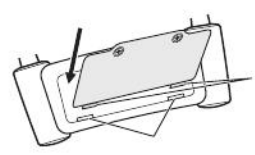
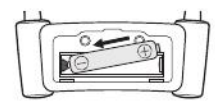
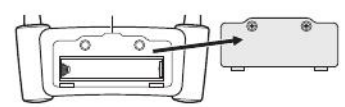
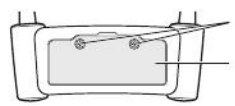
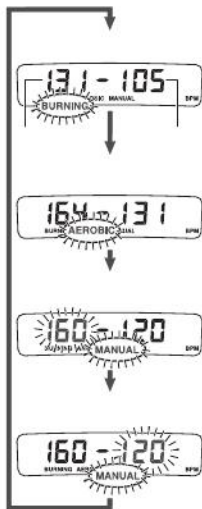


49



131 - 105
BURNING AEROBIC MANUAL BPM

30 AGE



MALE

100%
W

SE ?

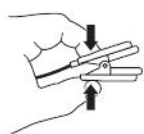
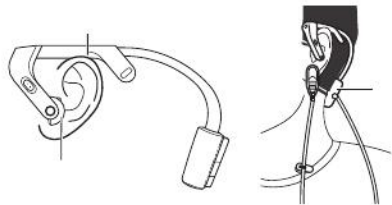
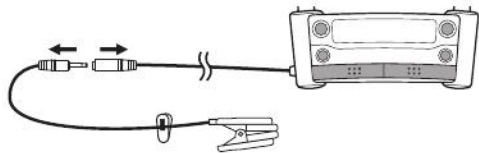
60 REST BPM

9

16

19

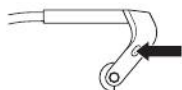
60 9



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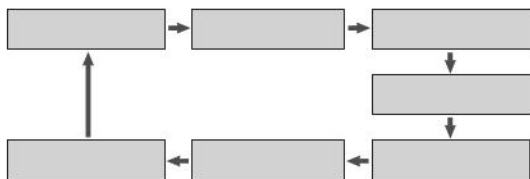




260 kcal

125 (AVG) (BPM)	
135 (MAX) (BPM)	
SE T	

oz 9
lb



260 kcal	
BURNING 13 g	
TOTAL 0:43	
TARGET 0:31	

