
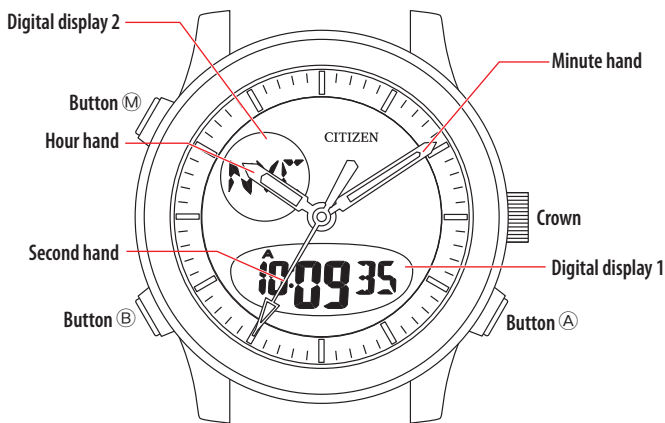


- To see details of specifications and operations, refer to the instruction manual:  U010 instruction manual

Component identification



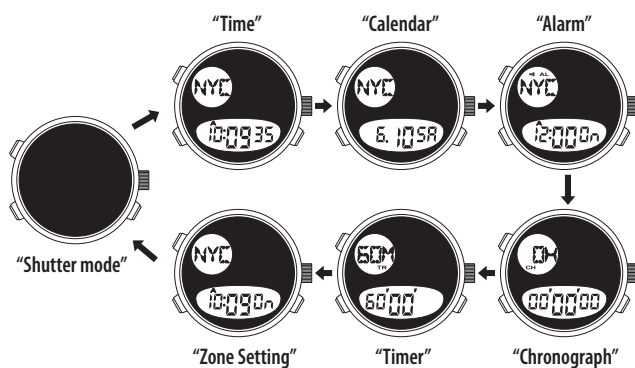
- Actual appearance may differ from the illustration.
- Refer also to our web page for detail of usage of the scale and bezel on the watch. (<http://www.citizenwatch-global.com/support/pdf/enhanced/e.pdf>)

Changing the mode

This watch features seven different modes (functions): “Time”, “Calendar”, “Alarm”, “Chronograph”, “Timer”, “Zone Setting” and “Shutter mode”.

1. Press and release the upper left button (M) repeatedly.

Each time you press the button, the mode changes as below:



Using EL lights

The EL lights are turned on when you press button (A) while the crown is pushed in and the mode is [Time], [Calendar] or [Zone Setting].

- The lights are also turned on when pressing button (A) or (B) during time measurement using the chronograph.

Setting the time

Setting the time of the analog section

- Pull out the crown when the second hand points 0 second.**
The second hand stops.
- Rotate the crown to set the time.**
 - Move the hands 4 or 5 minutes forward and move them back to the right time to set the time more precisely.
- Push in the crown in accordance with a reliable time source to finish the procedure.**
The second hand starts moving.

Setting the time of the digital section

- Press button (M) to cancel setting of the time of the digital section.
- The setting is automatically canceled in about 2 minutes without any operation during the setting.

1. Press and release the upper left button (M) repeatedly to change the mode to “Time”.

2. Press and release the lower left button (B) repeatedly to indicate an area name you want on the digital display 2.

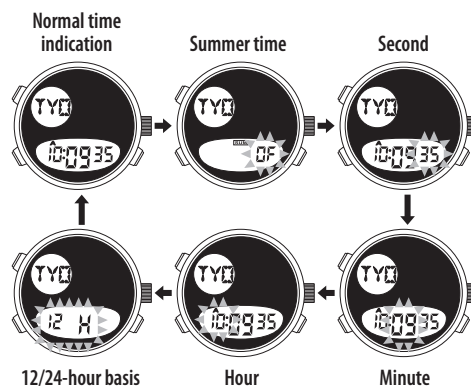
- For area names, refer to the table on “Using the world time”.

3. Press and hold the lower left button (B) for about 2 seconds.

- [SUM] and [On] or [OF] starts blinking and the time becomes adjustable.
- The blinking part is the target to adjust.

4. Press and release the lower left button (B) repeatedly to change the target to be set.

- Each time you press button (B), the target changes as follows:



5. Press and release the lower right button (A) to adjust the target.

- Press button (A) in accordance with a reliable time source when setting the second.
- Pressing and holding button (A) changes indication continuously when setting the minute and the hour.
- “A” or “P” is displayed to indicate AM or PM in 12-hour basis indication.

