

Contents

Precautions

Operating Precautions

User Maintenance

Battery Replacement

Before Getting Started

General Guide

Indicators

Navigating Between Modes

Viewing the Time in the Dark

Time Adjustment

Adjusting the Current Time Setting

Dual Time

Configuring Dual Time Settings

Time Flash

Turning On Time Flash

Turning Off Time Flash

Stopwatch

Measuring Elapsed Time

Other Information

Specifications

Troubleshooting

Precautions

Operating Precautions

● Water Resistance

- This product is water resistant under normal daily use.

Water Resistance Under Daily Use

On the front or on the back cover of the product	No BAR mark
--	-------------

Example of Daily Use

Rain	Yes
Hand washing, water-related work, swimming	No
Windsurfing	No
Skin diving	No

- Do not use this product for scuba diving or other types of diving that require air tanks.
- Avoid using the product when sweating profusely, in locations where humidity is high, and in areas where it may come into direct contact with water or seawater.

- Note the usage precautions described below.

Such types of use reduce water resistance performance and can cause fogging of the glass.

- Do not operate buttons while the product is under water or wet.
- Avoid wearing the product while in the bath.
- Do not wear this product while in a heated swimming pool, sauna, or any other high-temperature/high-humidity environment.
- Do not wear this product while using soaps or detergents to wash your hands or face, while doing housework, etc.
- A trained technician will inspect the product for proper water resistance whenever you have its battery replaced. Battery replacement also requires the use of special tools. Always request battery replacement from your original retailer or from an authorized CASIO service center.

- The inside surface of the product's glass may fog when the product is exposed to a sudden drop in temperature. No problem is indicated if the fogging clears up relatively quickly.

Sudden and extreme temperature changes (such as coming into an air conditioned room in the summer and standing close to an air conditioner outlet, or leaving a heated room in the winter and allowing the product to come into contact with snow) can cause it to take longer for glass fogging to clear up. If glass fogging does not clear up or if you notice moisture inside of the glass, immediately stop using the product and take it to your original retailer or to an authorized CASIO service center.

- This product has been tested in accordance with International Organization for Standardization regulations.

- Take off the product before performing household chores or heavy work. Wearing the product while performing household chores or heavy work creates the risk of product damage.

- Take off the product before taking part in sports activities. Wearing the product while playing sports creates the risk of product damage and personal injury.

● Temperature

- Never leave the product on the dashboard of a car, near a heater, or in any other location that is subject to very high temperatures. Do not leave the product where it will be exposed to very low temperatures. Temperature extremes can cause the product to lose or gain time, to stop, or otherwise malfunction.
- Leaving the product in an area hotter than +60 °C (140 °F) for long periods can lead to problems with its LCD. The LCD may become difficult to read at temperatures lower than 0 °C (32 °F) and greater than +40 °C (104 °F).

● Impact

- This product is designed to withstand impact incurred during normal daily use and light activities such as catching, tennis, etc. However, dropping the product or otherwise subjecting it to strong impact can lead to malfunction.

● Magnetism

- Though the digital timekeeping of this product is normally not affected by magnetism, very strong magnetism (from medical equipment, etc.) should be avoided because it can cause malfunction and damage to electronic components.

● Electrostatic Charge

- Exposure to very strong electrostatic charge can cause the product to display the wrong time. Very strong electrostatic charge even can damage electronic components.
- Electrostatic charge may cause temporary blotching in blank areas of the LCD.

● Chemicals

- Do not allow this product to come into contact with thinner, gasoline, solvents, oils, or fats, or with any cleaners, adhesives, paints, medicines, or cosmetics that contain such ingredients. Doing so can cause product discoloration or damage.

● Storage

- Keep the product and its accessories out of the reach of children.
 - This product is not intended to be used by children.
- Should a child ever swallow this product or one of its accessories, contact a physician immediately.
- If you do not plan to use the product for a long time, thoroughly wipe it free of all dirt, sweat, and moisture, and store it in a cool, dry place.

● Resin Components

- Daily use and long-term storage of the product can lead to deterioration, breaking, or bending of resin components. The extent of such damage depends on usage conditions and storage conditions.

● Liquid Crystal Display

- Display figures may be difficult to read when viewed from an angle.

Note that CASIO Computer Co., Ltd. assumes no responsibility for any damage or loss suffered by you or any third party arising through the use of this product or its malfunction.

