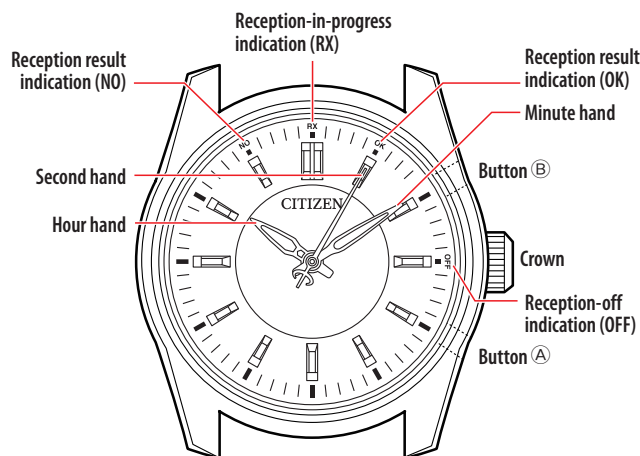


- This watch is solar-powered. Expose the dial to light and use it sufficiently charged.
- To see details of charging time, specifications and operations, refer to the instruction manual.

Component identification



- Actual appearance may differ from the illustration.

Checking the signal reception result

- This watch receives the time signal from the Japan station every day to adjust time automatically.

1. Push in the crown.

2. Press and release the lower right button (A).

The second hand moves to indicate the result of the last reception.

Indication	Reception result
OK	The reception was successful.
NO	The reception failed.
OFF	The signal-reception function is deactivated.

- Try signal reception following the steps in [Receiving the signal manually \(on-demand reception\)](#) if the last reception failed.

3. Press and release the lower right button (A) to finish the procedure.

The indication returns to current time.

- It returns to current time indication automatically in about 10 seconds without pressing the button.

Receiving the signal manually (on-demand reception)

- It takes 2-15 minutes to finish reception.

1. Push in the crown.

2. Press and hold the lower right button (A) for 2 seconds or more.

The second hand points "RX" and signal reception starts. Release the button as the second hand points "RX". The second hand returns to normal movement after finishing reception.

Reception was successful	The time will be updated.
Reception failed	The time is not corrected and the previously set time resumes.

- Press and hold button (A) for 2 seconds or more to cancel reception.

Deactivating signal reception

You can turn off signal reception to stop unnecessary time adjustment.

1. Push in the crown.

2. Press and hold the lower right button (A) for 7 seconds or more.

The second hand points "OFF".

- Do not release the button until the second hand points "OFF". On-demand reception starts if you release it while the hand points "RX".

3. Press and release the lower right button (A) to finish the procedure.

The indication returns to current time.

- It returns to current time indication automatically in about 10 seconds without pressing the button.

To activate signal reception again

1. Push in the crown.

2. Press and hold the lower right button (A) for 7 seconds or more.

The second hand points "RX" and returns to normal movement.

Adjusting the time manually

1. Pull out the crown.

The second hand points 0 second.

2. Rotate the crown to adjust time.

- When you rotate the crown quickly a few times, the hands will move continuously. To stop the rapid movement, rotate the crown in either direction.
- To adjust the hour faster, see [Adjusting the hour easily](#).

3. Push in the crown in accordance with a reliable time source to finish the procedure.



Adjusting the hour easily

You can adjust hour hand easily for overseas trips or other occasions.

- Deactivate signal reception before adjustment to prevent unexpected change to Japan time.

1. Push in the crown.

2. Press and release the upper right button (B).

The second hand moves back and forward rapidly and returns to normal movement to show the hour becomes adjustable.

- It returns to normal automatically in about 10 seconds without any operation.

3. Rotate the crown to set the hour.

4. Press and release the upper right button (B) to finish the procedure.

- It returns to current time indication automatically in about 10 seconds without pressing the button.

Checking the reference position

1. Pull out the crown.

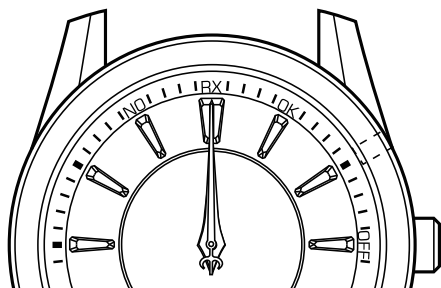
2. Press and hold the upper right button (B) for 5 seconds or more.

The hands start to move to the current reference positions stored in memory.

3. Check the reference position.

Correct reference positions:

- Hour, minute and second hands: 0 hour 00 minute 0 second



When the current reference position is different from the correct one, adjust the position following the steps of [Correcting the reference position](#).

4. Press and release the upper right button (B) to finish the procedure.

- It returns to current time indication automatically in about 2 minutes without pressing the button.

Correcting the reference position

1. Push in the crown.

2. Press and hold the upper right button (B) for 5 seconds or more.

The hands start to move to the current reference positions stored in memory.

3. Pull out the crown after all the hands stop moving.

4. Rotate the crown to adjust the hands.

5. Push in the crown.

6. Press and release the upper right button (B) to finish the procedure.

- It returns to current time indication automatically in about 2 minutes without pressing the button.

After correcting the reference position

After correcting the reference position, adjust the time manually or by receiving time signals manually (on-demand reception).