

SEIKO

QD-1-0

Printed in Japan

DIGITAL TYPE Cal. A354
CALENDAR ALARM

SEIKO QUARTZ

INSTRUCTIONS
INSTRUCCIONES GEBRAUCHSANWEISUNGEN
ISTRUZIONI INSTRUÇÕES 用法説明

SEIKO LC DIGITAL QUARTZ CALENDAR ALARM

Cal. A354

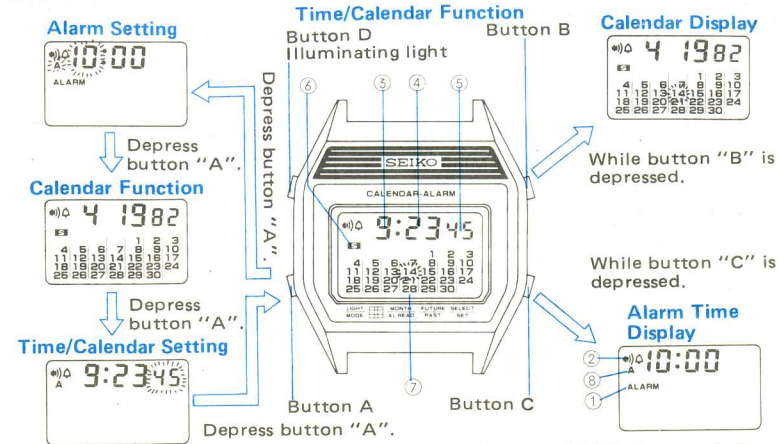
CHARACTERISTICS

- 1. Time and calendar display:** Hour (12 hour indication), minute, second and the monthly calendar of the present month (the present date is flashing).
- 2. Monthly calendar display:** Month, year and date for the designated month are displayed (with Sunday mark). The Monthly calendar can be displayed for any desired month within the 200 year period January, 1900 to December, 2099.
- 3. Alarm display:** Hour (12 hour indication), minute, and "A" (A.M.)/"P" (P.M.). The alarm can be set to ring at any desired hour and minute.
- 4. Hourly time signal and quarter-hour signal:** The time signal can be set to ring every hour on the hour and the quarter-hour signal can be set to ring every fifteen minutes.
- 5. Water resistant:** When "WATER RESISTANT" is shown on the back of your watch case, the watch is water resistant.
- 6. Battery life indicator:** All the digits in the display start flashing when the battery life nears its end.
- 7. Illuminating light:** Illuminates the displays in the dark.
- 8. Battery:** Use a miniature battery, U.C.C. 391 or Maxell SR1120W.

ENGLISH



HOW TO USE DISPLAY AND BUTTON OPERATION



* In the alarm setting or the calendar function, if button "A" is depressed after using button "B" or "C", the time/calendar function will return.

English 3

- ① Alarm mark (ALARM)
- ② Hourly time signal mark (⏰) or Quarter-hour signal mark (⏱)

	③	④	⑤	⑥	⑦	⑧
Time/Calendar Function	12 hr. indication	Minute	Second	Sunday mark	Date	—
Calendar Display	Month	Year		Sunday mark	Date	—
Alarm Setting/ Alarm Time Display	12 hr. indication	Minute	—	—	—	A (A.M.)/ P (P.M.)
Calendar Function	Month	Year		Sunday mark	Date	—
Time/Calendar setting	12 hr. indication	Minute	Second	—	—	A (A.M.)/ P (P.M.)
	Month	Year		—	Date	—

TIME/CALENDAR FUNCTION

Calendar display

Month **4** 1982 Year

4 5 6 7 8 9 10
11 12 13 14 15 16 17
18 19 20 21 22 23 24
25 26 27 28 29 30

Date (flashing)

While button "B" is depressed.

Button B
The year, month and monthly calendar of present month are displayed while button "B" is depressed.

Button C
The alarm time set is displayed while button "C" is depressed.

While button "C" is depressed.