User Maintenance

● Metal Components

- Failure to clean dirt from metal components can lead to formation of rust, even if components are stainless steel or plated. If metal components are exposed to sweat or water, wipe thoroughly with a soft, absorbent cloth and then place the product in a well-ventilated location to dry.
- Not operating the buttons for long periods could lead to later problems with their operation. Periodically press buttons to maintain proper operation.

● Dangers of Poor Product Care

Rust

- Though the metal material used in the manufacturing of this product is highly rust-resistant, rust can form if the product is not cleaned after it becomes dirty.
 - Dirt on the product can make it impossible for oxygen to come into contact with the metal, which can lead to breakdown of the oxidization layer on the metal surface and the formation of rust.
- Rust can cause sharp areas to form on metal components. If you ever notice any abnormality immediately stop using the product and take it to your original retailer or to an authorized CASIO service center for (charged) servicing.
- Even if the surface of the metal appears clean, sweat and rust in crevasses can soil clothing, cause skin irritation, and even interfere with product performance.

Skin Irritation

- Individuals with sensitive skin or in poor physical condition may experience skin irritation when wearing a product. Should you ever experience a rash or other skin irritation, immediately take off the product and contact a skin care professional.

Battery Replacement

- Leave battery replacement up to your original retailer or authorized CASIO service center.
 - Have the battery replaced only with the type specified in the “Specifications”. Use of a different battery type can cause malfunction.
 - When replacing the battery, also request a check for proper water resistance.
 - The battery that comes loaded in the product when you purchase it is used for function and performance testing at the factory.
 - The test battery may go dead quicker than the normally rated battery life as noted in the “Specifications”. Note that you will be charged for replacement of this battery, even if replacement is required within the product warranty period.
- ### ● Low Battery Power
- Low battery power is indicated by large timekeeping error, by dim display contents, or by a blank display.
 - Operation while battery power is low can result in malfunction. Replace the battery as soon as possible.

Before Getting Started

This section provides an overview of the product and introduces convenient ways it can be used.

Product Features

Time Flash

The light flashes for about 20 seconds when the specified time is reached. The light also flashes at the top of every hour on the hour.

Dual Time

Dual Time lets you keep track of the current time in another time zone in addition to your current location's time.

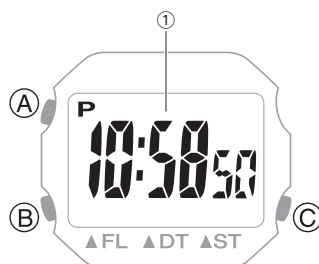
Stopwatch

Measure up to 60 minutes of elapsed time in units of 1/100 of a second.

Note

- The illustrations included in this operation guide have been created to facilitate explanation. An illustration may differ somewhat from the item it represents.

General Guide



① Hour, minute, second

A button

Holding down this button for at least two seconds in any mode displays the setting screen.

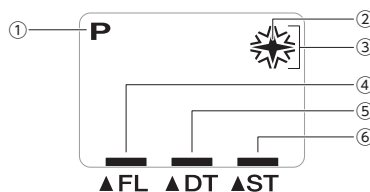
B button

Each press cycles from one mode to the next. Pressing this button while any setting screen is displayed will change the setting.

C button

Press to turn on illumination.

Indicators

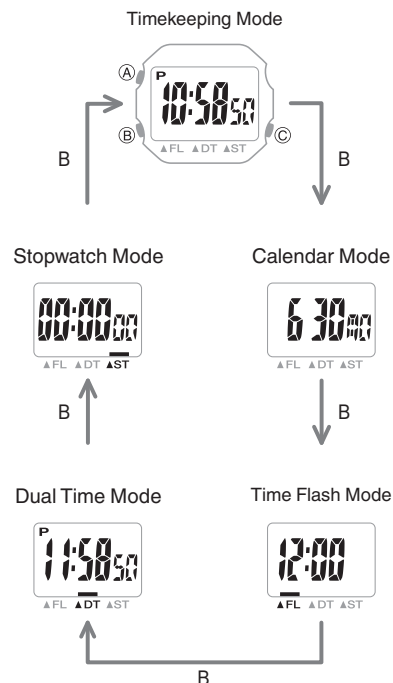


- Displayed during p.m. times while 12-hour timekeeping is being used.
- Displayed when Hourly Time Flash is turned on.
- Displayed when Time Flash is turned on.
- Displayed while in the Time Flash Mode.
- Displayed while in the Dual Time Mode.
- Displayed while in the Stopwatch Mode.

