button **C**, the status switches between [Listening] and [Thinking].

4 Press the middle button **B** of the watch to finish Alexa operation.

The watch returns to normal indication.

When Alexa is not assigned to a button of the watch

Assign Alexa to a button referring to "Executing settings for functions and assigning them to the buttons of the watch" (→ page 12).

You can activate Alexa through the menu of the watch following the steps below.

1 Press the middle button **B** of the watch.

The hands of the watch point one of the function icons on the display.



- [Home] is pointed immediately after indication.
- The indication automatically returns to normal indication in about 3 minutes without executing any operation.

2 Press the upper button **C** of the watch twice to make the hands of the watch point [Alexa].



- Press the lower button **A** or the upper button **C** of the watch to move the hands clockwise or counterclockwise respectively.

3 Press the middle button **B** of the watch.

The Alexa screen appears and the watch gets into the [Listening] status.



To try the assigned function

Press the function-assigned button. The screen for the assigned function appears on the display of the watch.

- Some functions need Internet access through the dedicated app.

After using the function

Press and hold the middle button  to return to normal indication.

- Measurement and countdown of time continue even after returning to normal indication.

Customizing watch face

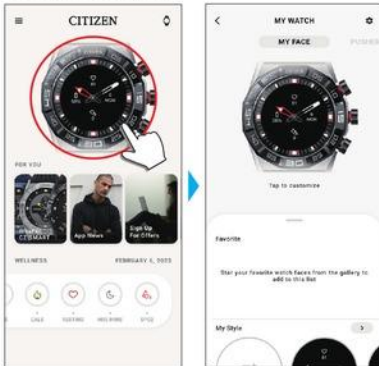
1 Start the dedicated app.

The watch and the smartphone are connected.

- If you have not signed up, sign up.
- If synchronization of the watch and the smartphone starts, wait until it is finished.

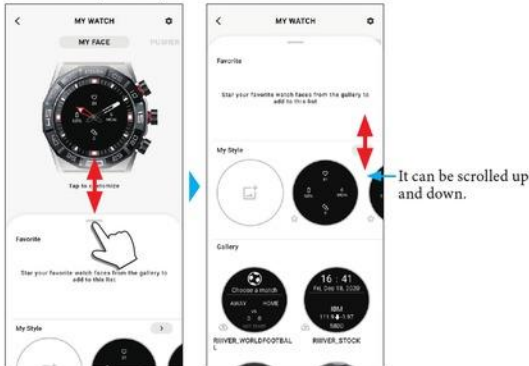
2 Tap the picture of the connected watch on the home screen.

The [MY WATCH] screen is opened.



3 Swipe up the tab on the bottom of the screen while [MY FACE] is indicated.

- Swipe right on the screen when [PUSHER] is shown.
- Proceed to step 5 when you want to customize the current watch face.



It can be scrolled up and down.

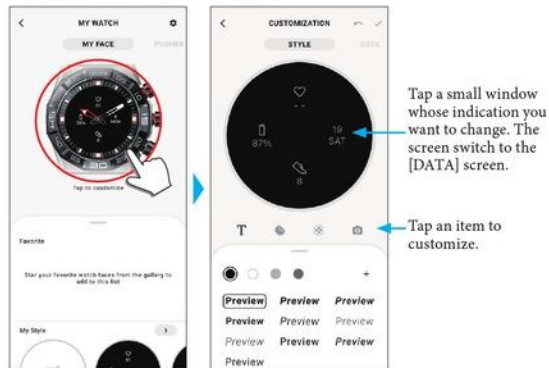
4 Choose and tap a watch face you like.

The face you chose appears on the display of the watch and the screen of the smartphone.

Proceed to the next when you want to customize the watch face.

5 Tap the picture of the watch on the [MY WATCH] screen.





The [CUSTOMIZATION] screen is opened.