6. Repeat steps 4 and 5 to set other targets.

7. Press and release the upper left button (M) to finish the procedure.

Setting the calendar

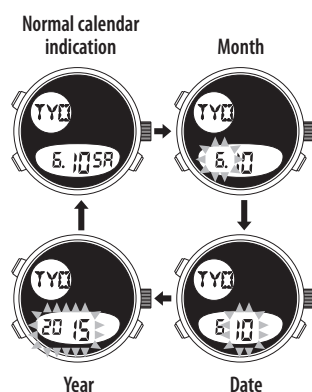
The calendar of this watch does not have to be adjusted manually until Thursday, December 31, 2099 including leap years. (perpetual calendar)

- Press button **M** to cancel setting of the calendar.
- The setting is automatically canceled in about 2 minutes without any operation during the setting.

1. Press and release the upper left button **M** repeatedly to change the mode to "Calendar".
2. Press and release the lower left button **B** repeatedly to indicate an area name you want on the digital display 2.
 - For area names, refer to the table on "Using the world time".
3. Press and hold the lower left button **B** for about 2 seconds.

The month indication starts blinking and the calendar becomes adjustable.

 - The blinking part is the target to adjust.
4. Press and release the lower left button **B** repeatedly to change the target to be set.
 - Each time you press button **B**, the target changes as follows:



5. Press and release the lower right button **A** to adjust the target.
 - Pressing and holding button **A** changes indication continuously.
6. Repeat steps 4 and 5 to set other targets.
7. Press and release the upper left button **M** to finish the procedure.
 - The day of week is set automatically.

Using the world time

1. Press and release the upper left button **M** repeatedly to change the mode to "Time".
 - Choose "Calendar" to see calendar.
2. Press and release the lower left button **B** repeatedly to choose an area name on the digital display 2.

The time or calendar of the chosen area is indicated on the digital display.

Table of time zones and representative areas

- The time zone in the table is based on UTC (Coordinated Universal Time).
- Countries or regions may change time zones for various reasons.

Time zone	Area name	Representative area
0	UTC	Coordinated Universal Time
	LON	London
+1	PAR	Paris
	ROM	Rome
+2	CAI	Cairo
	IST	Istanbul
+3	MOW	Moscow
	KWI	Kuwait
+4	DXB	Dubai
+5	KHI	Karachi
+5.5	DEL	New Delhi
+6	DAC	Dhaka
+7	BKK	Bangkok
+8	SIN	Singapore
	HKG	Hong Kong
	BJS	Beijing

Time zone	Area name	Representative area
+9	TYO	Tokyo
+10	SYD	Sydney
+11	NOU	Noumea
+12	AKL	Auckland
-10	HNL	Honolulu
-9	ANC	Anchorage
-8	LAX	Los Angeles
-7	DEN	Denver
-6	CHI	Chicago
	MEX	Mexico City
-5	NYC	New York
	YUL	Montreal
-4	CCS	Caracas
-3	RIO	Rio de Janeiro
	BUE	Buenos Aires



Using the zone-set function

You can hide unnecessary ones in the 30 areas and UTC, which the watch can indicate the time of; you can also activate/deactivate summer time for those areas separately.

- Press button **M** to cancel setting.
- The setting is automatically canceled in about 2 minutes without any operation during the setting.

- 1. Press and release the upper left button **M** repeatedly to change the mode to "Zone Setting".**
- 2. Press and release the lower left button **B** repeatedly to choose an area name on the digital display 2.**
 - Pressing and releasing button **A** while Pressing and holding button **B** also change the area name indication.
- 3. Press and hold the lower left button **B** for about 2 seconds.**
"On" or "OF" (off) and the area name starts blinking and display/hide of the area becomes adjustable.
- 4. Press and release the lower right button **A** to select "On" (display) or "OF" (hide) of the area.**
- 5. Press and release the lower left button **B**.**
"On" or "OF" (off) and "SUM" (summer time) starts blinking and the summer time setting becomes adjustable.
- 6. Press and release the lower right button **A** to set the summer time.**
- 7. Repeat steps 2 to 6 to set other areas.**
- 8. Press and release the upper left button **M** to finish the procedure.**

Resetting the watch — All Reset

- 1. Pull out the crown.**
- 2. Press and release buttons **A**, **B** and **M** at the same time.**
All the digital indication lights up.
- 3. Push in the crown.**
The alarm sounds and the digital indication is turned off.

After All Reset

After All Reset, set the time and calendar and other settings. Set also the alarm.