Navigating Between Modes

Each press of (B) cycles between modes.

- Changing modes causes the light to turn on momentarily. The light may not be visible when ambient lighting is bright.

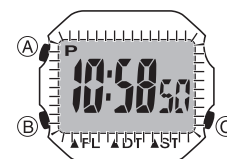


Viewing the Time in the Dark

A light illuminates the face for viewing in the dark.

Turning On Display Illumination

Press (C) to turn on illumination.

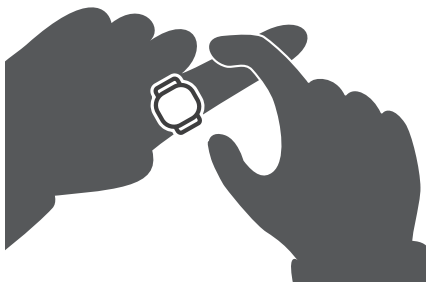


Important!

- Frequent use of illumination will run down the battery.

Time Adjustment

Use the procedures in this section to adjust the date and time settings.

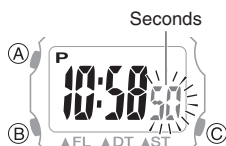


Adjusting the Current Time Setting

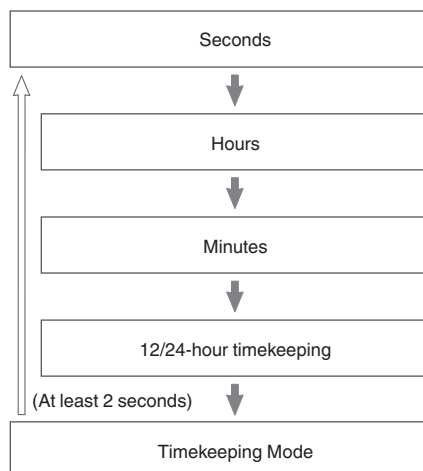
Use the procedure below to change the time and date settings.

● To set the time

1. Enter the Timekeeping Mode.
[🔍 Navigating Between Modes](#)
2. Hold down (A) for at least two seconds.
 This causes the light to turn on momentarily and the seconds to flash.
 - The light may not be visible when ambient lighting is bright.



3. Use (A) to display the setting you want to change.
 - Each press of (A) cycles through settings in the sequence shown below.



4. Configure the current time setting.
 - While the seconds are flashing, pressing (B) resets them to 00. 1 is added to the minutes when the current count is between 30 and 59 seconds.
 - For all the other values, use (B) to change the flashing setting. Holding down (B) scrolls through settings at high speed.
5. Repeat steps 3 and 4 to set the time.
6. Press (A) to return to the Timekeeping Mode.

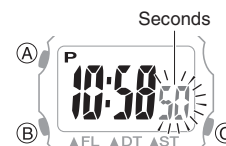
Note

- While a setting is being configured, the setting operation will be exited automatically after about one or two minutes of non-operation.

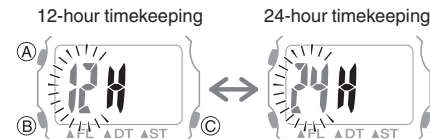
● Switching between 12-hour and 24-hour Timekeeping

You can specify either 12-hour format or 24-hour format for the time display.

1. Enter the Timekeeping Mode.
[🔍 Navigating Between Modes](#)
2. Hold down (A) for at least two seconds.
 This causes the light to turn on momentarily and the seconds to flash.
 - The light may not be visible when ambient lighting is bright.



3. Press (A) three times.
 Either [12H] or [24H] will flash on the display.
4. Press (B) to select 12-hour or 24-hour timekeeping.
 Each press of (B) toggles between 12-hour and 24-hour timekeeping.
 - [P] is displayed during p.m. times while 12-hour timekeeping is being used.



5. Press (A) to return to the Timekeeping Mode.

Note

- While a setting is being configured, the setting operation will be exited automatically after about one or two minutes of non-operation.