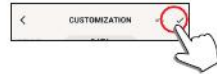
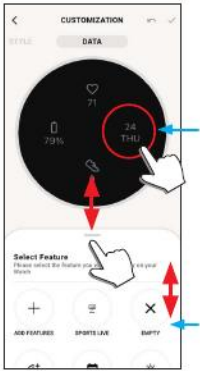
Tap a small window whose indication you want to change. The screen switch to the [DATA] screen.

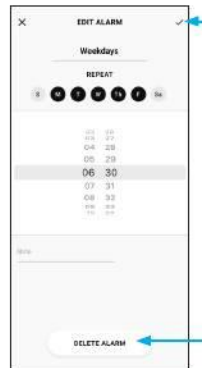
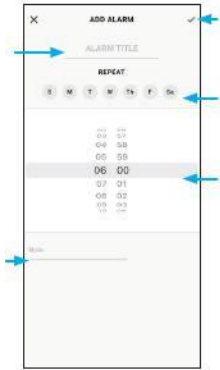
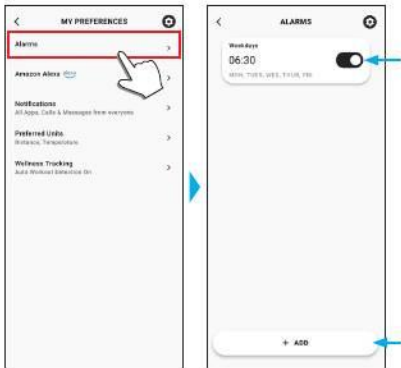
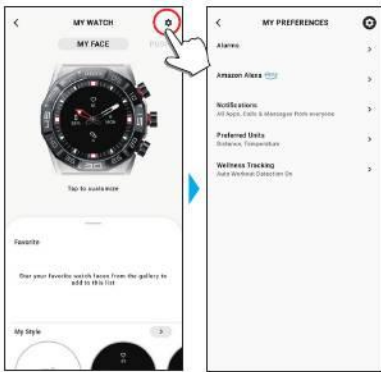
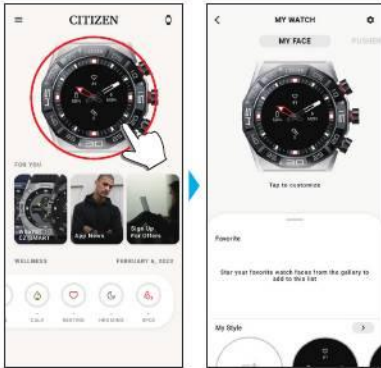
Tap an item to customize.

- Some faces cannot be customized.

	You can enter text you want to show on the watch display. Tap [+] to add text. You can choose text color. Drag it to change its position; Pinch it in/out to change its size.
	You can add prepared stickers on the watch face. Tap the sticker you placed to change its color. Drag it to change its position; Pinch it in/out to change its size.
	Use it to choose a background for the watch face.
	You can place a photo stored on the smartphone as watch face. The previous watch face is overwritten.

- For some watch faces, some items of edit menu are not available (not indicated).
- To remove text and stickers, select one you want to remove and tap the trash icon.





Setting notification

- Notifications may not be received if distance between the smartphone and the watch is 10 m (30 feet) or more or there is any obstacle between them.

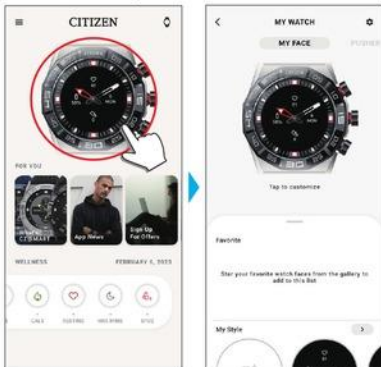
1 Start the dedicated app.

The watch and the smartphone are connected.

- If you have not signed up, sign up.
- If synchronization of the watch and the smartphone starts, wait until it is finished.