Alarm Time Display

A (A.M.)/P (P.M.) mark **A** 10:00
Alarm mark **ALARM**

Time/Calendar Function

Second
Minute
Hour

Hourly time signal mark or Quarter-hour signal mark

Sunday mark (indicator)

SEIKO
CALENDAR-ALARM

9:23 45

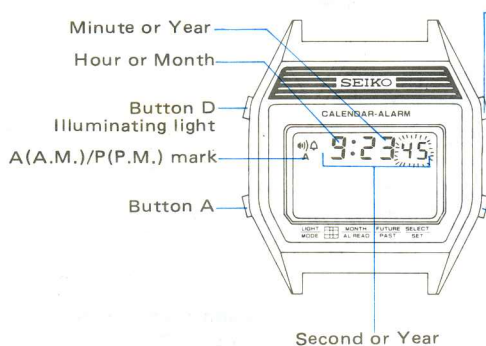
4 5 6 7 8 9 10
11 12 13 14 15 16 17
18 19 20 21 22 23 24
25 26 27 28 29 30

LIGHT MONTH FUTURE SELECT
MODE ALREADY PAST SET

TIME/CALENDAR SETTING

From the time/calendar function depress button "A" three times and the time/calendar setting is activated. The second digits start flashing.

Time/calendar setting



Button B
Selection of the digits (flashing) to be adjusted is made in the following order by depressing button "B".

→Second→Minute→Hour
(A(A.M.)/P(P.M.) mark)
↓
Date ← Month ← Year

Button C
One digit (flashing) is advanced by each depression of button "C". The digits are automatically advanced by depressing button "C" continuously. However, the seconds are reset to "00" and start immediately.

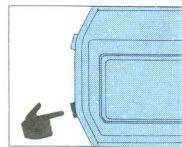
HOW TO SET THE TIME AND CALENDAR

SECOND
SELECT

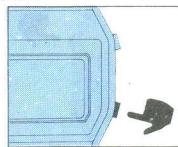
SET

MINUTE
SELECT

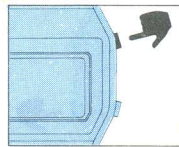
SET



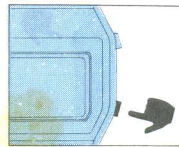
From time/calendar function depress button "A" three times and the time/calendar setting is activated. The second digits start flashing.



Depress button "C" in accordance with a time signal. Then the seconds are reset to "00" and start immediately.*



Depress button "B". The minute digits start flashing.



One digit (minute) is advanced by each depression of button "C". The digits are automatically advanced by depressing button "C" continuously.

* When the seconds count any numbers from "30" to "59" and the button "C" is depressed, one minute is added and the seconds are immediately reset to "00".

Remarks: The illustrations show how Wednesday, 9:23:45 A.M., April 14, 1982 is changed to Saturday, 4:25:00 P.M., July 7, 1983.

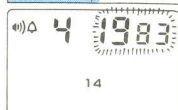
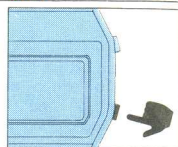
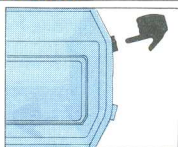
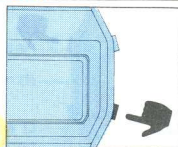
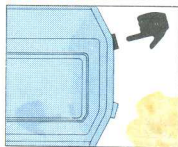
HOUR → **YEAR**

SELECT

SET

SELECT

SET



Depress button "B". The hour digit and "A" (A.M.) start flashing.

One digit (hour) is advanced by each depression of button "C". The digits are automatically advanced by depressing button "C" continuously.

Depress button "B". The year, month and date digits are displayed, and the year digits start flashing.

One digit (year) is advanced by each depression of button "C". The digits are automatically advanced by depressing button "C" continuously.

MONTH

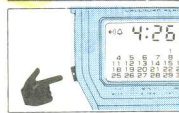
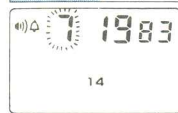
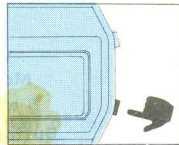
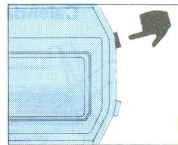
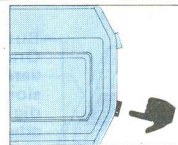
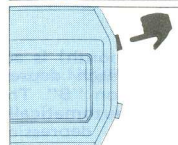
SELECT

SET

DATE

SELECT

SET



Depress button "B". The month digit starts flashing.