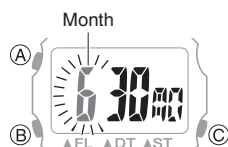
● To set the day

1. Enter the Calendar Mode.
[🔍 Navigating Between Modes](#)

2. Hold down (A) for at least two seconds.

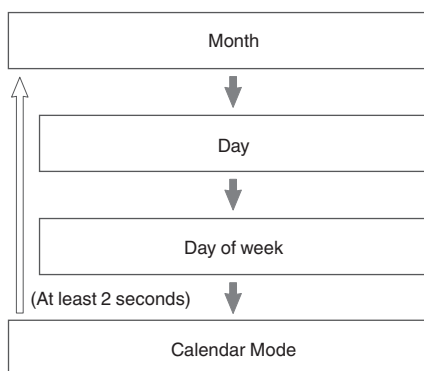
This causes the light to turn on momentarily and the month to flash.

- The light may not be visible when ambient lighting is bright.



3. Use (A) to display the setting you want to change.

- Each press of (A) cycles through settings in the sequence shown below.



4. Configure the day setting.

- Use (B) to change the value.
 Holding down (B) scrolls through settings at high speed.

5. Press (A) to return to the Calendar Mode.

Note

- The Auto Calendar automatically distinguishes between months of different lengths. You do not need to change the current time setting except for leap years or after replacing the battery.

Dual Time

Dual Time lets you look up the current time in various time zones around the globe.



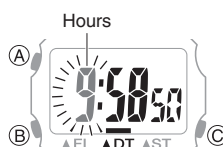
Configuring Dual Time Settings

Dual Time lets you set the current time in another time zone in addition to your current location time.

1. Enter the Dual Time Mode.
[🔍 Navigating Between Modes](#)
2. Hold down (A) for at least two seconds.

This causes the light to turn on momentarily and the hour to flash.

- The light may not be visible when ambient lighting is bright.



3. Use (B) to change the hour setting.

4. Press (A).

This causes the minutes digits to flash.



5. Use (B) to change the minute setting.

6. Press (A).

Either [12H] or [24H] will flash on the display.



7. Press (B) to select 12-hour or 24-hour timekeeping.

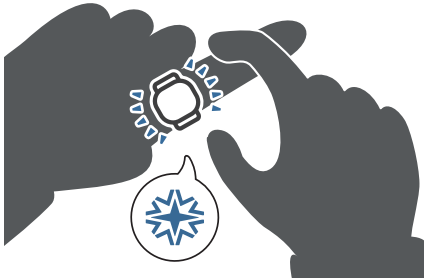
Each press of (B) toggles between 12-hour and 24-hour timekeeping.

- [P] is displayed during p.m. times while 12-hour timekeeping is being used.

8. Press (A) to complete the setting operation.

Time Flash

The light flashes for about 20 seconds when the specified time is reached.
The light also flashes at the top of every hour on the hour.



Note

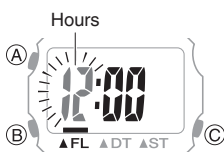
- The Time Flash light may not be visible when ambient lighting is bright.
- Time Flash is intended for entertainment purposes.

Turning On Time Flash

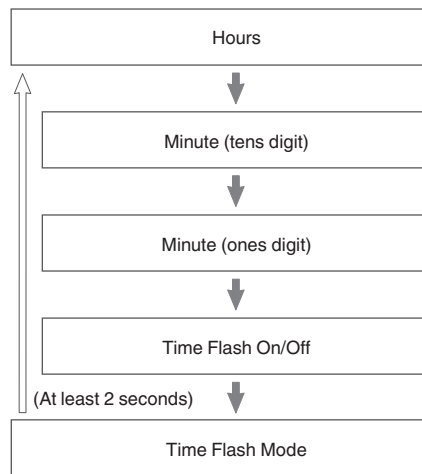
1. Enter the Time Flash Mode.
[Navigating Between Modes](#)
2. Hold down (A) for at least two seconds.

This causes the light to turn on momentarily and the hour to flash.

- The light may not be visible when ambient lighting is bright.