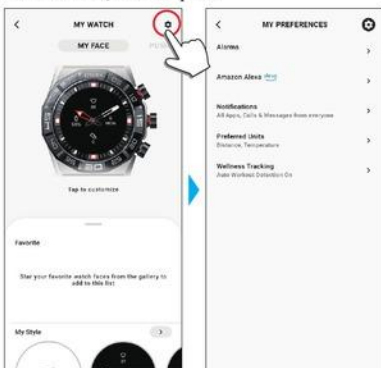
2 Tap the picture of the connected watch on the home screen.

The [MY WATCH] screen is opened.



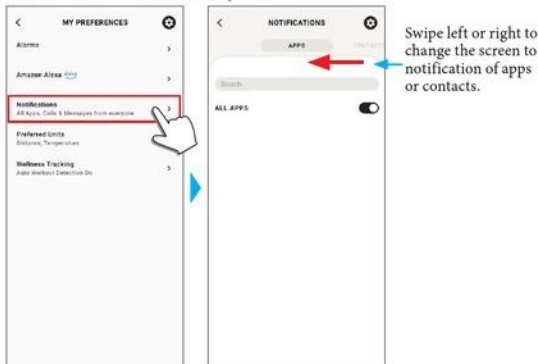
3 Tap the setting icon (⚙️) on the [MY WATCH] screen.

The [MY PREFERENCES] screen is opened.



4 Tap [Notifications] on the [MY PREFERENCES] screen.

The [NOTIFICATIONS] screen is opened.



Choose apps from which you want to receive notifications.

- You also need to change settings of your smartphone so that you will receive notifications.
- Apps appearing on the list differ depending on the OS of your smartphone.

You can choose notification targets for phone and each message services.

- For [QUICK RESPONSE] (on the dedicated app for Android only), see below.

- Access right setting is required when accessing an address management app on your smartphone.

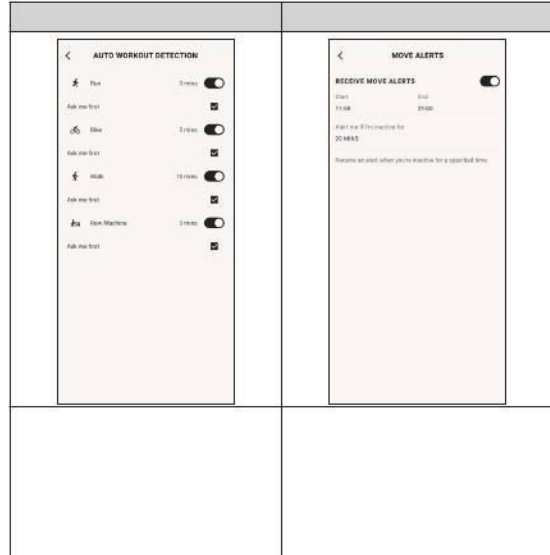
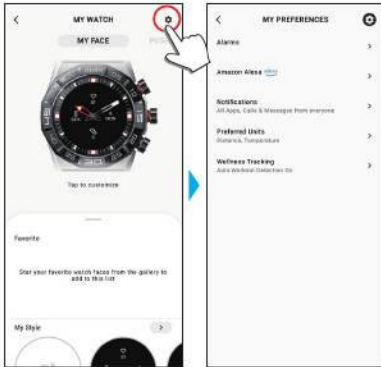
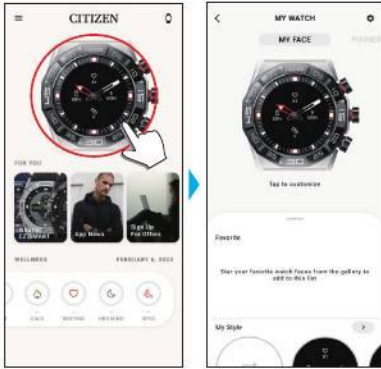
On Android OS, you can tap items with "!" and control their access right.

