
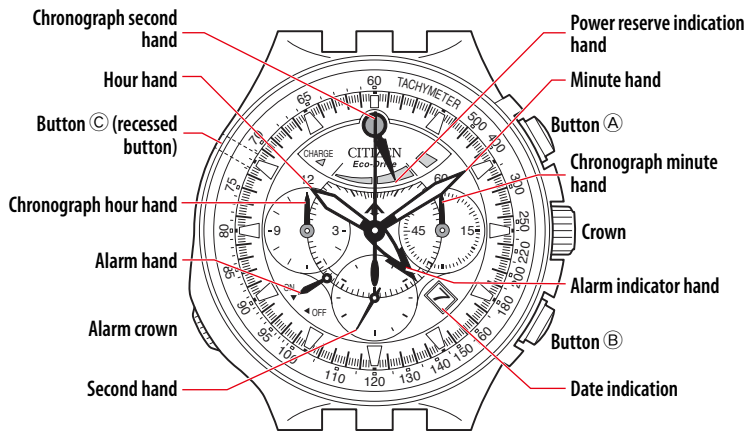


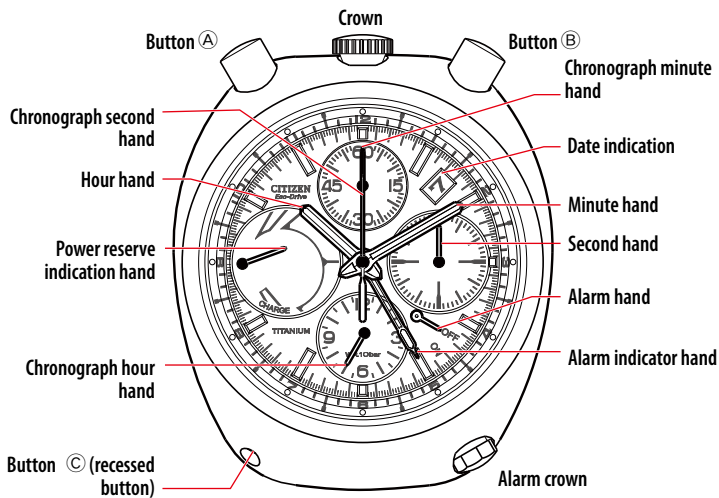
- This watch is solar-powered. Expose the dial to light and use it sufficiently charged.
- To see details of charging time, specifications and operations, refer to the instruction manual:  E210 instruction manual

Component identification

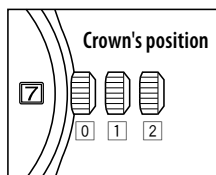
• Models with the crown at the 3 o'clock position



• Models with the crown at the 12 o'clock position











- Actual appearance may differ from the illustrations.
- The crown has two positions when pulling it out.
- Refer also to our web page for detail of usage of the scale and bezel on the watch.
(<http://www.citizenwatch-global.com/support/pdf/enhanced/e.pdf>)



Checking the power reserve

You can see current power reserve level by referring to the power reserve indication hand. Use the watch with sufficiently charged.

Level	3	2	1	CHARGE
Indication (Models with the crown at the 3 o'clock position)				
Indication (Models with the crown at the 12 o'clock position)				
Duration (approx.)	8 - 7 months	7 - 5 months	5 months - 7 days	7 days or shorter
Meaning	Power reserve is sufficient.	Power reserve is OK.	Power reserve is getting low.	Insufficient charge warning has started.
	OK for normal use.			Charge immediately.

Setting the time

- 1. Pull the crown out to position 2 when the second hand points 0 second.**
The second hand stops.
- 2. Rotate the crown to set the time.**
 - Change of date indication shows it just became AM. Take care the time set is AM or PM.
 - Move the hands 4 or 5 minutes forward and move them back to the right time to set the time more precisely.
- 3. Push the crown in to position 0 in accordance with a reliable time source to finish the procedure.**
The second hand starts moving.

Setting the date indication

- Do not adjust the date indication while the watch shows 9:00 PM - 1:00 AM. Otherwise, the date indication may change incorrectly thereafter.
 - Date indication adjustment is required on the first days of March, May, July, October and December.
- 1. Pull the crown out to position 1.**
 - 2. Rotate the crown counterclockwise to set the date indication.**
 - 3. Push the crown in to position 0 to finish the procedure.**

Using the chronograph

- Measuring up to 12 hours in 1/5 second increments.

1. Push the crown in to position **0**.

2. Start measurement.

Start/stop: press button **A**.

Reset: press button **B** while the chronograph is stopped.

- Be sure to reset chronograph after finishing measurement.

12 hours or more after starting measurement

As 12 hours have passed since measurement started, the chronograph hands stop but measurement has not stopped. Reset the chronograph.

Using the alarm

- The alarm time is set in 12-hour basis.

1. Pull out the alarm crown.

2. Rotate the alarm crown to set the alarm time.

- Move the alarm indicator hand 30 minutes or so forward and move it back to the time you want to set.
- The alarm may sound earlier or later (about ± 5 minutes) than the time set. Use the time set by the hand only as approximate reference.

3. Push in the alarm crown.

The alarm time setting is finished.

- Press the alarm crown to set the alarm hand to "ON" if it points "OFF".

To stop alarm

Press the alarm crown.

- The alarm sounds for 20 seconds.

To set the alarm ON/OFF

Each time you press the alarm crown, ON/OFF of the alarm changes alternately.

- The alarm sounds if it is set to "ON" again within 20 minutes after stopping it.

Resetting the watch — All Reset

Confirm the following before All Reset.

- The power reserve indication hand points level 3 or 2.
- The chronograph has been reset.

1. Pull the crown out to position **2** when the second hand points **0** second.

2. Press and release both button **B** and recessed button **C** at the same time.

Alarm sounds and the power reserve indication hand move to level 3. The reference position of each hand is adjusted automatically.

3. Push the crown in to position **0** to finish the procedure.

The power reserve indication hand moves back and forward and the second hand starts moving.

After All Reset

After All Reset, set the time and date indication. Set also the alarm.