One digit (month) is advanced by each depression of button "C". The digits are automatically advanced by depressing button "C" continuously.

Depress button "B". The date digits start flashing.

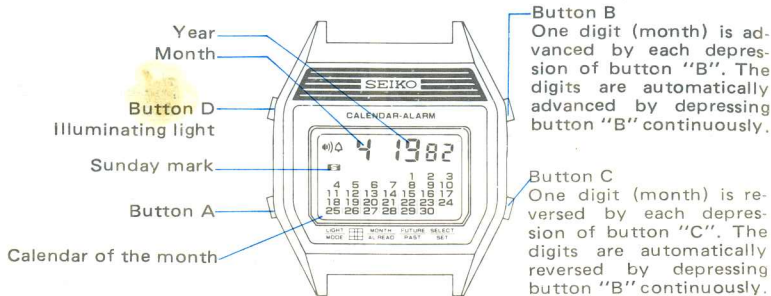
One digit (date) is advanced by each depression of button "C". The digits are automatically advanced by depressing button "C" continuously.*

* After all adjustments are completed, depress button "A" to return to the time/calendar function. If button "A" is not depressed the time/calendar function will automatically return within 2 minutes.

CALENDAR FUNCTION

From the time/calendar function depress button "A" twice and the monthly calendar is displayed. It can be displayed for any desired month within the 200 year period from January, 1900 to December, 2099.

Calendar Function

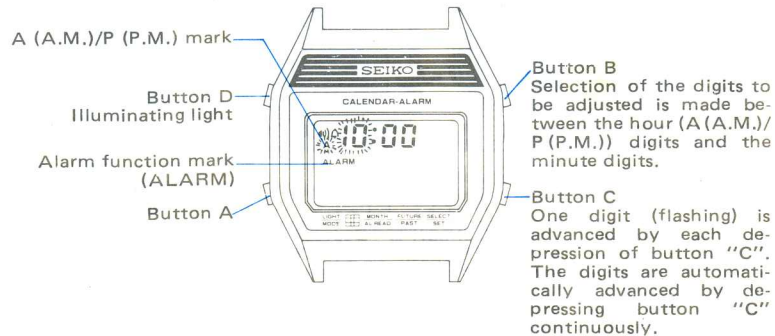


* After the year 2099 ends, the monthly calendar display automatically changes to January, 1900.

* After returning to the time/calendar function the monthly calendar will return to the present month.

ALARM SETTING

From the time/calendar function depress button "A" once and the alarm setting is activated. The hours digits start flashing.



HOW TO SET THE ALARM TIME

HOUR (A.M./P.M.)



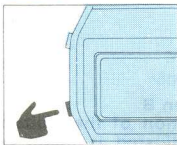
MINUTE

SELECT

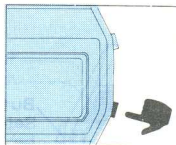
SET

SELECT

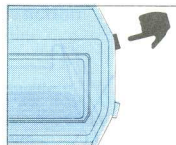
SET



From the time/calendar function depress button "A" once and the alarm setting is activated. The alarm function mark is displayed, and the hour digit and "A" (A.M.)/"P" (P.M.) start flashing.

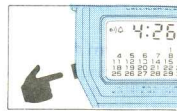
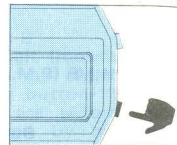


One digit (hour) is advanced by each depression of button "C". The digits are automatically advanced by depressing button "C" continuously.



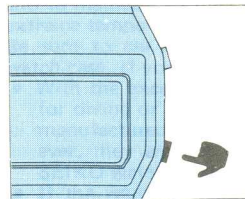
Depress button "B". The minute digits start flashing.

Depress button "C" continuously. After all adjustments are completed, depress button "A" to return to the time/calendar function.