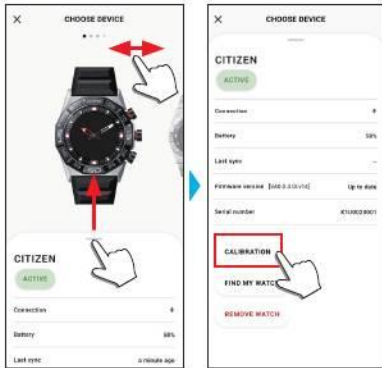
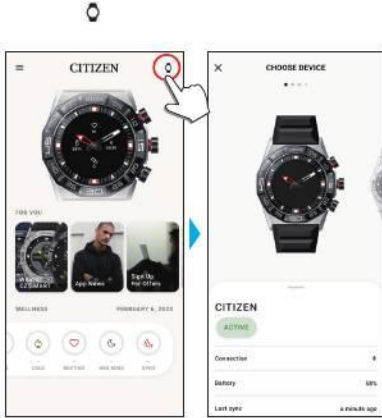
■ About [QUICK RESPONSE]

When a call comes in from one of notification targets, you can answer it with a message using [QUICK RESPONSE] (the dedicated app for Android only).

You can make and stock up to two messages beforehand.

When you use [QUICK RESPONSE], as a call comes in, choose a message from the stocked ones by using the lower button Ⓐ or the upper button Ⓑ on the watch and send it by using the middle button Ⓒ.





About the menu on the watch

You can choose a function and use it through the menu on the watch.

- Some functions are not available without connection between the watch and the smartphone through the dedicated app.

1 Press the middle button **(B)** of the watch.

The hands of the watch point one of the function icons on the display.



- [Home] is pointed immediately after indication.
- The indication automatically returns to normal indication in about 3 minutes without executing any operation.

2 Press and release the lower button **(A)** or the upper button **(C)** of the watch repeatedly to switch the function to use.

The hands of the watch point one of the function icons.

- Press and hold the lower button **(A)** or the upper button **(C)** of the watch to move the hands continuously.
- The black icon in the white circle shows the currently-selected function.
- You cannot use ideas in areas where the Riiiver service is not provided.

[Weather]	It indicates weather reports of up to two places including current one. <ul style="list-style-type: none"> Settings on the dedicated app are needed to use it. For details, see "Executing settings for functions and assigning them to the buttons of the watch" (→ page 12).
[Ring Phone]	You can make the smartphone connected with the watch emit sound. It is useful when searching the smartphone. Press the middle button (B) of the watch to stop the sound.
[Music Control]	You can control music playback through the watch while using the music app: can command volume up/down and play/pause/go next. Play/pause: press and hold the upper button (C) of the watch. Volume up: press the upper button (C) once. Volume down: press the lower button (A) once. Go to the next tune: press and hold the lower button (A) .
[Alexa]	[You can use [Alexa].
[Notifications]	Notifications are indicated. <ul style="list-style-type: none"> Settings on the dedicated app are needed to use it. For details, see "Setting notification" (→ page 16).
[Home]	The watch returns to normal screen.
[Settings]	Use it to control settings of the watch. <ul style="list-style-type: none"> For details, see "Settings on the watch body" (→ page 5).
[Wellness]	It indicates [STEPS], [ACTIVE MINUTES (MINS)], [ACTIVE CALORIES (CAL)], [HEART RATE (RESTING)] and [SLEEP (HRS MINS)] of a day. Heart rate and blood oxygen levels (SPO2) are measured.
[Workout]	You can choose type of activities from 10 categories and execute measurement of the chosen activity. For some activities, you can make your exercise course indicated on a map. <ul style="list-style-type: none"> For [Run], [Bike], [Walk] and [Row Machine], you can set the watch to detect them automatically and start measurement. For details, see "Detecting activities automatically" (→ page 17).
[Timer]	You can use a countdown timer. For details, see "Using the timer" (→ page 19).
[Stopwatch]	You can execute time measurement. The hour and minute hands take the same motion and move as the second hand.

