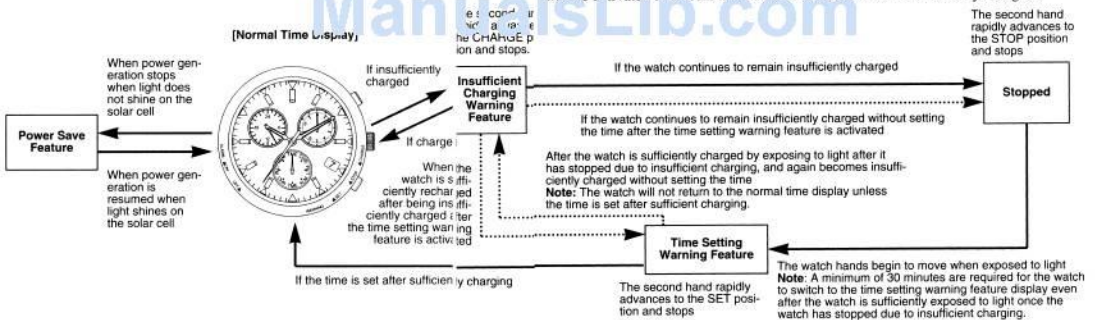


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Name/Mode	Time/Calendar	Chronograph	Local Time	Alarm
① Mode hand	TME	CHR	L-TM	ALM
② Function hand	Stops at 0-position	Chronograph minutes, 1/20th seconds	Stops at 0-position	Stops at 0-position
③ Date	Displays date	Date display (TME or L-TM)	Displays date of local time	Date display (TME or L-TM)
④ Hour hand	Displays hours	Displays hours (TME, L-TM or ALM)	Displays hours of local time	Displays alarm hours
⑤ Minute hand	Displays minutes	Displays minutes (TME, L-TM or ALM)	Displays minutes of local time	Displays alarm minutes
⑥ Second hand	Displays seconds	Chronograph seconds	Displays seconds	Displays ON/OFF
⑦ 24 hour hand	24-hour time display in coordination with hour hand	24-hour time display in coordination with hour hand	24-Hour local time display in coordination with hour hand	24-hour alarm time display in coordination with hour hand

Name	Crown position	Time/Calendar	Chronograph	Local Time	Alarm
⑧ Crown	Normal position	Mode switching	Mode switching	Mode switching	Mode switching
	Position 1	Calendar correction	0-position check/correction (function hand, date wheel)	Local time display	Alarm ON/OFF setting
	Position 2	Time correction	0-position check/correction (second hand, 24 hour hand, hour hand, minute hand)	Local time correction	Alarm time correction (including ON/OFF switching)
Button (A)	Normal position	Not used	Start/stop, reset (pressing continuously for at least 2 seconds)	Not used	Alarm tone monitor (pressing continuously for at least 2 seconds)
	Position 1	Year correction	Function hand and date wheel 0-position correction	Not used	ON/OFF switching
	Position 2	Not used	Second hand 0-position correction	Not used	ON/OFF switching
Button (B)	Normal position	Not used	Recalls 1/20 seconds when stopped	Not used	Not used
	Position 1	Month correction	Not used	Not used	Not used
	Position 2	Not used	Not used	Not used	Not used

When the watch becomes insufficiently charged, the following warning features will be activated to inform the wearer that the watch is insufficiently charged.



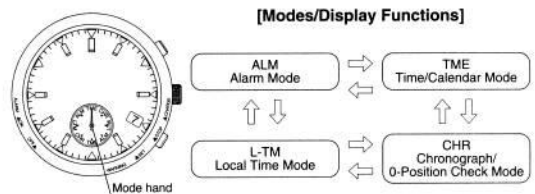


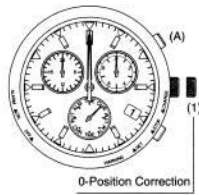
Illuminance (lx)	Environment	Charging time:		
		Charging time for 1 day of operation	Charging time from the stopped state to 1-second interval movement	Full recharging time
500	Inside an ordinary office	2.5 hours	48 hours	337.5 hours
1,000	60-70 cm (24-28in.) under fluorescent light (30W)	40 minutes	20 hours	134.5 hours
3,000	20 cm (8in.) under fluorescent light (30W)	10.5 minutes	7 hours	42.5 hours
10,000	Outdoors, cloudy weather	5 minutes	2.5 hours	12 hours
100,000	Outdoors, summer, under direct sunlight	1.5 minutes	1 hour	4 hours

Full recharging time : Time required for recharging the watch from the stopped state to fully charged.
 Charging time for 1 day of operation : Time required for recharging the watch to run for 1 day at 1-second interval movement.

