

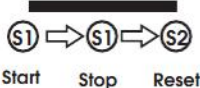
■ HOW TO USE STOPWATCH

- From NORMAL TIME mode, Press S3 button once to enter the STOPWATCH mode.



Standard Measurement

- Press S1 button alternately to start and stop the STOPWATCH.
- Press S2 button to reset the STOPWATCH to "00:00:00."



Split Time Measurement

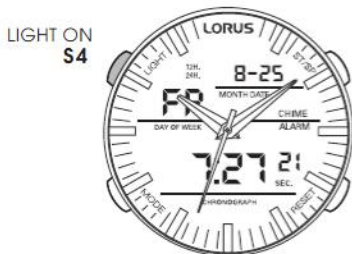
- Press S1 to start counting first split time.
- Press S2 button, the STOPWATCH keeps counting first split time and showing it on the display.
- Press S1 button to stop counting first split time.
- Press S2 button to release first split time.
- Press S1 button to start counting second split time. The STOPWATCH shows second split time.
- This operation can be repeated and the split time can be read.
- Press S2 to finish counting the split time.
- Press S2 again to reset the STOPWATCH to "00:00:00."



- Press S3 button return to NORMAL TIME display.

■ HOW TO USE EL BACKLIGHT

- Press S4 button in any mode to turn the illuminating light on.



Note:

- The backlight of the watch employs an electro-luminescent (EL) light, which tends to lose illuminating power after very long use.
- The illumination provided by backlight may be hard to see when viewed under direct sunlight.
- When the illuminating light becomes dim, replace the battery with new one.

■ BATTERY CHANGE

This watch is powered by two batteries, one for the analogue movement and the other for the digital movement.

Analogue quartz movement: The miniature battery SEIKO SR626SW, Maxell SR626SW or SONY SR626SW.

Digital quartz movement: The miniature battery SEIKO CR2025, Maxell CR2025 or SONY CR2025 which powers your watch should last approximately 2 years each. However, because it is inserted at the factory, the actual life of the battery once in your possession may be less than 2 years.

Be sure to replace the batteries to prevent any possible malfunction as soon as they run down. To replace the batteries, we recommend taking the watch to a local watch repair shop.

Note: If the alarm is used for more than 60 seconds a day, the battery life may be less than the specified period.

After the batteries are replaced with new ones, set the time, calendar and alarm.

■ CARE OF YOUR LORUS WATCH

This watch contains precise electronic components. Never attempt to open the case or remove the back cover.

• BATTERY



CAUTION

Do not expose the old battery to fire or recharge it. Keep it at a place beyond the reach of children. If a child swallows it, consult a doctor immediately.

• WATER RESISTANT

Condition of use	Accidental contact with water, such as splashes and rain	Swimming and taking a shower	Skin diving	Scuba diving
Indication on the dial/case back				
No Indication	NO	NO	NO	NO
WATER RESISTANT	YES	NO	NO	NO
WATER RESISTANT (50M/5 BAR)	YES	YES	NO	NO
WATER RESISTANT (100M/10 BAR or above)	YES	YES	YES	NO

- If your watch is 200 M/20 BAR, 100 M/10 BAR or 50 M/5 BAR water resistant, it is so indicated on the dial/case back.

- Do not operate the buttons when the watch is wet.
- If the watch is exposed to salt water, rinse it in fresh water and then wipe it thoroughly dry.
- Should you find any water or condensation inside the watch, immediately have it checked. Water can corrode electric parts inside the case.

Caution:

Leather straps are not water resistant except so indicated, even if the watch head is water resistant.

• ALLERGIC REACTION

Because the case and band touch the skin directly, it is important to clean them regularly. If not, shirt sleeves may be stained and those with delicate skin may develop a rash. Please wear the watch with some play to avoid any possible allergic reaction. If you develop a rash on your wrist, stop wearing and consult a physician.

• MAGNETISM

Your watch will be adversely affected by strong magnetism. Keep it away from close contact with magnetic objects.

• SHOCKS AND VIBRATIONS

Your watch may be worn for normal sports activities, but be careful not to drop it or hit it on hard surfaces.

• TEMPERATURE

Your watch is preadjusted so that constant accuracy may be insured at normal temperature.

• CLEANING

Use only a soft cloth and clean water for cleaning your watch. Never use chemicals, as the waterproof gasket will corrode.

■ SERVICE

When your LORUS watch requires repair or servicing, please see the enclosed WARRANTY/GUARANTEE.