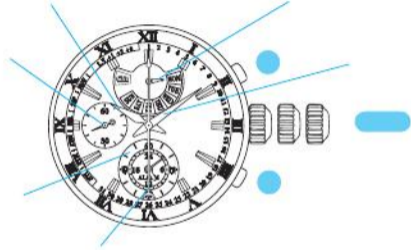


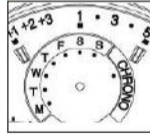
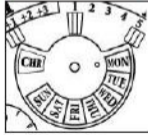
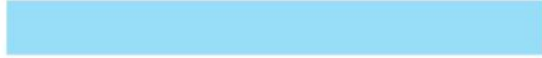
用法說明

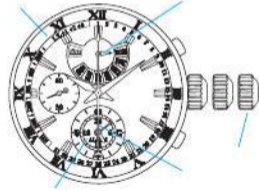
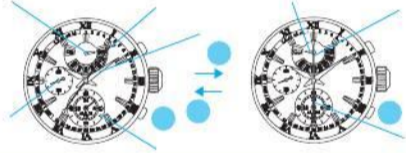
頁

閣下現在已經擁有一隻，機件編號為 \_\_\_\_\_ 的精工牌指針式石英錶。在使用您的精工牌指針式石英錶以前，務請注意閱讀這本小冊子中的各項說明，並請將手冊妥加保管，以便隨時參考。





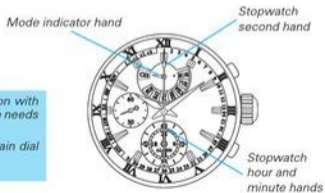




## ● How to check the position of the hands

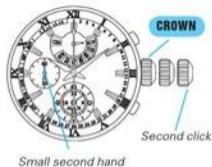
In the STOPWATCH mode, after resetting the stopwatch, check the position of each hand, referring to the table below:

Name of hand	Correct position
Stopwatch hour and minute hands (Alarm hour and minute hands)	0:00
Stopwatch second hand (Calendar hand)	0 second position
Mode indicator hand (Day hand)	CHR position



- \* When using the watch in a location with a different time zone, only the time needs to be set.
- \* It is necessary to set both the main dial time and the alarm sub-dial time.

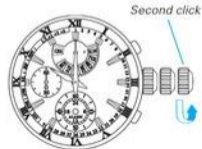
## ● Time settings for main dial and alarm sub dial



**CROWN**

Pull out to second click when the small second hand is at the 12 o'clock position. The small second hand will stop immediately.

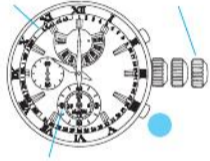
- \* If the crown is pulled out while the stopwatch is counting, the stopwatch will be automatically reset.
- \* If the crown is pulled out while the alarm is set, the alarm will be automatically canceled.
- \* This operation can be performed both in the CALENDAR/ALARM mode and STOPWATCH mode.

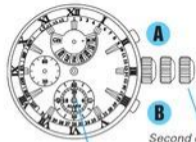


**CROWN**

Turn to set the main dial time.

- \* It is recommended that the hands be set to a time a few minutes ahead of the current time, taking into consideration the time required to complete the time setting for alarm sub dial, after which the crown is to be pushed in.





A

**A** Press for 5 seconds.

▼ The hands of the alarm sub dial at the 6 o'clock position move forward until they point at the 0 second position and stop. Now the hands of the alarm sub dial show the 0 positions of the stopwatch hour and minute hands.

B

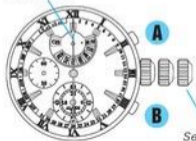
**B** Press to set the stopwatch hour and minute hands to the 0:00 position.

The hands move quickly if the button B is kept pressed.

Second click

Stopwatch hour and minute hands

Stopwatch second hand



A

**A** Press once. The stopwatch second hand turns a full circle.

▼ **B** Press to set the stopwatch second hand to the 0 position.

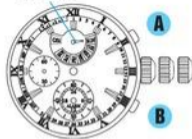
The hand moves quickly if the button B is kept pressed.