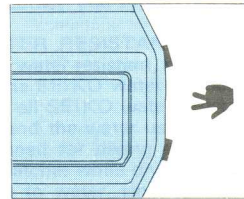
One digit (minute) is advanced by each depression of button "C". The digits are auto-

HOW TO STOP THE ALARM



The alarm will ring for 10 seconds. However, the alarm can be stopped manually by depressing button "B" or "C".

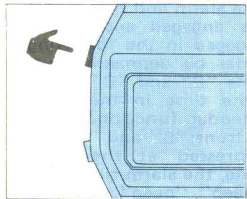
ALARM AND TIME SIGNAL ENGAGING AND DISENGAGING/ALARM TEST



The alarm and time signal are engaged and/or disengaged in the following order by depressing buttons "B" and "C" at the same time in the time/calendar function. When buttons "B" and "C" are depressed at the same time, the alarm rings with "peep", "peep".

Mark	Alarm	Hourly time signal	Quarter-hour signal
☹	Engaged	Disengaged	
☹☺	Engaged	Engaged	Disengaged
☹☺☹	Engaged		
	Disengaged		

ILLUMINATING LIGHT



The illuminating light is activated by depressing button "D".

TO PRESERVE THE QUALITY OF YOUR WATCH

Your watch contains a highly precise electronic circuit and crystal oscillator and to maintain its high accuracy you should not subject it to violent shocks or extreme temperature.

Be sure to check if "WATER RESISTANT" is shown on the back of your watch case. If your watch is water resistant, please follow the instructions below.

- With the exception of the SEIKO water-resistant watches specially designed for diving or swimming, all SEIKO water-resistant watches are designed and manufactured to withstand the water usually expected in daily living. However, they are not designed for diving or swimming. Do not wear regular SEIKO water-resistant watches while diving or swimming.
- If the watch is exposed to water, rinse it in fresh water and then wipe it thoroughly dry.
- Do not depress any buttons when the watch is wet.
- Have your SEIKO watch checked by an AUTHORIZED SEIKO DEALER periodically to be sure that the case, button, gasket and crystal seal remain intact.

Note: If your watch is not water resistant, care should be taken not to get it wet as water may damage the module. If a non-water resistant watch becomes wet, we suggest that you have it checked by an AUTHORIZED SEIKO DEALER to be sure that no watch damage occurred.

BATTERY CHANGE

The miniature battery (U.C.C. 391 or Maxell SR1120W) which powers your watch should last approximately two years. However, because it is inserted at the factory, the actual life of the battery once in your possession may be less than two years. The battery needs to be replaced when you see all the digits in the display flashing. However, the watch will remain accurate while all the digits in the display are flashing. When replacing the battery, we recommend that you contact an **AUTHORIZED SEIKO DEALER**.

Note: If use of the light is more frequent than 5 times a day and the alarm is used more than once a day, the battery life may be less than the specified period.

MONTRE SEIKO QUARTZ A AFFICHAGE NUMERIQUE PAR CRISTAUX LIQUIDES AVEC CALENDRIER ET SONNERIE

Cal. A354

CARACTERISTIQUES

1. **Affichage de l'heure et du calendrier:** En heures (cycle de 12 heures), minutes, secondes et calendrier mensuel du mois en cours (le chiffre de la date y clignote).
2. **Affichage de calendrier mensuel:** Sont affichés le mois, l'année et la date pour le mois désigné avec un repère pour le dimanche. On peut afficher le calendrier mensuel de n'importe quel mois compris dans les deux siècles allant de janvier 1900 à décembre 2099.
3. **Affichage de la sonnerie:** En heures (cycle de 12 heures), minutes et symbole "A" (matin)/"P" (après-midi). Le déclenchement de la sonnerie peut être programmé à n'importe quelle heure et minute.
4. **Top horaire et top de quart d'heure:** On peut régler le top horaire pour retentir à chaque heure sur l'heure et le top de quart d'heure pour retentir toutes les quinze minutes.
5. **Étanchéité:** La montre est étanche si elle porte la mention "WATER RESISTANT" sur le dos du boîtier.