
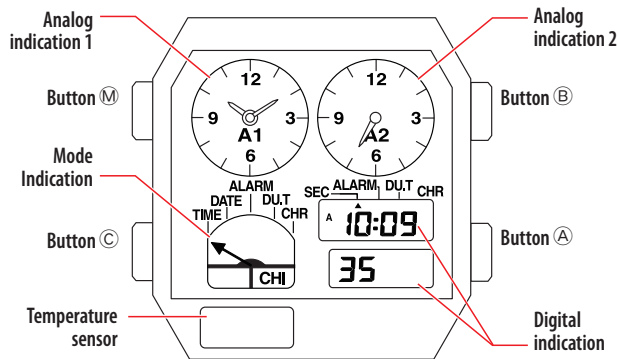


- To see details of specifications and operations, refer to the instruction manual:  8989 instruction manual

Component identification



- Actual appearance may differ from the illustration.

Using the light

- Press the lower left button **C**.
The light turns on.

Changing indication of the analog indication 2

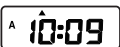

- Press and release the upper left button **M** repeatedly to change the mode to any one other than [CHR].
- Press and release the upper right button **B** repeatedly to change the indication.

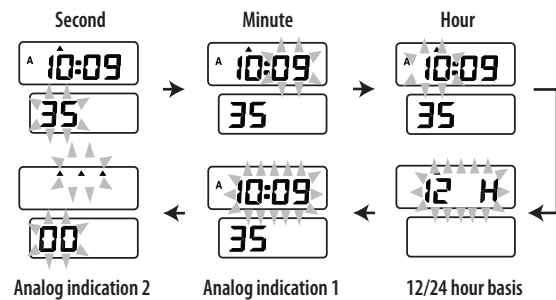
“▲” on the digital indication shows the current indication of the analog indication 2.



▲	Indication
SEC	The “second” of the time of the mode [TIME]
ALARM	The “hour” of the alarm time set
DU. T	The “hour” of the dual time

Setting the time

- Press and release the upper left button **M** repeatedly to change the mode to [TIME].
- Press and hold the upper right button **B** for 2 seconds or more.
The “second” on the digital indication starts blinking and becomes adjustable. 

- Press the lower right button **A** in accordance with a reliable time source.
- Press and release the upper right button **B** repeatedly to change the target to be set.
 - Each time you press the button, the target changes as follows:



- Press and release the lower right button **A** to adjust the target.
 - Pressing and holding the button changes indication continuously when adjusting “hour” and “minute”.
 - “A” or “P” is displayed to indicate AM or PM in 12-hour basis indication.
 - When setting the analog indication 1, set it to the same time as that of the digital indication. Pressing and holding the button changes indication continuously.
 - When setting the analog indication 2, set its hand to the 12 o'clock position. Pressing and holding the button changes indication continuously. Pressing button **B** after setting the analog indication 2 finishes time setting.
- Repeat steps 4 and 5 to set other targets.
- Press and release the upper left button **M** to finish the procedure.



Setting the calendar

The calendar of this watch does not have to be adjusted manually until December 31, 2099 including leap years.

- The year and month are indicated only when setting the calendar.

1. Press and release the upper left button **(M)** repeatedly to change the mode to [DATE].
2. Press and hold the upper right button **(B)** for 2 seconds or more. The “month” on the digital indication starts blinking and becomes adjustable.
3. Press and release the upper right button **(B)** repeatedly to change the target to be set.
 - Each time you press the button, the target changes as follows:
Month → date → year
 - The day of week is set automatically.
4. Press and release the lower right button **(A)** to adjust the target.
 - Pressing and holding the button changes indication continuously.
5. Repeat steps 3 and 4 to set other targets.
6. Press and release the upper left button **(M)** to finish the procedure.

Using the dual time



You can see the time of another place in the [DU. T] (dual time) mode.

- You can adjust the dual time in 10-minute increments.

Indicating the dual time

1. Press and release the upper left button **(M)** repeatedly to change the mode to [DU. T].
“L” appears in the next of the second of the digital indication and the dual time is indicated.

Setting the time of the dual time

1. Press and release the upper left button **(M)** repeatedly to change the mode to [DU. T].
2. Press and hold the upper right button **(B)** for 2 seconds or more. The “hour” on the digital indication starts blinking and becomes adjustable.
3. Press and release the lower right button **(A)** to adjust the hour.
 - Pressing and holding the button changes indication continuously.
4. Press and release the upper right button **(B)**. The tens digit of the “minute” on the digital indication starts blinking and becomes adjustable.
5. Press and release the lower right button **(A)** to adjust the minute.
 - Pressing and holding the button changes indication continuously.
6. Press and release the upper left button **(M)** to finish the procedure.

Resetting the watch - All Reset

1. Press and release button **(A)**, **(B)**, **(C)** and **(M)** at the same time.

The alarm sound and all reset is executed.

After All Reset

After All Reset, set the time and calendar and other settings.