B

Second click

*\* When adjusting the position of the hand, the hands can only be advanced in the clockwise direction.*

Day hand



A

**A** Press once. The day hand completes one revolution.

▼ **B** Press to set the day hand pointing at the Monday indicator.

The hands move quickly if the button B is kept pressed.

- To adjust the position of the day hand, advance the day hand until it points at the dot "●" beside the Monday indicator passing through the blank area.

B

The position of each hand can be readjusted in the following order by pressing the button A.

STOPWATCH  
hour and minute hands

STOPWATCH  
second hand

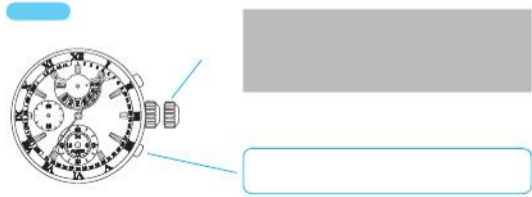
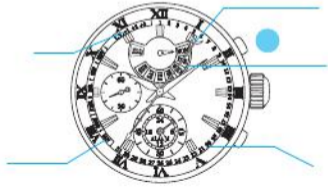
Day hand

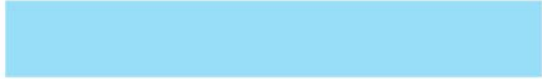
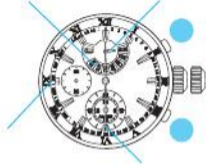
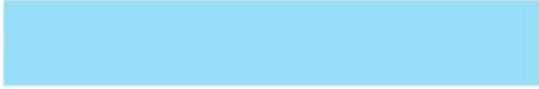
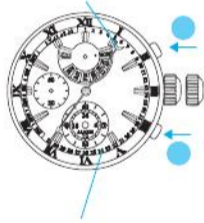
CROWN

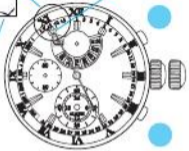
After all the adjustments are completed, push in to normal position.

**[ IMPORTANT ]**

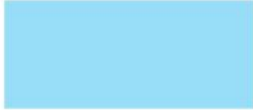
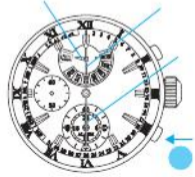
After the positions of the hands are adjusted, make sure that the main dial time and the alarm sub-dial time are both reset.

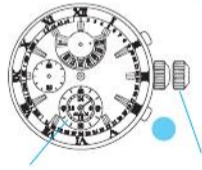
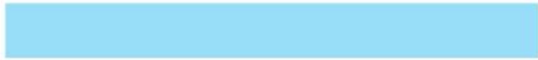


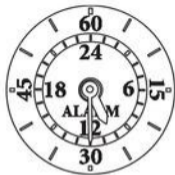










**B** Press to set the alarm time.

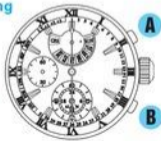


- \* With each pressing of the button B, the alarm sub-dial time advances by one minute.
- \* The hands move quickly if the button B is kept pressed.
- \* The alarm hands stop when they indicate the current time.
- \* If the alarm time is set to the current time, the alarm cannot be set.

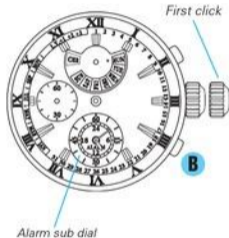
**CROWN** After alarm time setting is completed, push in to normal position.

### ● How to stop the alarm manually while sounding

- ◆ The alarm sounds for 20 seconds at the designated time.
- ◆ To stop the alarm manually while sounding, press either button A or B.
- \* The alarm will be automatically canceled once it sounds at the designated time.



### ● How to change the alarm time, which has already been set



**CROWN** Pull out to first click in the CALENDAR/ALARM mode.



- \* Upon doing this, the set alarm time is automatically canceled, and the alarm sub-dial time changes to indicate the current time.

**B** Press to set a new alarm time.



- \* With each pressing of the button B, the alarm sub-dial time advances by one minute.
- \* The hands move quickly if the button B is kept pressed.

**CROWN** After alarm time setting is completed, push in to normal position.