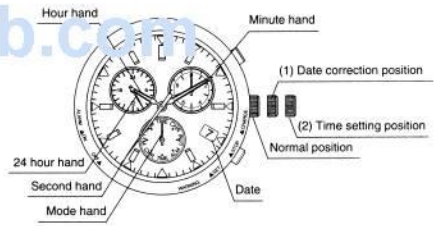


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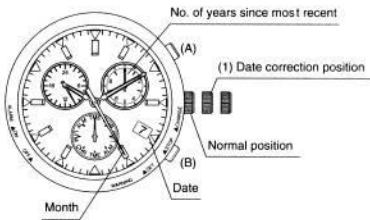
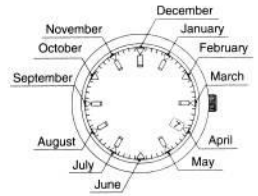


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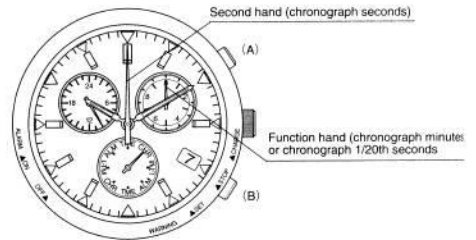


*** Interpretation of Month/
Position of Second Hand***

January: 1:00 position
 February: 2:00 position
 March: 3:00 position
 ⋮
 December: 12:00 position

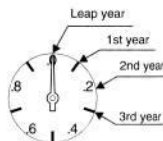


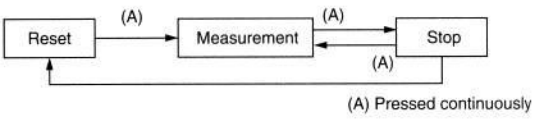
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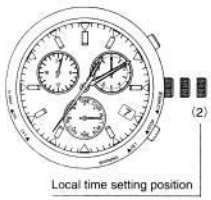
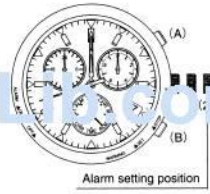
Quick Reference Table for No. of Years Since Most Recent Leap Year:

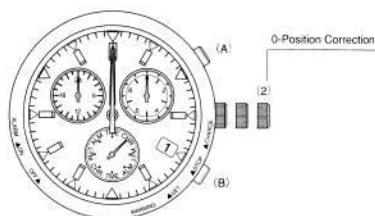
Year	Years elapsed	Year	Elapsed years
2000	Leap year	2004	Leap year
2001	1st year	2005	1st year
2002	2nd year	2006	2nd year
2003	3rd year	2007	3rd year





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CAUTION: Water-resistance performance

There are several types of water-resistant watches, as shown in the following table.

The unit "bar" is roughly equal to 1 atmosphere.

* WATER RESIST(ANT) xx bar may also be indicated as W.R. xx bar.

Indication		Specification	Examples of use				
Dial	Case (Case back)						
WATER RESIST or no indication	WATER RESIST(ANT)	Water-resistant to 3 atmospheres	OK	NO	NO	NO	NO
WR 50 or WATER RESIST 50	WATER RESIST(ANT) 5 bar or WATER RESIST(ANT)	Water-resistant to 5 atmospheres	OK	OK	NO	NO	NO
WR 100/200 or WATER RESIST 100/200	WATER RESIST(ANT) 10bar/20 bar or WATER RESIST(ANT)	Water-resistant to 10 / 20 atmospheres	OK	OK	OK	NO	NO

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