

Features



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Eco-Drive



English

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Before use

Part names



The illustrations in this instruction manual may differ from the actual appearance of your watch.

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Checking the battery

Confirm the movement of the second hand to check the battery.

The second hand is moving at 1-second intervals.

The second hand is moving at 2-second intervals or has stopped.

Charge the battery. (→ page 6)

Adjust the time and calendar.

- Setting the time (→ page 18)
- Setting the calendar (→ page 24)

Start using the watch!

5

Charging the battery

Charging the battery

This watch has a battery which is charged by exposing the dial to light such as direct sunlight or fluorescent lamps.

To obtain the best performance

- Expose the dial to direct sunlight for several hours at least once a month.
- After taking off the watch, put it where the dial is exposed to bright light, such as by a window.
- Before storing the watch in a dark place for an extended period of time, fully charge the battery.

When the watch is covered with long sleeves, for example, the battery may not be charged sufficiently. Try to keep the watch exposed to light even when wearing the watch.

Do not charge the battery at a high temperature (about 50°C/122°F or higher).

When the battery becomes short of power—Insufficient charge warning function

When the battery becomes short of power, the second hand moves once every two seconds—insufficient charge warning function. Charge the battery by exposing the dial to light.



- After the battery is charged for a while, the second hand will move normally.
- If you have not charged the battery for four days or more since the warning movement began, the battery will run out and the watch will stop.

While the function is activated...

You cannot use any mode other than [TME]. (→ page 12)
 The settings of the other modes are initialized. (→ page 37)
 The mode automatically changes to [TME] as the function is activated.

Charging the battery

■ Charging time

Below are the approximate values for when exposing the dial to light continuously.
Use the table below only as a reference.

Illuminance (Lx)	Environment	Charging time to work for one day (approx.)	Charging time to start working normally when the battery is empty (approx.)	Time for charging fully when the battery is empty (approx.)
500	Interior lighting	4 hours	—	—
1,000	60-70 cm (24-28 in.) under a fluorescent lamp (30 W)	2 hours	—	—
3,000	20 cm (8 in.) under a fluorescent lamp (30 W)	45 minutes	7.5 hours	—
10,000	Under cloudy weather	12 minutes	2.5 hours	80 hours
100,000	Under direct sunlight in summer	3 minutes	50 minutes	16 hours

Battery duration after fully charging (without further charging)	About 8 months
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<After the battery is fully charged—Overcharge prevention function>

After the battery is fully charged, charging automatically stops to prevent overcharging, which may damage the battery, or affect the accuracy, functions, and performance of the watch.

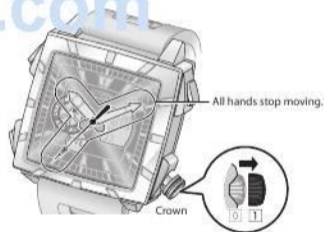
Eco-Drive

This watch has the "Eco-Drive" system, which converts light into electrical energy using the solar cell beneath the dial. The system makes you free from care of battery replacement and is environment-friendly as no battery disposal is required.

Power saving function

<When leaving the watch unused for an extended period of time>

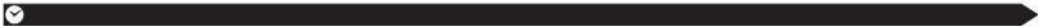
Pull out the **crown** to position **1**. All hands stop moving and the battery power is saved further.



To cancel the function

Expose the dial to light or press any button.





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World time function

■ The table of city names

City code	City name	Time difference	City code	City name	Time difference
UTC	Coordinated Universal Time	±0	KHI	Karachi	+5
LON	London		DEL	Delhi	+5.5
PAR	Paris	+1	DAC	Dhaka	+6
ROM	Rome		BKK	Bangkok	+7
CAI	Cairo	+2	SIN	Singapore	+8
MOW	Moscow	+3	HKG	Hong kong	
THR	Tehran	+3.5	BJS	Beijing	
DXB	Dubai	+4	TYO	Tokyo	+9

The period of daylight saving time, time difference and city names may change depending on the situation of each country.

City code	City name	Time difference	City code	City name	Time difference
ADL	Adelaide	+9.5	MEX	Mexico City	-6
SYD	Sydney	+10	CHI	Chicago	
NOU	Noumea	+11	NYC	New York	-5
AKL	Auckland	+12	YMQ	Montreal	
HNL	Honolulu	-10	SCL	Santiago	-4
ANC	Anchorage	-9	BUE	Buenos Aires	-3
LAX	Los Angeles	-8	RIO	Rio de Janeiro	
DEN	Denver	-7			



English



SMT

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SMT





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P

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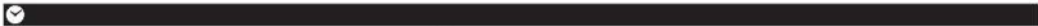
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Setting the time



- 1. Pull out the crown to position 1** when the second hand points to the 0 second position. All hands stop moving. You can adjust the time of the analog section now.





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SPL

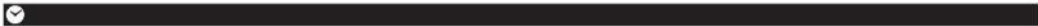


SPL



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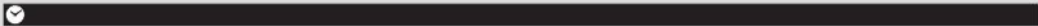


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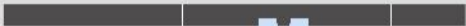
14:58

15M

14:58



English



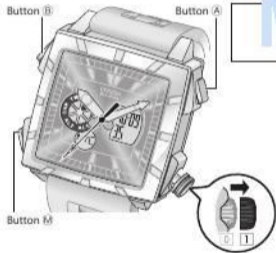
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Precautions

- DO NOT place the watch nearby household appliances generating static electricity. Timekeeping may become inaccurate if the watch is exposed to such strong static electricity as that which is emitted from a TV screen.
- DO NOT apply any strong shock, for example, by dropping it onto a hard floor.
- Avoid using the watch where it may be exposed to chemicals or corrosive gases. If solvents, such as thinners or benzine, or substances containing such solvents come into contact with the watch, discoloration, melting, cracking, etc. may occur. The case, band, or other parts may become discolored if the watch comes into contact with mercury, such as that used in thermometers.

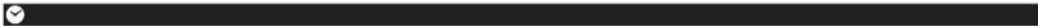
Maintenance

Daily maintenance

- Rotate the crown while it is pressed in (position **0**) and press the buttons periodically so that they will not be rusty.
- Wipe off dirt, perspiration, and water from the case and glass with a soft cloth.
- To clean a metal, plastic, or rubber watchband, wash away dirt with water. Use a soft brush to remove dust and dirt stuck in the gaps in a metal band.
- Do not use solvents (thinner, benzine, etc.), as they may damage the finish.

Periodical inspections

Your watch needs an inspection once every two or three years for safety and longer usage. To keep your watch water-resistant, the packing needs to be replaced regularly. Other parts need to be inspected and replaced if necessary. Ask for genuine Citizen parts upon replacement.



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