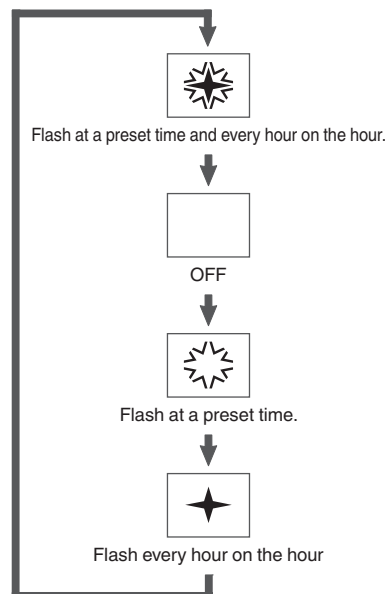
3. Use (A) to display the setting you want to change.
 - Each press of (A) cycles through settings in the sequence shown below.



4. Use (B) to change the value.
 - Holding down (B) scrolls through settings at high speed.
 - When setting the hour: If you are using 12-hour timekeeping, [P] indicates a p.m. time.



- Press (B) to cycle the Time Flash setting in the sequence shown below.



5. Repeat steps 3 and 4 to set the Time Flash time.
6. Press (A) to complete the setting operation.

Note

- While a setting is being configured, the setting operation will be exited automatically after about one or two minutes of non-operation.

● To check Time Flash operation

In any mode, hold down (B) to view Time Flash operation.

● To stop Time Flash operation

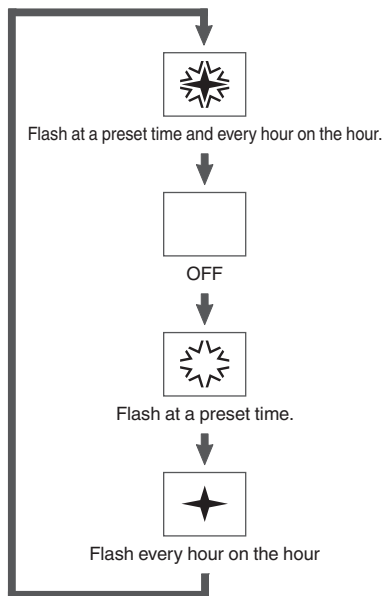
After a Time Flash operation starts at a preset time, press (A) or (B) to stop it.

Turning Off Time Flash

You can use the procedure below to turn off Time Flash.

- To turn Time Flash back on, perform the procedure below again to select the desired Time Flash setting.

- Enter the Time Flash Mode.
[Navigating Between Modes](#)
- Hold down (A) for at least two seconds.
- Press (A) three times.
- Press (B) to turn off Time Flash.
 - Press (B) to cycle the Time Flash setting in the sequence shown below.



Stopwatch

The stopwatch lets you measure times up to 59 minutes, 59.99 seconds (60 minutes) long.

- Take off the product before taking part in sports activities. Wearing the product while playing sports creates the risk of product damage and personal injury.



Measuring Elapsed Time

- Enter the Stopwatch Mode.
[Navigating Between Modes](#)
- Use the operations below to measure elapsed time.

- (A) Start
- ↓
- (A) Stop
- ↓
- (A) Resume
- ↓
- (A) Stop

- Elapsed time is displayed in 1/100-second units.

Minutes, seconds, 1/100 seconds



- To reset the elapsed time to all zeros, hold down (A) for at least two seconds.

Other Information

This section provides non-operational information you also need to know. Refer to this information as required.

Specifications

Accuracy at normal temperature :

±30 seconds per month

Timekeeping :

Hour, minute, second, month, day, day of the week
 a.m./p.m. (P)/24-hour timekeeping
 Auto Calendar (28 days for February)

Time Flash :

Flashing light at a preset time
 Setting units: Hours, minutes
 Flashing duration: 20 seconds
 Flashing every hour on the hour

Dual Time :

Hours, minutes
 12-/24-hour Time Switching

Stopwatch :

Measuring unit: 1/100 seconds
 Measuring range: 59'59.99" (60 minutes)

Other :

Auto-return, LED light

Power Supply :

SR621SW x 1
 Battery nominal voltage: 1.55V
 Battery life: Approximately 2 years
 Conditions:
 Time Flash: 20 seconds/day
 Illumination: 5 seconds/day

Ring size :

62 (ISO)

Accessories :

Size adjustment spacers: Large, small, 2 each
 When unpackaging, check to make sure everything is included. If something is missing, contact your original retailer.

Specifications are subject to change without notice.

Troubleshooting

Time Flash

Q1 Time Flash does not work (no flashing).

Reconfigure Time Flash settings.

 [Turning On Time Flash](#)

Other

Q1 I can't find the information I need here.

Visit the website below.

<https://world.casio.com/support/>