

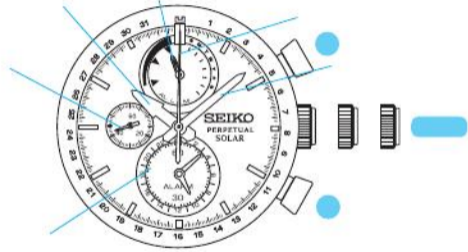
**SEIKO**  
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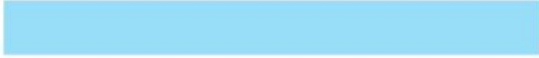


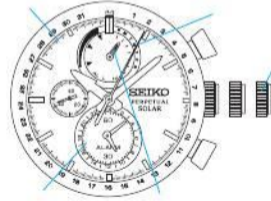
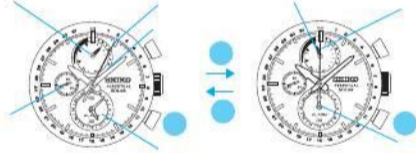


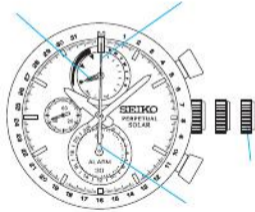




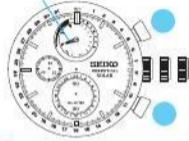
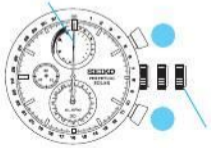
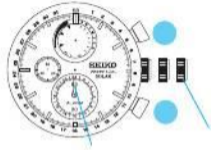


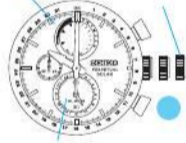
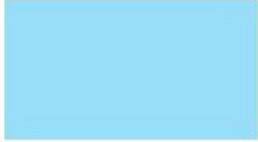
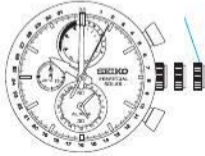
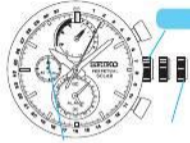


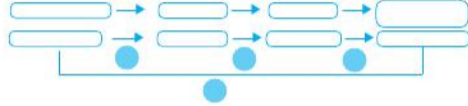
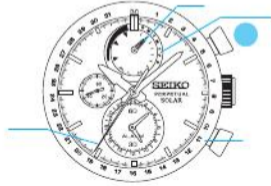


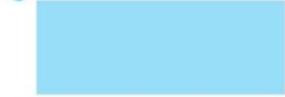
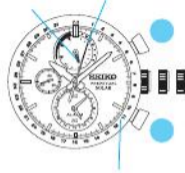
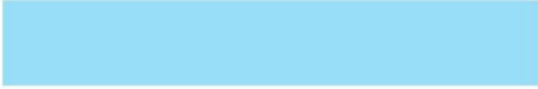
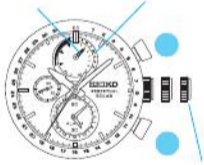


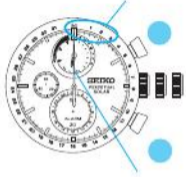


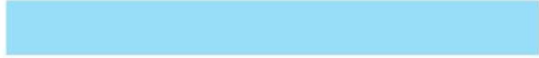


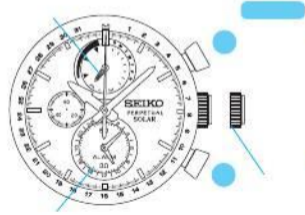


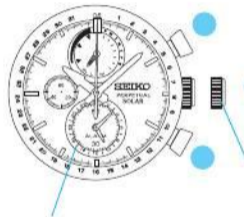
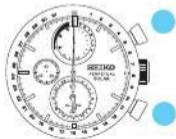




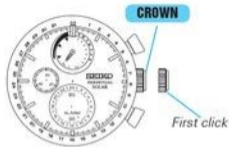






## ● How to cancel the alarm time



**CROWN** Pull out to first click in the CALENDAR/ALARM mode.



*Upon doing this, the set alarm time is automatically canceled, and the alarm sub-dial time changes to indicate the current time.*

**CROWN** Push back in to normal position.

## ● Sound demonstration function



**B** Press for 3 seconds in the CALENDAR/ALARM mode.

*The alarm sound can be heard while button B is continuously pressed.*

## HOW TO CHARGE AND START THE WATCH

- ◆ When you start the watch or when the energy in the rechargeable battery is reduced to an extremely low level, charge it sufficiently by exposing the watch to light.

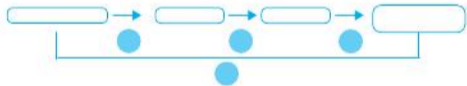





- 1 Expose the watch to sunlight or strong artificial light.

*When the watch has stopped operating, the second hand will start moving at 2-second intervals.*

- 2 Keep the watch exposed to the light until the second hand moves at 1-second intervals.
- 3 When the watch is charged after it has completely stopped, set the date and time before wearing the watch.

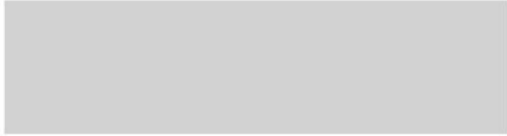
*If the watch is charged by exposing it to strong light such as sunlight, the power reserve indicator may not show the remaining power reserve amount properly. Make sure to charge the watch sufficiently by referring to "GUIDELINE OF CHARGING TIME/ACCURACY."*

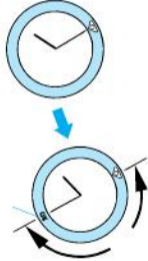


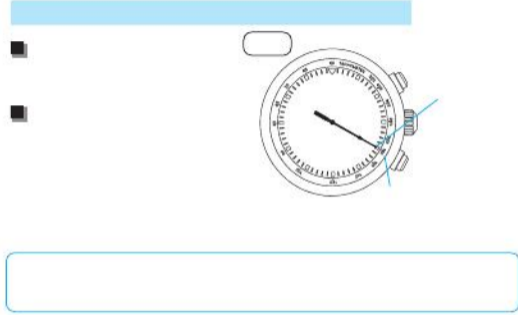
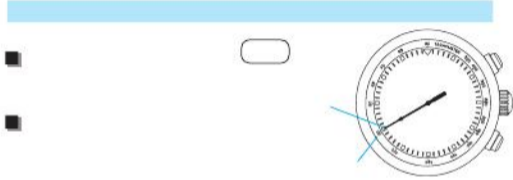
			

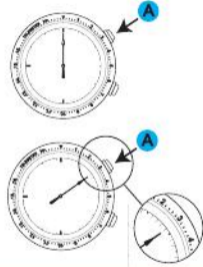


<b>Endowment/Lightsource (€)</b>			











English



English

