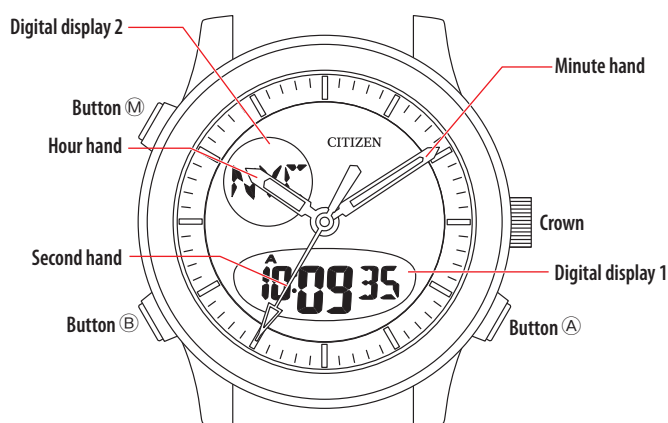


- To see details of specifications and operations, refer to the instruction manual:  U010 instruction manual

Component identification



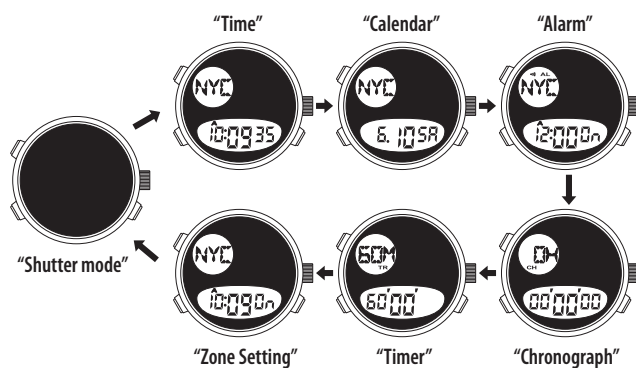
- Actual appearance may differ from the illustration.
- Refer also to our web page for detail of usage of the scale and bezel on the watch. (<http://www.citizenwatch-global.com/support/pdf/enhanced/e.pdf>)

Changing the mode

This watch features seven different modes (functions): “Time”, “Calendar”, “Alarm”, “Chronograph”, “Timer”, “Zone Setting” and “Shutter mode”.

1. Press and release the upper left button **M** repeatedly.

Each time you press the button, the mode changes as below:



Using EL lights

The EL lights are turned on when you press button **A** while the crown is pushed in and the mode is [Time], [Calendar] or [Zone Setting].

- The lights are also turned on when pressing button **A** or **B** during time measurement using the chronograph.

Setting the time

Setting the time of the analog section

1. Pull out the crown when the second hand points 0 second.

The second hand stops.

2. Rotate the crown to set the time.

- Move the hands 4 or 5 minutes forward and move them back to the right time to set the time more precisely.

3. Push in the crown in accordance with a reliable time source to finish the procedure.

The second hand starts moving.

Setting the time of the digital section

- Press button **M** to cancel setting of the time of the digital section.
- The setting is automatically canceled in about 2 minutes without any operation during the setting.

1. Press and release the upper left button **M** repeatedly to change the mode to “Time”.

2. Press and release the lower left button **B** repeatedly to indicate an area name you want on the digital display 2.

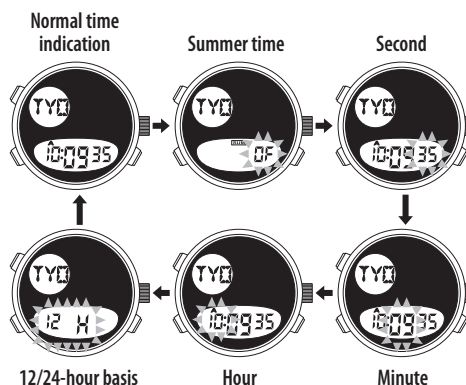
- For area names, refer to the table on “Using the world time”.

3. Press and hold the lower left button **B** for about 2 seconds.

- [SUM] and [On] or [OF] starts blinking and the time becomes adjustable.
- The blinking part is the target to adjust.

4. Press and release the lower left button **B** repeatedly to change the target to be set.

- Each time you press button **B**, the target changes as follows:



5. Press and release the lower right button **A** to adjust the target.

- Press button **A** in accordance with a reliable time source when setting the second.
- Pressing and holding button **A** changes indication continuously when setting the minute and the hour.
- “A” or “P” is displayed to indicate AM or PM in 12-hour basis indication.