3 Press the middle button **(B)** of the watch.

- The display is switched to the screen of the chosen function.
- Some functions immediately start working.

■ To return to the normal indication

- Press and hold the middle button **(B)** of the watch to return to normal indication.
- Press and hold the middle button **(B)** again when the menu screen appeared.

Using the timer

- The timer on this watch can set countdown time in 1-minute increments.
- Countdown time adjustment must be executed on the watch.

1 Press the middle button **(B)** of the watch.

The hands of the watch point one of the function icons on the display.



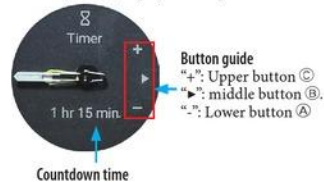
- The indication automatically returns to normal indication in about 3 minutes without executing any operation.

2 Press and release the lower button **(A)** or the upper button **(C)** of the watch repeatedly to indicate [Timer].



3 Press the middle button **(B)** of the watch.

The watch shows the [Timer] display and the previous countdown time is indicated.



Here we change the countdown time to 25 minutes for example.

4 Press and release the lower button **(A)** repeatedly to change countdown time to [25 min].

- Countdown time changes continuously in 10-minute increments while you are pressing and holding one of the buttons.

5 Press the middle button **(B)** of the watch.

The hands of the watch start moving from 12 o'clock position and countdown timer starts.



- Press the middle button **(B)** of the watch to return to normal indication. The timer keeps countdown.

■ After finishing countdown

The watch vibrates and tell you time is up.

To cancel countdown

Countdown of the timer continues even after switching screen. To cancel it, follow the steps below.

- 1 Call the [Timer] display by executing steps 1 - 3 of "Using the timer" (→ page 19).



- 2 Press the lower button (A) of the watch.

Countdown of the timer is paused.

- Press the lower button (A) of the watch again to restart.



- 3 Press the upper button (C) of the watch to reset the timer.

The timer's remaining time becomes [0 min] and countdown is ended.



- 4 Press the middle button (B) of the watch to finish the procedure.

The watch returns to normal indication.

- The countdown time set is kept.
- Pressing the upper button (C) at step 3 above updates countdown time.

Bluetooth wireless technology

Regulatory concerning to Bluetooth (Areas where Bluetooth is available)

Use of the Bluetooth communication technology is not legally permitted in some countries or regions.

- Using this watch in a country where it is not permitted may be punished under its law.
- Communication using Bluetooth may be monitored intentionally or accidentally. Do not use this watch for important communication or any communication involving human lives.

For details of Bluetooth, see the following items.

https://www.citizenwatch-global.com/support/pdf/bluetooth_restrictions.pdf



Specifications

Model	YF30	
Type	Analog-digital combination smart watch	
Display functions	Display section	Hour, minute
	Display section	Indicates various functions permanently
Duration	About 2 weeks - 4 weeks (vary depending on conditions of use)	
Battery	Rechargeable cell (lithium ion cell), 1pc.	
Additional functions	<ul style="list-style-type: none"> • Connection function (through the dedicated app) • Vibration function (for alarm and so on, setting through the dedicated app) • Activity monitor function • Heart rate measurement function • Blood oxygen level measurement function • Alexa • Riiiver function • Indications based on functions equipped with the watch: Steps/time and achievement of each type of workout/heart rate/calorie consumption/hours of sleep notification of incoming calls/notification from apps/move alerts stopwatch/timer Music control weather/temperature/chance of rain second time zone (local time)/date and days-of-week indication assigning functions to buttons/editing watch faces Searching the smartphone 	

Specifications and contents are subject to change without prior notice.