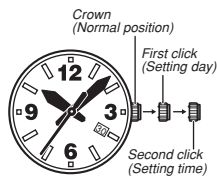


- Your watch may differ somewhat from the one shown in the illustration.

To set the time

- When the second hand is at 12 o'clock, pull out the crown to the second click to stop it.
- Set the hands by rotating the crown. Move the minute hand four or five minutes past the setting you want, and then back them up to the setting.
- Push the crown back in on a time signal to resume timekeeping.



To set the day

- Avoid setting the day between 9:00 p.m. and 1:00 a.m. The day may not change in the following day if you do.

- Pull out the crown to the first click.
- Set the day by rotating the crown.
- Push the crown back in to its normal position.

- For watch with the elapsed time bezel
Rotate the elapsed time bezel to align the ∇ mark with the minute hand.

After certain amount of time elapsed, read the graduation on the elapsed time bezel which the minute hand points to.
The elapsed time is indicated.



- Some water resistant models are equipped with a screw lock crown.
- With such models, you must unscrew the crown in the direction noted in the illustration to loosen it before you can pull it out. Do not pull too forcibly on such crowns.
- Also note that such watches are not water resistant while their crowns are loosened. Be sure to screw the crowns back in as far as they will go after making any setting.



Specifications

Accuracy at normal temperature (per month): ± 20 seconds

Battery type: SR626SW

Battery life: Approx. 3 years