6. Repeat steps 4 and 5 to set other targets.

7. Press and release the upper left button **M** to finish the procedure.

Setting the calendar

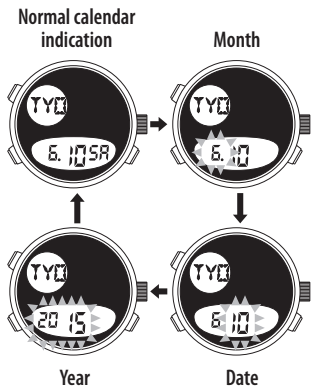
The calendar of this watch does not have to be adjusted manually until Thursday, December 31, 2099 including leap years. (perpetual calendar)

- Press button **M** to cancel setting of the calendar.
- The setting is automatically canceled in about 2 minutes without any operation during the setting.

- 1. Press and release the upper left button **M** repeatedly to change the mode to “Calendar”.**
- 2. Press and release the lower left button **B** repeatedly to indicate an area name you want on the digital display 2.**
 - For area names, refer to the table on “Using the world time”.
- 3. Press and hold the lower left button **B** for about 2 seconds.**

The month indication starts blinking and the calendar becomes adjustable.

 - The blinking part is the target to adjust.
- 4. Press and release the lower left button **B** repeatedly to change the target to be set.**
 - Each time you press button **B**, the target changes as follows:



- 5. Press and release the lower right button **A** to adjust the target.**
 - Pressing and holding button **A** changes indication continuously.
- 6. Repeat steps 4 and 5 to set other targets.**
- 7. Press and release the upper left button **M** to finish the procedure.**
 - The day of week is set automatically.

Using the world time

- 1. Press and release the upper left button **M** repeatedly to change the mode to “Time”.**
 - Choose “Calendar” to see calendar.
- 2. Press and release the lower left button **B** repeatedly to choose an area name on the digital display 2.**

The time or calendar of the chosen area is indicated on the digital display.

Table of time zones and representative areas

- The time zone in the table is based on UTC (Coordinated Universal Time).
- Countries or regions may change time zones for various reasons.

Time zone	Area name	Representative area
0	UTC	Coordinated Universal Time
	LON	London
+1	PAR	Paris
	ROM	Rome
+2	CAI	Cairo
	IST	Istanbul
+3	MOW	Moscow
	KWI	Kuwait
+4	DXB	Dubai
+5	KHI	Karachi
+5.5	DEL	New Delhi
+6	DAC	Dhaka
+7	BKK	Bangkok
+8	SIN	Singapore
	HKG	Hong Kong
	BJS	Beijing

Time zone	Area name	Representative area
+9	TYO	Tokyo
+10	SYD	Sydney
+11	NOU	Noumea
+12	AKL	Auckland
-10	HNL	Honolulu
-9	ANC	Anchorage
-8	LAX	Los Angeles
-7	DEN	Denver
-6	CHI	Chicago
	MEX	Mexico City
-5	NYC	New York
	YUL	Montreal
-4	CCS	Caracas
-3	RIO	Rio de Janeiro
	BUE	Buenos Aires

Using the zone-set function

You can hide unnecessary ones in the 30 areas and UTC, which the watch can indicate the time of; you can also activate/deactivate summer time for those areas separately.

- Press button **(M)** to cancel setting.
- The setting is automatically canceled in about 2 minutes without any operation during the setting.

- 1. Press and release the upper left button **(M)** repeatedly to change the mode to “Zone Setting”.**
- 2. Press and release the lower left button **(B)** repeatedly to choose an area name on the digital display 2.**
 - Pressing and releasing button **(A)** while Pressing and holding button **(B)** also change the area name indication.
- 3. Press and hold the lower left button **(B)** for about 2 seconds.**

“On” or “OF” (off) and the area name starts blinking and display/hide of the area becomes adjustable.
- 4. Press and release the lower right button **(A)** to select “On” (display) or “OF” (hide) of the area.**
- 5. Press and release the lower left button **(B)**.**

“On” or “OF” (off) and “SUM” (summer time) starts blinking and the summer time setting becomes adjustable.
- 6. Press and release the lower right button **(A)** to set the summer time.**
- 7. Repeat steps 2 to 6 to set other areas.**
- 8. Press and release the upper left button **(M)** to finish the procedure.**

Resetting the watch — All Reset

- 1. Pull out the crown.**
- 2. Press and release buttons **(A)**, **(B)** and **(M)** at the same time.**

All the digital indication lights up.
- 3. Push in the crown.**

The alarm sounds and the digital indication is turned off.

After All Reset

After All Reset, set the time and calendar and other settings. Set also the alarm.

