



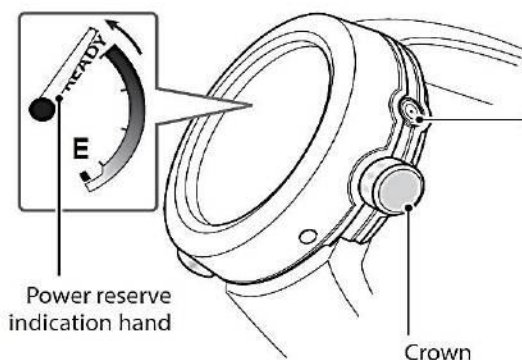
Below are the approximate charging times when exposing to light continuously. Please use this table as a reference only.

Charging time by environment		Charging time (approx.)		
Environment	Illuminance (lx)	To work for one day	To start working normally when the cell is discharged	To become fully charged when the cell is discharged
Outdoors (sunny)	100 000	3 minutes	2 hours	35 hours
Outdoors (cloudy)	10 000	11 minutes	3.5 hours	80 hours
20 cm (8 inches) away from a fluorescent lamp (30W)	3 000	40 minutes	8 hours	280 hours
Interior lighting	500	4 hours	50 hours	–

Water depth measurement

Starting measurement

This watch automatically starts water depth measurement as the wearer enters the water.



Water sensor

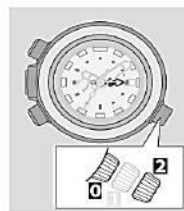
When the water sensor is in contact with water for about 2 seconds, the power reserve indication hand points to “READY” and the water pressure sensor starts water depth measurement.

Make sure that the watch is not wet before operating the crown or any buttons.

Checking and correcting the reference position

Correct the hands and indication to make them show their correct reference positions.

- Adjust the time after correcting the reference position.



1 Check the power reserve indication.

- Charge if the power reserve level is lower than “2”.

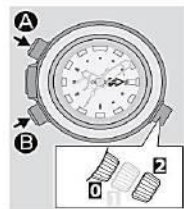
2 Pull the crown out to position 2.

The watch stops and the water depth hand and maximum water depth hand move to their current reference positions.

- The power reserve indication hand points to “READY” after quivering.

3 Press and hold the lower left button B for 2 seconds or more.

The water depth hand moves to the 10-second position and the maximum water depth hand becomes ready to have its reference position adjusted.



4 Press and release the upper left button A.

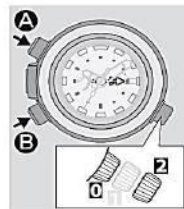
Each time you press and release upper left button A, the hand moves by 1 step.

- The hand moves continuously while you are pressing and holding the button.

5 Press and release the lower left button B to change the hand to be corrected.

The maximum water depth hand moves to the 10-second position and the water depth hand becomes ready to have its reference position adjusted.

- Each time you press and release the lower left button B, the target hand is switched.

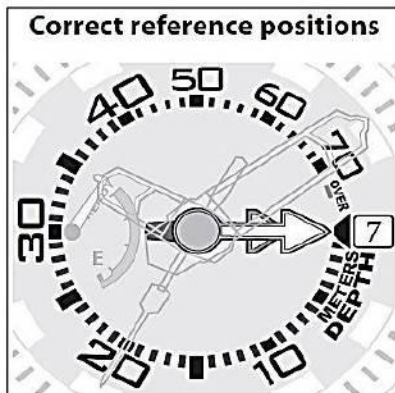


6 Press and release the upper left button A.

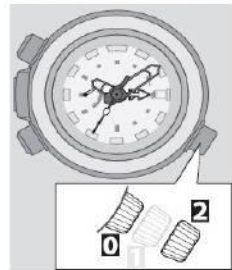
Each time you press and release upper left button A, the hand moves by 1 step.

- The hand moves continuously while you are pressing and holding the button.

7 Push the crown in to position 0 to finish the procedure.



Setting the time



1 Pull the crown out to position 2 as the second hand points 0 second.

The watch stops and the water depth hand and maximum water depth hand move to their reference positions.

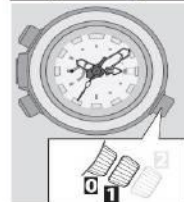
- The power reserve indication hand points to “READY” after quivering.

2 Rotate the crown to set the time.

- Pay attention to whether the time set is AM or PM.
- Date indication starts to change as the setting passes 10PM. Rotating the crown counter-clockwise does not turn back the date indication.

3 Push the crown in to position 0 in accordance with a reliable time source to finish the procedure.

Adjusting the calendar



1 Pull the crown out to position 1.

2 Rotate the crown clockwise to set the date.

3 Push the crown in to position 0 to finish the procedure.