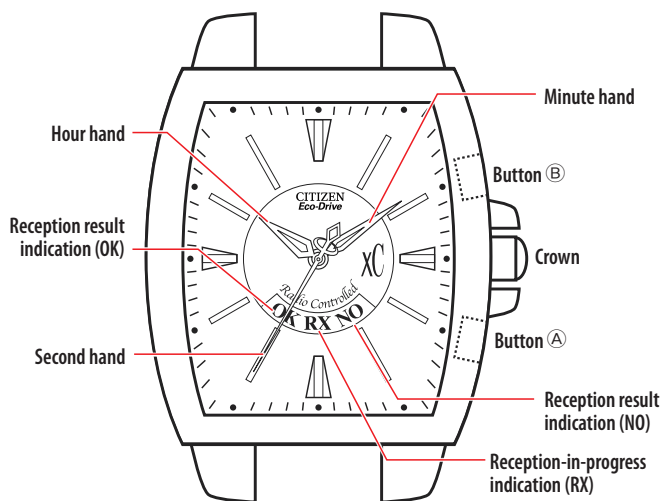


- This watch is solar-powered. Expose the dial to light and use it sufficiently charged.
- To see details of charging time, specifications and operations, refer to the instruction manual:  H380 instruction manual

## Component identification



- Actual appearance may differ from the illustration.

## Checking the signal reception result

- This watch receives time signals from the China station every day to adjust time automatically.

### 1. Push in the crown.

### 2. Press and release the lower right button (A).

The second hand moves to indicate the result of the last reception.

| Indication | Reception result              |
|------------|-------------------------------|
| OK         | The reception was successful. |
| NO         | The reception failed.         |

- Try signal reception following the steps in [Receiving the signal manually \(on-demand reception\)](#) if the last reception failed.

### 3. Press and release the lower right button (A) to finish the procedure.

The indication returns to current time.

- It returns to current time indication automatically in about 10 seconds without pressing the button.

## Receiving the signal manually (on-demand reception)

- It takes 2-15 minutes to finish reception.

### 1. Push in the crown.

### 2. Press and hold the lower right button (A) for 2 seconds or more.

The second hand points "RX" and signal reception starts. The second hand returns to normal movement after finishing reception.

|                          |                                                                |
|--------------------------|----------------------------------------------------------------|
| Reception was successful | The time will be updated.                                      |
| Reception failed         | The time is not corrected and the previously set time resumes. |

- Press and hold button (A) for 2 seconds or more to cancel reception.

## Adjusting the time manually

### 1. Pull out the crown.

The second hand points 0 second.

### 2. Rotate the crown to adjust time.

- When you rotate the crown quickly a few times, the hands will move continuously. To stop the rapid movement, rotate the crown in either direction.

### 3. Push in the crown in accordance with a reliable time source to finish the procedure.

## Setting the time difference

You can indicate time in a different time zone without adjusting time by setting time difference.

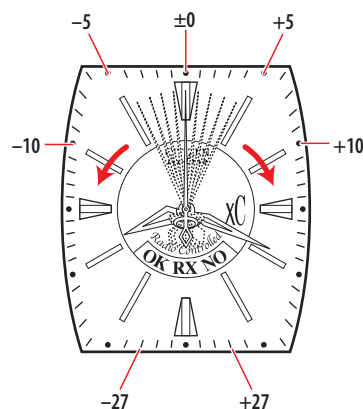
- You can set time difference in 1-hour increments in the range of  $\pm 27$  hours.

### 1. Push in the crown.

### 2. Press and release the upper right button (B).

The second hand shows the time difference currently set.

### 3. Rotate the crown to set the time difference.



### 4. Press and release the upper right button (B) to finish the procedure.

The time with the time difference set is indicated and the second hand returns to normal movement.

- The hands return to normal movement automatically in about 60 seconds without pressing the button.

## Checking the reference position

1. Push in the crown.
2. Press and hold the upper right button **(B)** for about 5 seconds.

The hands start to move to the current reference positions stored in memory.

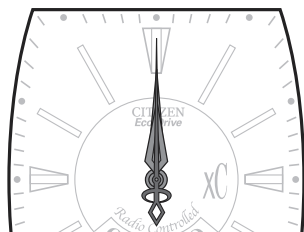
- Release the button as the second hand starts to move rapidly.

3. Check the reference position.

Correct reference positions:

- Hour, minute and second hands: 0 hour 00 minute 0 second

When the current reference position is different from the correct one, adjust the position following the steps of [Correcting the reference position](#).



4. Press the upper right button **(B)** to finish the procedure.

- It returns to current time indication automatically in about 2 minutes without any operation.

## Correcting the reference position

1. Push in the crown.
2. Press and hold the upper right button **(B)** for about 5 seconds.

The hands start to move to the current reference positions stored in memory.

- Release the button as the second hand starts to move rapidly.

3. Pull out the crown while the hands move to the current reference position.

- After pulling out the crown, wait until all the hands stop moving.

4. Rotate the crown to adjust the hands.

- When you rotate the crown quickly a few times, the hands will move continuously. To stop the rapid movement, rotate the crown in either direction.

5. Push in the crown.

6. Press the upper right button **(B)** to finish the procedure.

- It returns to current time indication automatically in about 2 minutes without any operation.